

April 9, 2021

RE: Camosun College, Interurban Campus, John Drysdale Building, 4461 Interurban Road, Victoria, BC, V9E2C1

This letter is to inform you of a COVID-19 exposure at the above location on: April 1, 2021. Public Health have initiated contact tracing to identify anyone who has had a high-risk exposure. These individuals will be directly contacted for further guidance. Unless you are deemed as having a high-risk exposure, you are not required to isolate at this time.

WHAT SHOULD I DO NEXT?

As always, please monitor yourself closely for symptoms of Covid-19. If you develop symptoms, immediately self-isolate at home. Call the Island Health testing line at 1-844-901-8442 to arrange for testing.

HOW IS COVID-19 SPREAD?

COVID-19 is primarily spread by the respiratory droplets an infected person produces when they breathe, cough, sneeze, talk, or sing. If you are in close contact with an infected person, the virus can enter your body if droplets get into your throat, nose, or eyes.

Common symptoms of COVID-19 include:

- Headaches, muscle aches, fatigue
- Nausea, vomiting, diarrhea, loss of appetite
- Loss of taste & smell
- Shortness of breath
- Fever/chills
- Cough or worsening of chronic cough
- Sore throat

Most people who get COVID-19 experience only mild illness. A smaller number of people who get COVID-19 may experience more moderate to severe illness, and for a minority of cases, hospitalization may be required.

For privacy reasons, we cannot provide any other details on the COVID-19 exposure.

Further information can be found at:

Island Health COVID-19 Homepage: <https://www.islandhealth.ca/learn-about-health/covid-19/>

BCCDC COVID-19 Homepage: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

How to self-isolate: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

How to get test results: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing/test-results>