



*IFS 118 Fall 2018*

*ICP Circle and Elder's Teaching*

*ICP (Indigenous College Prep)*

## **COURSE OUTLINE**

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This course consists of weekly circle-based discussions and debriefing sessions for program students, staff and faculty in the fall session of the ICP/IHSCAP Program. On regular occasions, Indigenous elders and knowledge keepers will join the circle to share their wisdom and oral traditions.

◆ *Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### **1. Instructor Information**

**Instructor:** Wendy McDonald  
**Class Location and Time:** IFS Classroom at SAEC (first floor), Thursday 12:30 – 2:00  
**Office Location:** W̱SÁNEĆ Adult Center-Second Floor  
**Office Hours:** By appointment  
**Phone:** 250-544-2192  
**Email:** mcdonald@camosun.bc.ca

### **2. Intended Learning Outcomes**

Upon successful completion of this course, the student will be able to:

1. Respect Elders' teachings and the circle process as a critical component of the ICP program.
2. Participate regularly in circle discussions and expand interpersonal skills.
3. Provide contributions to circle discussions in a manner that contributes to the learning and development of all those involved and help each student to take charge of their own development, to release their potential and to achieve which they value.
4. Provide opportunities to work together for the common good of the school environment

### 3. Required Materials

Handouts will be provided throughout the semester.

### 4. Course Content and Schedule

\*\*Schedule may change based on availability of resources and potential guests\*\*

<b>Sept 06</b>	Course overview	<b>5%</b> Session 1
<b>Sept 13</b>	ICP Student Orientation Go over the course outline and talk about how things are going so far. Fill out all necessary forms. . .opt out and FOI forms <b>Introductions and Circle Guidelines agreed upon as a group:</b> <ul style="list-style-type: none"> <li>• Keep things shared in the circle confidential Actively listen to others when they are speaking Be mindful of the impact of your words on others Be mindful of your non-verbal communication Avoid cross-talk</li> <li>• Avoid providing advice, unless it is asked for Monitor the amount of time you share</li> <li>• If you need to leave the circle, please do your best to do so between speakers (not in the middle of someone sharing)</li> <li>• Please exit circle on the outside of the circle</li> <li>• While you are encouraged to take risks and share, you always have the option of passing if you are feeling “stuck” on certain topics/days</li> <li>• Think about what do you need to feel safe to share and what is “okay” to share? Remember to take this time for yourself – to get as much as you can out of the whole program. Have Fun. . .</li> </ul>	<b>5%</b> Session 2
<b>Sept 20</b>	Check in to Student Welcome at Songhees Wellness Center	<b>5%</b> Session 3
<b>Sept 27</b>	Check-in Visitors from New Zealand.	<b>5%</b> Session 4
<b>Oct 04</b>	Check in - Gratitude Discussion re the In, Quote or poem assignment for next week.	<b>5%</b> Session 5
<b>Oct 11</b>	Check in! Suzanne Wilkinson, Indigenous Advisor from Lansdowne will join us today to share some wisdom about moving forward from here to other courses at the college. Come prepared to ask some questions of her..	<b>5%</b> Session 6
<b>Oct 18</b>	Elders reflections, Check in and bring in a quote, or poem that speaks to you about how you want to walk in this world and how you want to walk with others. Share it with the class.	<b>5%</b> Session 7
<b>Oct 25</b>	Elder Reflections. . .Tanya from Counselling	<b>5%</b> Session 8

<b>Nov 01</b>	Elders reflections and check in	<b>5%</b> Session 9
<b>Nov 08</b>	Check in! Sandee Mitchell from IFS will join us today to share about the IFS program.	<b>5%</b> Session 10
<b>Nov 15</b>	Check in! Faye Martin from HHS will join us be out to meet students.	<b>5%</b> Session 11
<b>Nov 22</b>	Check In and Elders reflections	<b>5%</b> Session 12
<b>Nov 29</b>	Check In and Elders reflections	<b>5%</b> Session 13
<b>Dec 06</b>	Check in and Wrap up Circle	<b>5%</b> Session 14

## 5. Basis of Student Assessment (Weighting)

### **Respectful & Professional Participation in Circle: 70%**

1. You will be expected to conduct yourself in a respectful and professional manner at all times. Attendance is a critical part of learning and a very important part of this course.
2. Participation includes asking questions, taking risks and actively participating in class discussions and group work.
3. Active Listening is an essential skill. You must be able to hear what people are saying so that you can gain their trust and respond to them in a respectful and appropriate manner.
4. Respect and professionalism includes being on time for class; letting the instructor know when you are unable to attend class; making arrangements with the instructor for extensions on assignments; looking for clarification when you are not understanding something and generally communicating in a respectful way when you are having difficulty.

Students who are not able to actively participate in a respectful and professional manner will be encouraged to meet with the instructor.

### **Individual Meeting: 5%**

To best support all students within this program, you are asked to sign up for an individual meeting to meet with me to discuss:

- Your initial thoughts about your educational journey
- Any questions or concerns (personal and/or academic)
- Interest in “destination program” Where do you go from here?

A sign-up sheet will be available in Wendy’s office for you to sign up.

### **Quote, or poem: October 18: 5%**

Bring a piece of writing that inspires you or motivates you, a quote or a poem to class that speaks to how you want to walk in the world and how you want to walk with others in this world. Come to class prepared to share this with the class, and why you chose this.

**Self-Care Plan: November 22: 20%**

You will write a 2-3 page, double-spaced, paper outlining a personal self-care plan. You are encouraged to explore and include Indigenous approaches to Self-Care. This paper will:

- explain why you have decided to come back to school at this time.
- outline specific daily/weekly practices that you plan to incorporate your life as a student using ideas from all of the courses you are taking in the program, BEST LRNS, and IST.
- speak to potential barriers to achieving your goals and where you may ask your support group for help.
- explore strategies to ensure that you maintain your self-care plan.

**A minimum of 75% must be reached to pass this course.**

**Recommended Materials or Services to Assist Students to Succeed Throughout the Course:**

Aboriginal Education & Community Connections, located in Ewing 272, is a valuable resource for you. If you are having difficulty with course content, registration, course selection, funding issues or anything that would get in the way of you being successful in this program, there are Aboriginal Advisors support people there for you to talk with.

To make an appointment, please stop by the office or call 370-3299.

**6. Grading System**

Competency Based Grading System

**1. Competency Based Grading System (Non GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

**7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course**

**LEARNING SUPPORT AND SERVICES FOR STUDENTS**

<p>There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, through Student Services or on the College website at <a href="http://www.camosun.ca">www.camosun.ca</a>.</p>
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**STUDENT CONDUCT POLICY**

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Enrolment Services, and on the College website at [www.camosun.ca/about/policies/policies.html](http://www.camosun.ca/about/policies/policies.html).