

Handbook for Exchange Students.



U-ERRE^{UR}

**La Nueva
Universidad
Regiomontana**

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Laboratorio de Aprendizaje 02 U-ERRE^{UR}



Welcome to Universidad Regiomontana!

You have enrolled for an academic program at Universidad Regiomontana and it will be a pleasure having you as an exchange student in our university. We hope that this academic stay will bring you the full enrichment you were hoping to receive, by offering you the opportunity to learn from the experience acquired from Mexican living, of learning the Mexican culture and Spanish language, as well as forming an ample net of contacts and friends.

The **U-ERRE™** campus is located conveniently in downtown Monterrey, all buildings are within a 5 minutes walking distance. The office of International Affairs is located at Matamoros 430 Pte, between Aldama and Rayon street right behind the Aulas I building. If you need any help or advice, please do not hesitate to come and see us.

You will be studying in a private university with a total enrolment of about 7100 students, sharing the classroom with Mexican and international students and enjoying **U-ERRE™**'s distinctive focus of international education, technology and practical approach.

In this manual you will find useful information including: the answers to a few of the most basic questions concerning your living conditions in Monterrey and the elements of preparation for your trip. We take this opportunity to extend you the warmest welcome from the Universidad Regiomontana.

The International Team
Universidad Regiomontana



Preparation for your trip: Checklist.

To help you remember everything, here is a checklist of those things you should do before and after your trip.

In your country of origin.

- Stage 1:** Applies for all students staying in Mexico more than one semester or participating in an internship and/or dual degree program. Upon receiving the letter of Admission of the Universidad Regiomontana, you must visit the nearest Mexican consulate to request your student visa. Students staying only one term can visit us with a tourist visa.
- Stage 2:** Book your flight to Monterrey and send flight information to the International Affairs office.
- Stage 3:** Be sure to purchase medical insurance valid in this country, direct coverage is extremely important to make you safe at all times.
- Stage 4:** Request housing information
- Stage 5:** Contact your physician to receive all the necessary shots to enter Mexico.
- Stage 6:** Prepare your luggage for final takeoff.

Once in Monterrey.

- Stage 1:** Arrive at your new place
- Stage 2:** Attend the welcome meeting and prepare your schedule
- Stage 3:** Follow immigration procedures
- Stage 4:** Open a bank account if necessary
- Stage 5:** Stay in touch with your family and home university



**Before
Departure.**

Visas.

It is very important you file for your student visa in your country. You can no longer arrive on a tourist permit and then change your status, only embassies and consulates give study permits.

Application in your home country:

The moment you receive your Admission letter from the Universidad Regiomontana, request your student visa from the nearest Mexican consulate.

The proceedings may vary, but you will generally be asked for:

- Your original passport, which must be valid for a year at least.
- Two passport-size pictures.
- Original Acceptance Letter of the University in Mexico, which certifies your admissions as a regular student (Admission better).
- Proof of economic solvency or, in case applicable, of the institution that is granting the academic scholarship, or the assurance from the parents of a minimum capacity of 5000.00 MXN (In this case, include the copies of parents' passports).
- Completed and signed forms which can be downloaded from the Mexican consulate web page.

Note: the proceedings can vary. Visit the nearest Mexican embassy or consulate to receive more information.



Upon your arrival in Mexico, you have the obligation of initiating the inscription to the Registro Nacional de Extranjeros (RNE). This must be done in the first 30 days of your stay.

The Office of International Affairs of the Universidad Regiomontana will help you free of charge. All we ask is that you turn in the following documents:

- A letter allowing our office to do these proceedings (we give this letter to you to sign)
- Two infant-sized colored full-face photographs and one right profile pictures (without earrings, glasses, uncovered face). No Polaroid pictures allowed.
- Complete and sign the migration forms (we help you with it)
- Make the payment of rights when the Secretaría de Migración indicates (\$ 800 MXN approximately)
- Present the original and a copy of your FMM form marked "Canje"
- Present original and a copy of your passport

It is very important that these proceedings be conducted with maximum expediency, at the indicated dates. Not complying with these measures may result in a fine.

This proceeding takes several months, which makes expediency all the more necessary. We recommend you bring the underlined documents ready the moment of your arrival.

Health Insurance.

Please purchase a health insurance before going to Mexico. We accept ISEP insurance or any other insurance if you can proof that it is a direct coverage insurance without reimbursement.

Accommodation: All about housing and making yourself at home.

Universidad Regiomontana recommends you to stay with a host family or in student apartments. We have an agreement with Colibri, private apartments at 15 minutes from university with all necessary services at reasonable cost. Visit them at **www.departamentoscolibri.com.mx**. If you are looking for anything special we can provide real estate contacts who inform about places in rent.

In addition, we know of several hostel, where you can stay the first few days until you find a place on your own while searching for your own apartment.

Rents fluctuate between \$3,000 and \$8,000 Mexican Pesos, depending on the zone, the extension, the extra services (ex. furniture and dishes, washing machine, telephone, television, etc.) and if you are sharing your room with another person.

Remember that for electric devices the Mexican bolt and the American plug are the same, which means Europeans must bring an adapter plug. Also important is the voltage, which is 110 in Mexico. Because Europe has a higher voltage, it is very likely that European apparatus like a laptop, a dryer, etc. not work well here, unless you also purchase a current regulator.

The majority of housing options offer a telephone line, which can be used with prepaid phone cards.

If there is no telephone line, you can buy a cell phone (approximately MXN \$500), or use public phones with a prepaid phone card.



How to find your way into Monterrey. To and from.

The nearest airport is the “Aeropuerto Internacional General Mariano Escobedo” (Code MTY), located 15 kms to the northeast of the centre of Monterrey and offers a large quantity of daily flights to the principal cities of the country and to several international destinations as well.

Universidad Regiomontana has a reception service available at the airport. A person from U-ERRE will be waiting for you outside the international terminal with a sign. This person will welcome you, give you general instruction and take you to your home in Monterrey.

If you wish to receive this service, please fill out the “arrival form” and send it to the International Affairs Office as soon as possible. Please consider, receiving this service, your flight must arrive during office hours, Monday to Friday.

If our welcome service is not available or you forgot to give us the complete flight information, airport taxis are available and will charge you approximately \$300 MXN to take you downtown.



**Useful
Information.**

Mexico.

Geography and Landscape.

Mexico is located in the Western Hemisphere and is the 5th largest country there. It is bordered by the United States on the north, the Pacific Ocean on the west, the Gulf of Mexico, the Caribbean Sea on the east, and Guatemala and Belize on the south. The country has a very fast population growth rate. Their estimated population is currently 120,8 million. Mexico's capital, Mexico City (or Mexico DF) is one of the largest cities in the world.

Most of Mexico is an immense, elevated plateau, flanked by mountain ranges that fall sharply off to narrow coastal plains in the west and east. The two mountain chains, the Sierra Madre Occidental to the west and the Sierra Madre Oriental in the east, meet in a region called La Junta in the southeast. At La Junta the two ranges form the Sierra Madre del Sur, a maze of volcanic mountains containing the highest peaks in Mexico. The Sierra Madre del Sur leads into the Isthmus of Tehuantepec, which lies between the Bay of Campeche and the Gulf of Tehuantepec.

Climate.

June to October are the hottest and wettest months across most of Mexico. Cloudbursts or prolonged downpours are rare. These summer rains cause little inconvenience and tend to refresh the atmosphere. It seldom rains during the rest of the year, and Mexico has more hours of annual sunshine than many other countries. Major urban centers--particularly Mexico City--can, however, be plagued with smog during the dry winter.

The Monterrey weather is around 100 °F at summer and 40 °F at winter.

Monterrey is known for its hot weather for three consecutive months, being one of the warmest major cities in Mexico.

Rainfall is scarce, but more prominent during May through September. Monterrey is very extreme in weather change, sometimes reaching 25 °C (77 °F) in January and February, the coldest period, this is seen frequently. Most extreme weather change occurs with rainfall in summer, which changes extreme heat to cooler temperatures and the absence of northern winds in winter, sometimes causing extreme or abnormally high temperatures. Seasons are well defined, the warm season can start in May and last until September. Snowfall is a very rare event, but it can get chilly in winter.

Language.

The prevailing and official language is Spanish, which is spoken by the great majority of the population. Most students and professionals in Monterrey speak English. Indian languages number about 13, with many different dialects, the chief of which is Nahuatl, or Aztec. Other major dialects include Maya, spoken in the Yucatán Peninsula, and Otomí, common in central Mexico.

Holidays.

1 January	New Year's Day
5 February	Constitution Day
23 March	Birthday of Benito Juarez
-----	Holy week (week before Eastern)
1 May	Labor day
16 September	Independence Day
20 November	Revolution day
25 December	Christmas

Note: the national holidays from February 5, March 23 and November 20 are moved to Monday before the holiday.

Monterrey in brief.

The city, Monterrey, was founded in 1596, that was 75 years after the Spaniards conquered Mexico, so, our city is 400 years old.

Monterrey is the capital city of Nuevo Leon. It is located 150 miles south of Laredo Tx, in the middle of a huge desert that covers the USA south (Nevada, Colorado, Utah, Kansas, Oklahoma, Arizona, New Mexico and Texas) the north of Mexico (Sonora, Chihuahua, Coahuila and Nuevo León).

Monterrey was a little village until the XIX century's late years, when the Industrial Revolution hits Monterrey with around ten big factories that were established in our city, between 1880 and 1920, mainly iron and steel firms, that made that many farmers of all over the Mexico north-east, come to work to Monterrey with their families and making Monterrey grow up until this day, when Monterrey has 4; 036,112 people, being the third biggest city in México and the 79th in all over the world.

Today, Monterrey is full of factories that produce steel, cement, brewery and glass clusters.

We have around 45 universities in town, and the Universidad Regiomontana is considered one of the four best universities of them, with around 7,000 students.

How we spend our free time.

In summer, people use to make outdoor parties with grilled meat and beers. Usually, at the weekends, most of the families get together, grandfathers, fathers, children and grand children. Many times, those parties take place, because there is someone's birthday or wedding or first communion, because most of us are Catholics.

Many people go on Saturday afternoon to the football game or meet to see it on tv. We have two professional teams, The Rayados and the Tigres. The games start at 7 PM and end at 9 PM.

The stadiums can host about 40,000 fans each, and Rayados is planning on a new stadium.

Usually, when two people introduce each other, they ask: Are you Tigre or Rayado? Because I am...

If they are fans of the same team, they spend hours and hours talking about "Their team".

If not, they spend hours discussing what is the better team.

Monterrey is a young city, and there is a lot of night clubs (We call it "antros", like if they are very poor clubs) where the people can spend time drinking, dancing and listening to all kinds of music, from rock to Mexican country music. There is a lot of clubs at the very old downtown, "El barrio antiguo". Or, more exclusives, in San Pedro, about 20 minutes in car from the downtown. Also, there are several "Rodeos", where there is Mexican country music and rodeo contests.

At sundays, (after church), many peoples take the road and visit small towns outside the city, go to a farm house, if they have one or go to eat at some road restaurant, or to a swimming pool.

What we eat.

Some characteristics of Mexicans are they like to eat corn or wheat tortillas, beans, chili peppers, and tomatoes.

But because we are very near of the border, we have here a lot of American Food Franchises, like Mc Donald, Carls Jr, Dominos Pizzas, Burger King, Etc. There are also Sushi restaurants, and Chinese restaurant.

The most typical dish here is the Cabrito, baby goat, that is cooked young, because its flavor is better.

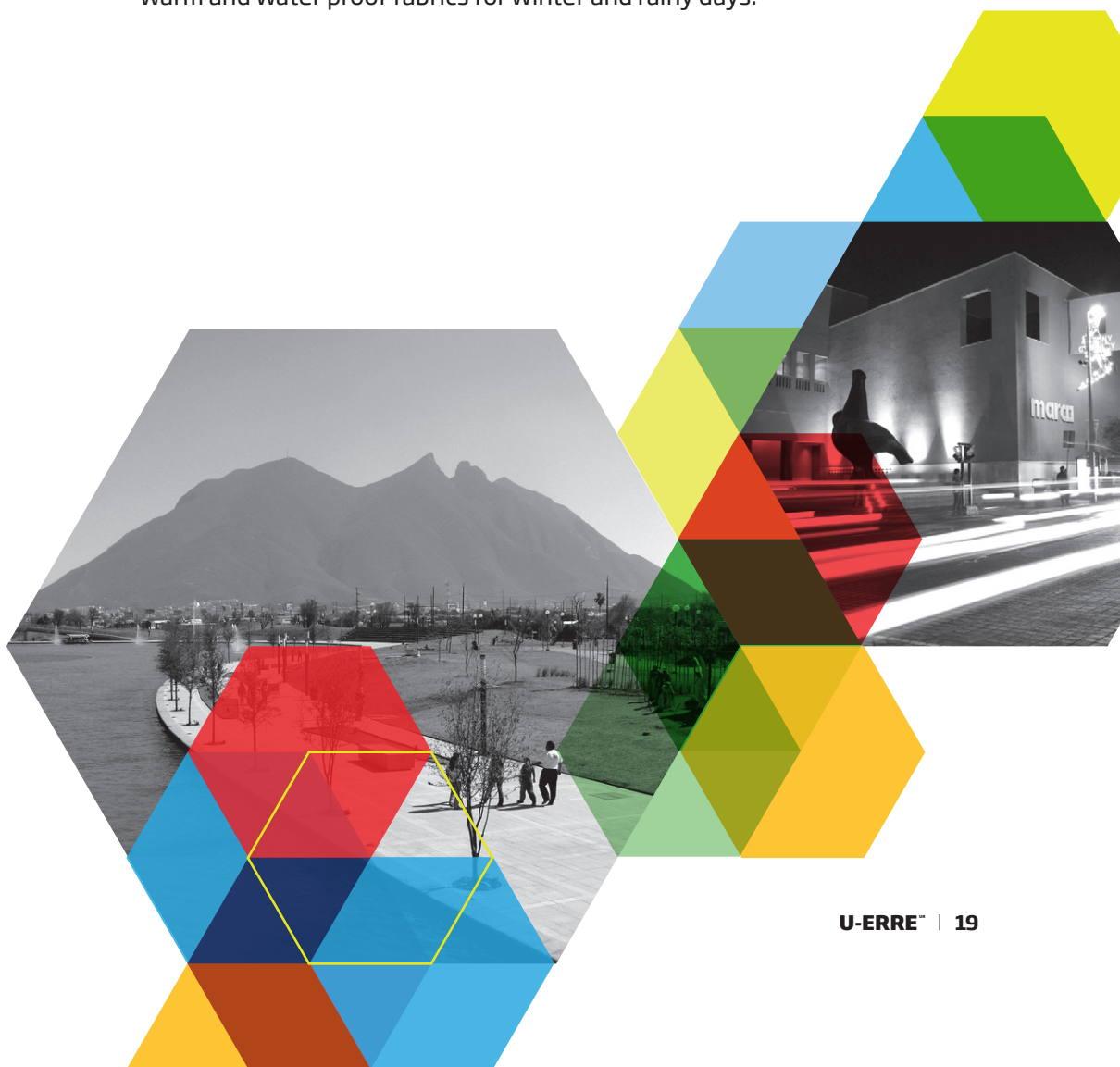
Also, there are a lot of grilled meat restaurants and many places where we can buy tamales, that are meat or beans inside a corn paste wrapped in a corn leaf.

Of course the most famous dish is Tacos, all kinds of them.
You simply have to try!

People drink a lot of soda with our meals at noon. At night, people usually wear jeans, drink beer or soda with the dinner.

What Mexicans wear.

The average Mexican dresses at like people in Europe and the United States. Which means, the most of the people usually wear jeans, T shirt and American brand tennis shoes. Bring light clothes for summer and some warm and water proof fabrics for winter and rainy days.



How to move inside the city.

To move within the metropolitan area, the options available are metro, bus or taxi.

The metro runs from the west to the east in the North of the city (route 1) and from the North to the South (route 2). This service is provided from 5 am to 12 pm. With 4.50 pesos it is a cheap, quick and safe option, but unfortunately only runs to some locations.

Most of you will need the bus. The bus routes connect the entire city. This is the cheapest method of transportation, and it is provided through the day until 12 at night. Students pay around 6 pesos each trip (no monthly or weekly tickets available, you can purchase the feria card for multiple use, but there is only discounted prices if you possess a valid student visa card, meaning, first you have to complete the process with migration office) Regular cost per ride is between 10 and 12 pesos.

These routes can be helpful:

- From downtown to the Instituto Tecnológico: route 1 (San Nicolás- Tecnológico) from Pino Suárez
 - From downtown to San Pedro: route 131 (orange) from the corner of Juárez and Hidalgo
 - From downtown to the Obisado Museum: route 4 (red and black) runs by Padre Mier
 - From downtown to the central bus station: route 1 on Juárez or route 206 (blue) on Cuauthémoc
- On the bus window is printed its direction and its price.

Last but not least are the taxis. Monterrey taxis are probably cheaper than the taxis in your country, which will make them a good option for you.

The taxis are generally located on the major streets of the city, but they also wait in different locations. In Monterrey this service is considered safe; we recommend however you not take taxis off the street, but call a taxi base to send you a taxi to pick you up wherever you may be. The principal stations are:

- Con taxi 8340.4041
- El Aguila 8333.5164
- Monterrey 8334.3915
- Radio Taxi 8372.4370



Money matters.

Credit cards and debit cards are common in Mexico (American Express, Visa, Master Card, etc.); you can use them to pay and to withdraw money from ATMs, although this may not prove wise because of the high charges.

It is not recommended you bring "Traveler's Checks" because they are not commonly used here and using them may result a problem.

Another option is to open a Mexican bank account. If you decide to proceed with this option, you must bring to the bank the following documents:

- Valid passport
- Proof of residence
- Your visa document
- Depending on the bank, other requisites may be requested.

The national coin is the Mexican peso (abbreviated \$...MXN), 1 € is worth more or less \$18.00 and an American dollar is worth \$ 13.00 approximately.

An average budget would be the following:

Housing (shared room)	\$ 3300
Telephone	\$ 200
Food	\$ 1500
Transportation	\$ 400
Books/ School supplies	\$ 300
Entertainment/ Miscellaneous	\$ 1500

TOTAL	\$ 7200
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Note: costs can vary widely depending on your personal habits.

For example, here are the prices of some of the basics:

White Bread	\$ 22.00
Coca Cola (2 liters)	\$22.00
Beef Milanese (500g)	\$50
Can of Tuna	\$15.50

If your housing does not include meals, you can go grocery shopping at any of many grocery stores, like Soriana, HEB, Gigante, etc.

If you wish to form a better idea of the costs incurred, you can visit the Internet sites, like Soriana, www.soriana.com.mx, and choose a Monterrey location.



nuevo León

mapa

Carreteras



TABLA DE DISTANCIAS APROXIMADAS DE MONTERREY A:
/ APROXIMATE DISTANCES FROM MONTERREY TO:

	Kms.	Millas	Coord.
ABASOLO	34	21	E-5
AGUALEGUAS	128	79	E-6
LOS ALDAMAS	159	99	E-7
ALLENDE	59	37	G-6
ANAHUAC	224	139	C-5
APODACA	AMM		F-5
ARAMBERRI	297	184	I-6
BUSTAMANTE	107	66	D-5
CADEREYTA JIMENEZ	33	20	F-6
EL CARMEN	27	17	E-5
CERRILLO	96	60	E-6
CIENEGA DE FLORES	34	21	E-6
CHINA	116	72	F-7
DR. ARROYO	343	213	J-6
DR. COSS	144	89	E-7
DR. GONZALEZ	48	30	E-6
GALEANA	205	127	G-5
GARCIA	AMM		F-5
GARZA GARCIA	AMM		F-5
GRAL. BRAVO	128	79	F-7
GRAL. ESCOBEDO	AMM		F-5
GRAL. TERAN	101	63	F-6
GRAL. TREVIÑO	115	71	E-7
GRAL. ZARAGOZA	312	193	I-6
GRAL. JUZUA	34	21	E-6
GUADALUPE	AMM		F-5
LOS HERRERAS	123	76	E-7
HIQUERAS	51	32	E-6
HUALAHUISES	121	75	G-6
ITURBIDE	177	110	G-6
JUAREZ	AMM		F-6
LAMPAZOS	179	111	C-5
LINARES	133	82	G-6
MARIN	39	24	E-6
MELCHOR OCAMPO	103	64	E-7
MIER Y NORIEGA	374	232	J-6
MINA	48	30	E-5
MONTEMORELOS	82	51	G-6
MONTERREY	AMM		F-5
PARAS	149	92	D-6
PESQUERIA	28	17	F-6
LOS RAMONES	82	51	F-5
RAYONES	127	79	G-6
SABINAS HIDALGO	99	61	D-6
SAJUNAS VICTORIA	23	14	E-5
SAN NICOLAS	AMM		F-5
HIDALGO	41	25	E-5
SANTA CATARINA	AMM		F-5
SANTIAIGO	36	22	F-5
VALLECILLO	125	78	D-6
VILLADAMA	96	60	D-5
COLOMBIA	291	180	B-6
MATEHUALA	344	214	
MIQUEL ALEMAN	171	106	
MONCLOVA	193	120	
NUÉVO LAREDO	230	143	
REYNOSA	225	140	
SALTILLO	83	52	

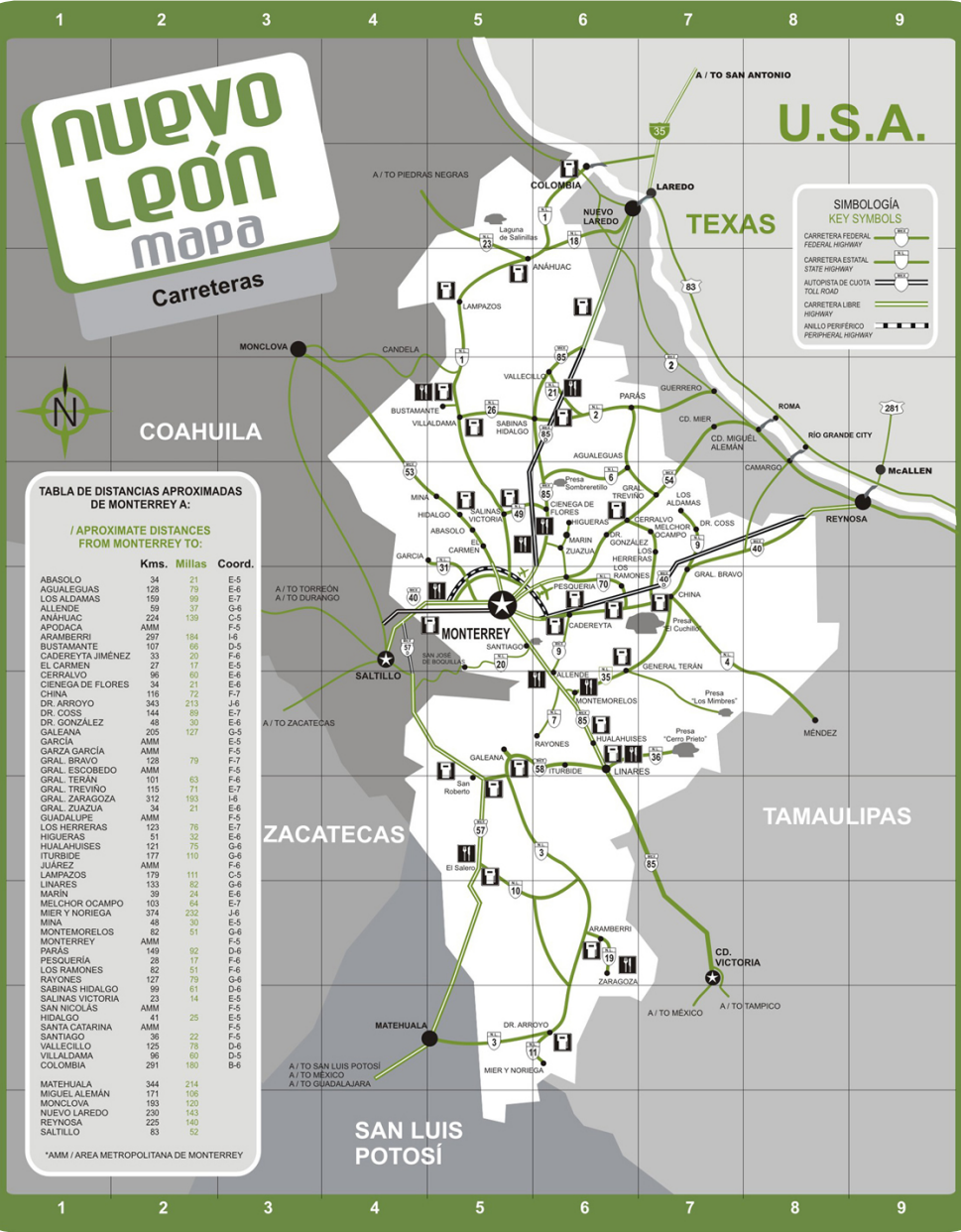
*AMM / AREA METROPOLITANA DE MONTERREY

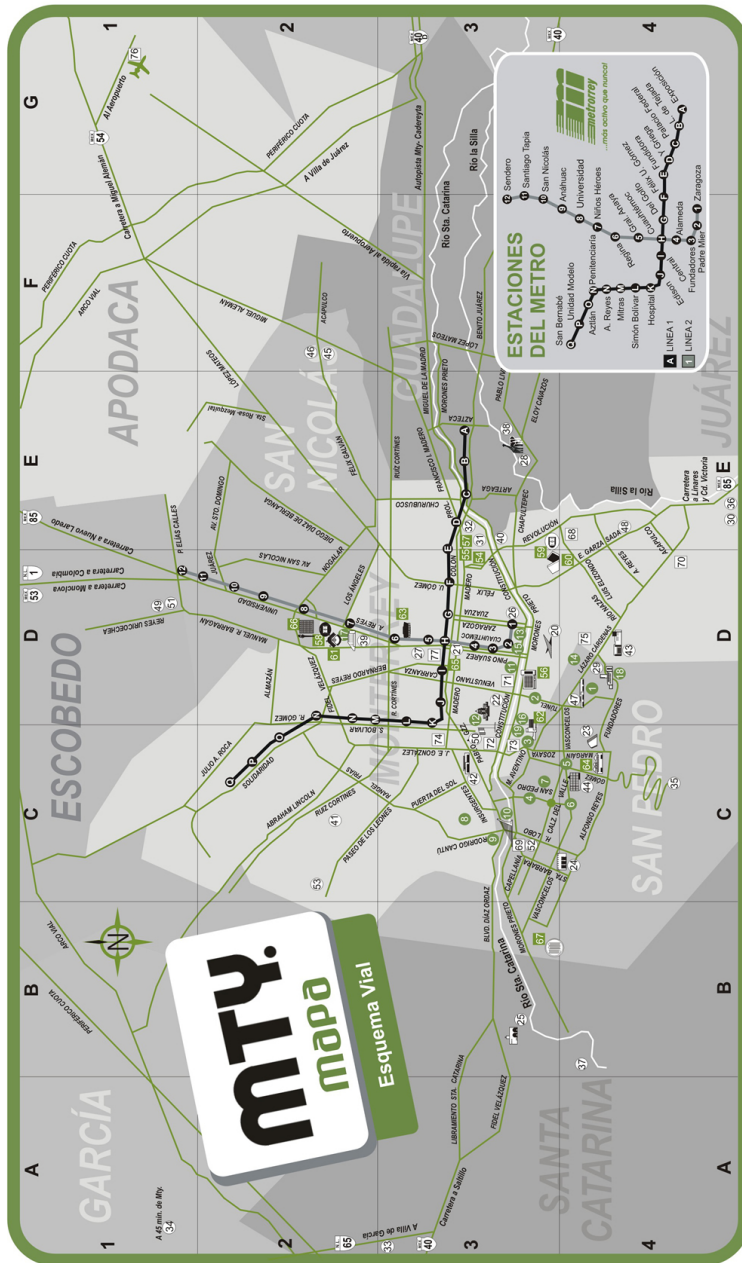
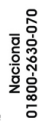
U.S.A.

TEXAS

SIMBOLOGÍA
KEY SYMBOLS

- CARRETERA FEDERAL
FEDERAL HIGHWAY
- CARRETERA ESTATAL
STATE HIGHWAY
- ALTERNATIVA DE CUOTA
TOLL ROAD
- CARRETERA LIBRE
HIGHWAY
- ANILLO PERIFÉRICO
PERIPHERAL HIGHWAY





● SITIOS DE REFERENCIA

- 1. Torre Dailineux D-4
- 2. Torre Dailineux C-3
- 3. Torre Dailineux C-3
- 4. Torre Dailineux C-3
- 5. Torre Dailineux C-3
- 6. Torre Dailineux C-3
- 7. Torre Dailineux C-3
- 8. Torre Dailineux C-3
- 9. Torre Dailineux C-3
- 10. Torre Dailineux C-3

○ SITIOS DE INTERÉS

- 11. Consulado USA D-3
- 12. Consulado USA D-3
- 13. Consulado USA D-3
- 14. Consulado USA D-3
- 15. Consulado USA D-3
- 16. Consulado USA D-3
- 17. Consulado USA D-3
- 18. Consulado USA D-3
- 19. Consulado USA D-3
- 20. Consulado USA D-3

○ PARQUES TEMÁTICOS

- 21. Parque Temático D-3
- 22. Parque Temático D-3
- 23. Parque Temático D-3
- 24. Parque Temático D-3
- 25. Parque Temático D-3
- 26. Parque Temático D-3
- 27. Parque Temático D-3
- 28. Parque Temático D-3
- 29. Parque Temático D-3
- 30. Parque Temático D-3

○ PARQUES

- 31. Parque D-3
- 32. Parque D-3
- 33. Parque D-3
- 34. Parque D-3
- 35. Parque D-3
- 36. Parque D-3
- 37. Parque D-3
- 38. Parque D-3
- 39. Parque D-3
- 40. Parque D-3

○ CENTROS COMERCIALES

- 41. Centro Comercial D-3
- 42. Centro Comercial D-3
- 43. Centro Comercial D-3
- 44. Centro Comercial D-3
- 45. Centro Comercial D-3
- 46. Centro Comercial D-3
- 47. Centro Comercial D-3
- 48. Centro Comercial D-3
- 49. Centro Comercial D-3
- 50. Centro Comercial D-3

○ HOSPITALES

- 51. Hospital D-3
- 52. Hospital D-3
- 53. Hospital D-3
- 54. Hospital D-3
- 55. Hospital D-3
- 56. Hospital D-3
- 57. Hospital D-3
- 58. Hospital D-3
- 59. Hospital D-3
- 60. Hospital D-3

○ TEATROS / THEATERS

- 61. Teatro D-3
- 62. Teatro D-3
- 63. Teatro D-3
- 64. Teatro D-3
- 65. Teatro D-3
- 66. Teatro D-3
- 67. Teatro D-3
- 68. Teatro D-3
- 69. Teatro D-3
- 70. Teatro D-3



Universidad Regiomontana

Universidad Regiomontana is a private educational institution that, since 1969 has worked with the purpose of integrally forming its students of high school, professional and postgraduate studies, and directs its efforts and resources toward constant improvement and excellence.

Its tetramester system, the central location of its installations, the humanist and vocational conception of education and the practical orientation of its studies, have given the Universidad Regiomontana a distinctive seal in Monterrey.

The University includes specialized libraries in which students and teachers alike can consult, research, or simply study in a quiet and calm environment conducive to reflection and increasing the cultural background.

Students have the opportunity to participate in events and workshops that will allow them to express their artistic sensibility in music, dance (salsa, hip hop, jazz, flamenco, Texan and folkloric cumbia), theatre, painting and poetry, piano, guitar, base, drums, through the Office of Fine Arts and Cultural Diffusion.

Recitals, art pieces, expositions and concerts are presented. Among the events of greatest student participation are the musical magazine and the competition for the University song.

In the Department of Physical Education and Sports, students have the opportunity to participate in classes and tournaments. Sports classes are physical conditioning, yoga, tai-chi, weights, basketball, volleyball, etc.

The Universidad Regiomontana is a small institution of about 7,000 students, which will make it much easier for you to integrate into our school, into groups and make new friends and contacts.

International Affairs Office: Who's who in the International Office.

Kathrin Ullrich
Department Head and
Incoming Coordinator
kullrich@u-erre.mx
T. 8220.4654

Alejandra Huerta
Outgoing Coordinator
and General Advisor
ahuerta@u-erre.mx
T. 8220.4651

Special services for exchange students.

Introduction session: will provide information about frequent questions like the immigration process, cultural differences, and advice on security measures.

Welcoming Party U-ERRE™ students: in which you will meet the entire staff of the International Affairs office as well as directors of majors and **U-ERRE™** students, and you will enjoy delicious traditional dishes and Mexican music.

Spanish Classes: the level of the class depends on the needs of the student; it can be basic, intermediate or advanced. This class includes visits to cultural and tourist sites, giving you the chance to fully explore Mexican language and culture.

Class of Mexican culture and history: this course invites you to an ancient world, getting to know Mexican origins, the famous tribes and the important traits of our history: Prehispanic Mexico, the discovery and conquering of the country, the colonial era and the art and culture of New Spain.

Directions to the Office of International Affairs:

Matamoros 430 Pte., Colonia Centro,

CEDAE building, 2nd floor

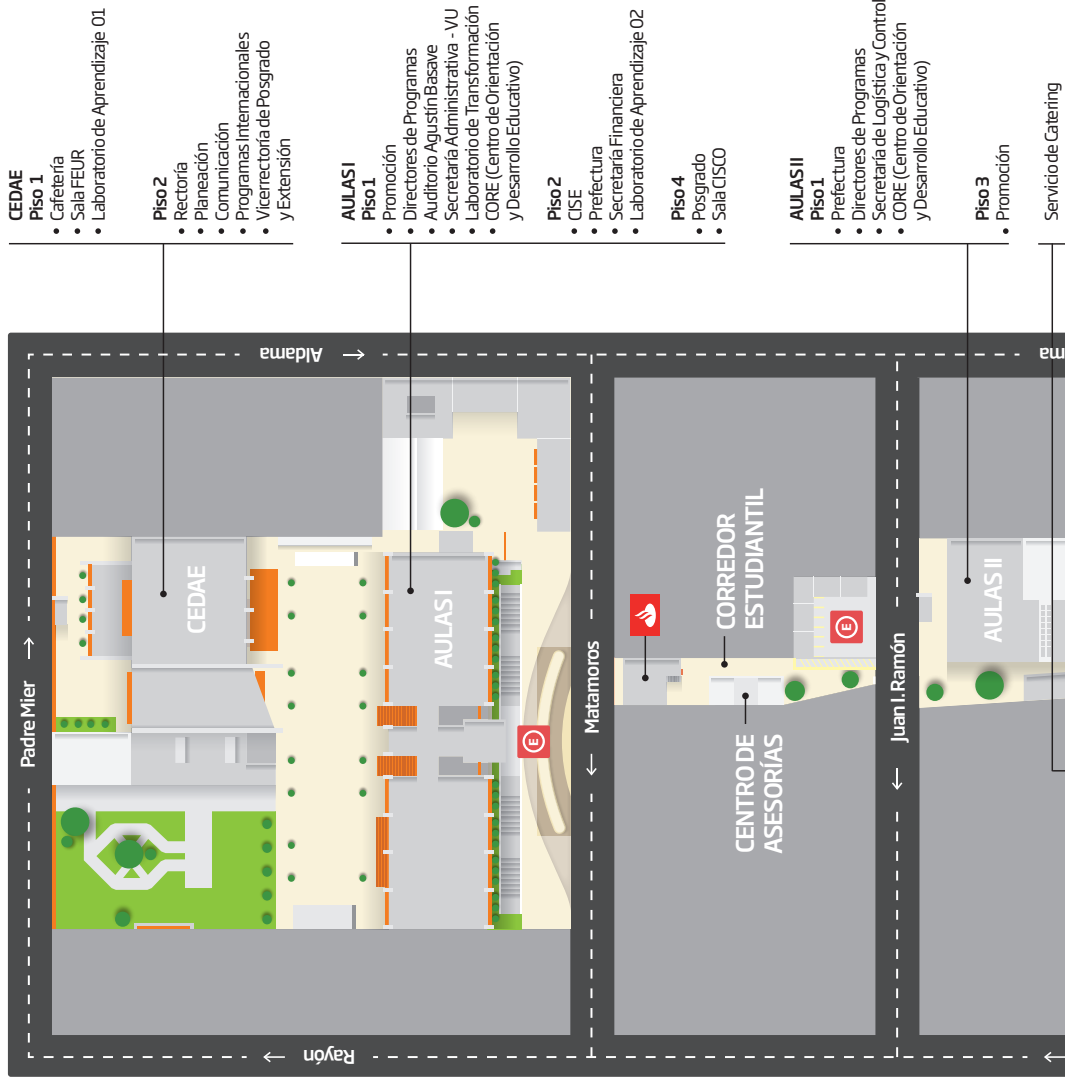
T. 8220.4651 y 8220.4654

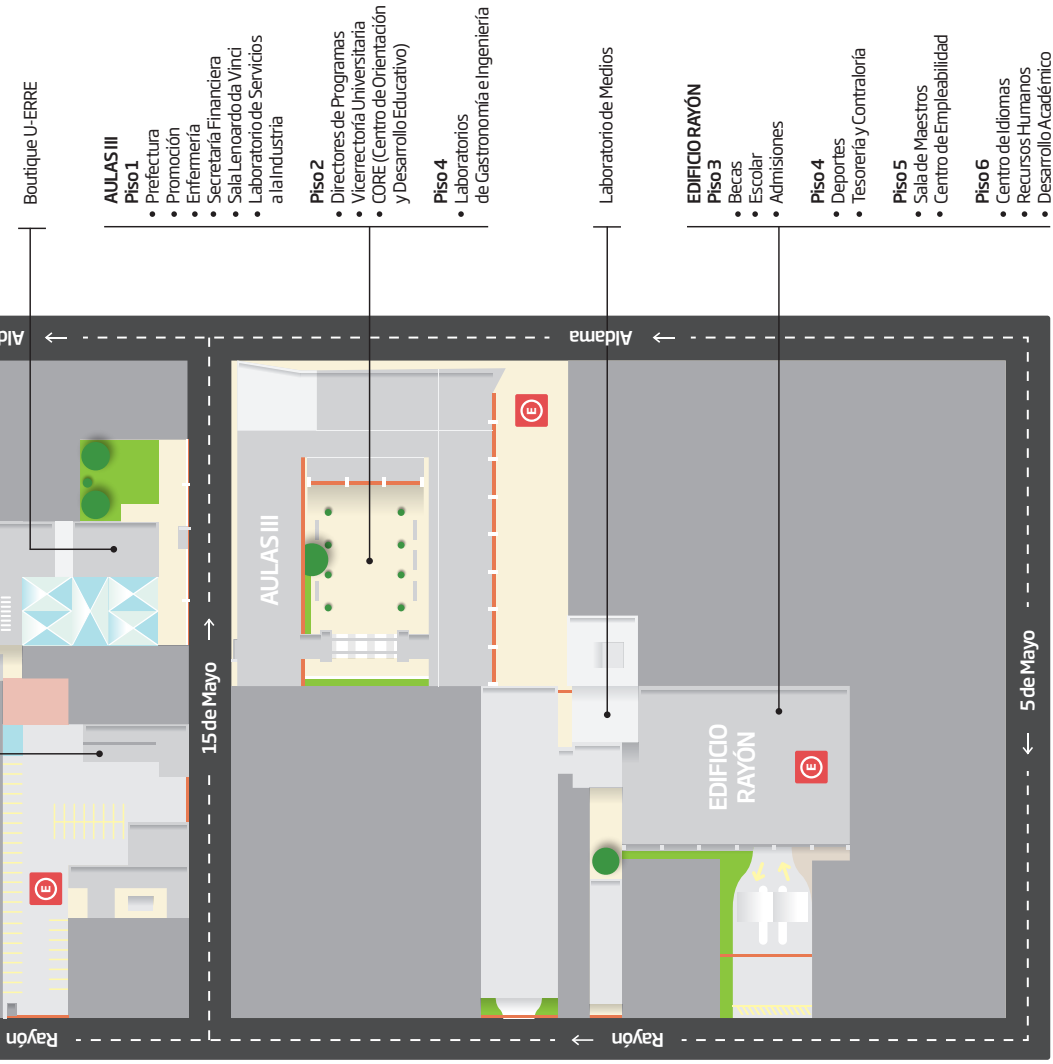
Email: dai@u-erre.mx

You can arrive on any bus downtown-bound, with stops on Cuauhtémoc or Pino Suárez, (routes 206, 50, 1, 17 among others)

Get off the bus on Cuauhtémoc or Pino Suárez between Padre Mier and Matamoros and walk east until you see the Universidad Regiomontana. Go up the stairs of the building on the left and walk until you see another building. Go up on flight of stairs and there you will see signs pointing to the International Affairs Office

Or, simply take a taxi and give the above mentioned address.





Location of the different **U-ERRE^{UR}** facilities.

The majority of **U-ERRE^{UR}** buildings are located in downtown Monterrey, which gives you easy access to the campus.

The buildings of Engineering, Business (Tourism, Economics and Administrative facilities) and Architecture are located on 15 de Mayo street, if you arrive on a bus, you descend on Cuauhtémoc or Pino Suárez between J.I.Ramón and 15 de Mayo and you walk toward the east, after passing the Church.

The CEDAE Building (International Affairs Office) and the Humanities Building (Law, Psychology, Education, Communication and all Masters) are located on Matamoros. If you arrive on bus, you descend between Padre Mier and Matamoros and you walk towards the east until you see the building.

In any case, you will receive precise directions and numerous transportation options at the welcome session. Remember that taxis are relatively cheap and that, at the beginning, you can use them until you know your way around the city

Academic Calendar.

Tetramestre Fall: Early September to mid December

Tetramestre Spring: Mid January to mid April

Tetramestre Summer: Early May to mid August

Organisation of the academic year.

Universidad Regiomontana offers international study programmes at undergraduate (Bachelors) level and at post graduate (Masters) level.

School of Humanities and Social Sciences.

Bachelor's degrees in:

Psychology, Education, Communication, and Law and Political Sciences.

Master's degrees in:

Communication, Company Law, Law, Fiscal Law, Labor, Private Law. Master in education with specialization in Superior and Bilingual Education, and Educative Psychology.

Business School.

Specializing in: Economics, Finance, Marketing, International Business, Public Accountant's, Gastronomical and Restaurant Administration, Business Administration, Tourism Administration, Gastronomy, Publicity and Sales Management, Entrepreneurship and Sport Management.

MBA program with specialization in: Human Resources, Finance, International Business, Fiscal Studies International Marketing and Tourism.

School of Engineering and Architecture

Specializing in: Architecture, Civil Engineering, Graphic Design and Animation, Industrial and Systems Engineering, Mechanical Administrator Engineering, Mechanical and Electrical Engineering, Information Systems Engineering, Chemical Administrator Engineering, Digital Graphic Designer and Mechatronics.

Master's degrees in:

Electronics and Control, Information Technology - Information Systems, Information Technology - Software Design, Information Technology - Telematics, Mecatronics.

The Universidad Regiomontana has a tetramester system, that is to say three grading periods a year of 4 months each. One tetramester is equal to a semester in other universities.

Classes have duration of 1 and half hours and they are held two or three times a week.

For the realization of your schedule, it is important that you investigate the different study plans for each career in the U-ERRE and you verify which you are interested in studying.

The procedure for schedules will be explained to you during the induction session. Remember that the subjects you chose will appear on your transcripts.

You will only be allowed to make one modification to you schedule, which you can do during the first week of classes with previous authorization from your facult dean.

To have the right to take the exam, your faculty dean must attend 88% of classes.

The grade is generally based on in class participation, homework, two partial exams and a final exam.

Teaching Method and Academic Culture.

The University Regiomontana uses its educational experience of over 44 years to maintain the validity of their original values: tetramestral system, practical guidance, urban location, flexibility in system studies and in the scheme of tuition, plus a comprehensive program, scholarships and financial aid for their students.

However, globalization forces universities to respond to changing times and adapt their teaching style to the needs of society in order to prepare students to excel in their personal and working life.

The 2014 is a significant **U-ERRE™** year, as the university will continue to live an evolution in its educational model to meet the mission of transforming society through quality education.

The new educational model **U-ERRE™** aims to the training of university graduates, qualified to function in a rapidly changing environment, both technologically and economically, with a solid, but flexible and adaptable to change.

This proposal for innovative and comprehensive training is key to a more equitable development and provides its graduates with the tools and elements needed to compete successfully in a highly demanding job market and constantly changing conditions.

This model features innovative elements including the widespread use of technology, the possibility of learning experiences in spaces that foster academic discussion and social interaction, where the teacher has an important role to promote critical thinking of students from real situations that give meaning to the theory. Learning experiences that students have are collaborative, multidisciplinary and include an international vision. In addition, the model offers the possibility of national and international professional practices, participate in cultural, sports and activities of student groups, forming competitive professionals seeking the benefit of society.

Exams, Grades and Resits.

Exams.

At the end of each month (partial) there is an exam period. A module usually consists of one exam. Sometimes there may be more exams for one module. An exam is passed if the grade is 70 points or higher.

Grades.

The passing grade for a module is 70. Credits are only linked to courses and are awarded only once for the whole course. An exam cannot be retaken and the exam date cannot be changed. If the student missed an exam he has to officially apply for re-sit with the administrative office of the Faculty proving the justification. The application for resiting the exam has to be handed in during the exam week or until the next Thursday after the exams.

Review.

Within five days after you have received the results of the subject examined you have the opportunity to review the written exam, either during the lectures or at a special review session. The assessment criteria are available during this review and you may ask the lecturer to explain how these criteria were applied.

Mexican Credit System.

The Mexican credits show the number of hours a week a regular student will have to spend in homework, research and classroom to successfully complete a course. Undergraduate Courses with 3 hrs per week have usually 6 Mexican credits; undergraduate courses with 5 hrs per week have 9 credits. A full time student would do 38 Mexican credit which equals 30 ECTS.

A graduate student will do only 3 courses (full time, no exception allowed) and earn 18 credits, equal to 30 ECTS.

Information Supply.

Blackboard.

Check the information on your blackboard frequently. On the blackboard the lecturers inform about homework, additional course information and course programs.

Prefectura (Faculty Entrance).

The staff at these desks can answer questions of a general nature about absent teachers, course rooms or room changes.

Using your Student ID Card at Universidad Regiomontana.

At Universidad Regiomontana you will have to carry at any moment your student ID card. You will need it to get inside the campus and to use the computer labs. You can get your first student ID card either at the welcome event or at a CISE module (ask your exchange coordinator what option applies). If you loose your student ID card you will have to buy a new card at CISE module.

Food and Beverage.

It is not allowed to bring coffee etc. to the classrooms, project rooms and / or work spaces in the hallways. Smoking is not allowed in the building. Please look out for smoking areas.

First Aid.

When first aid is needed, contact the Reception Desk, Prefectura, or any guard on duty. First Aid kits are available and an ambulance can be called immediately. There are two nurseries, but they offer only limited service. If greater assistance is needed, it is recommendable to call your insurance and ask for instructions.

Internet and Computer Access.

In all **U-ERRE™** academic buildings you can find computer labs that will be at your disposal, in addition to the wireless network throughout the campus. The welcome letter provides students with their username & password. If you have any problem, let us know.

You will also find “cyber cafes” throughout the city, where you will pay \$15 or \$20 per hour, so you will have no problems communicating with your friends and relatives back home.

According to your housing arrangements, your Internet access may be included in your monthly rent.

If you do not have Internet in your home, but you would like to have access, you need only purchase a prepaid phone card (todito card) and have a telephone line.

Universidad Regiomontana E-mail Account.

All registered students have their own unique Universidad Regiomontana E-mail account. Your

Email address is your name.lastname@u-erre.mx. To access your E-mail account simply visit Google and clic on the “Correo (E-mail)” icon on the frontpage.

Copiers.

Within the Student Center, hallways and several copy shops in and outside the campus of Universidad Regiomontana you can find copiers at reasonable costs. Please note that you cannot use the office copier for personal reasons.

Restaurants.

Universidad Regiomontana has two cafeterias, one inside the CEDAE building, first floor and the other Restaurants behind the main building of Aulas II. Both Cafeterias sell breakfast, lunch, dinner, snacks and beverages. You can find a complete meal for 40 pesos and may see the weekly offer in the website.

Vending Machines.

In the building there are several vending machines where you can buy coffee, tea, snacks, candy bars and soft drinks. They are maintained by the catering company.

Sports Facilities.

Universidad Regiomontana has a sport department and representative teams. If you want to play in one of those teams, you have to go to the try-offs. You can participate in all courses open to public trainings. The offer can be checked directly in the sports department or on the internet.

Unfortunately at this moment we do not have our own gym, it is on the plan for the next step of the campus construction. We are renting places all over town and you may use them within the guidelines given by the sports department.

Cultural Division .

The Cultural Division offers workshops at low costs. You can participate in

General Development.

Tae Bo, Zumba, Latin Rythms, Waist and Belly, Body Sculpting, Yoga.

Musical Arts.

Singing, Electric Guitar, Acustic Guitar, Bass, Chelo.

Scenic Arts.

Theatre, Tango, Salsa, Cumbia Texana, Polinesian Dances, Mexican Ballet, Jazz Funk, Hip Hop, Folclore, Flamenco, Arabic Dances.

Legal Matters and Visa issues.

If you have any legal trouble, need to do a declaration or want to notify a delinquency you can ask for advice at the Legal Department in the CEDAE Building. In addition, this department will help you to get and keep your visa in order.

