



IFS 118 Fall 2016

ICP/IHSCAP Circle and Elder's Teaching

*ICP/IHSCAP (Indigenous College Prep and
Indigenous Human Services Career Access Program)*

COURSE OUTLINE

This course consists of weekly circle-based discussions and debriefing sessions for program students, staff and faculty in the fall session of the ICP/IHSCAP Program. On regular occasions, Indigenous elders and knowledge keepers will join the circle to share their wisdom and oral traditions.

** Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

1. Instructor Information

Instructor: Wendy McDonald
Class Location and Time: IFS Classroom at SAEC (first floor), Thursday 12:30 – 2:00
Office Location: W̱SÁNEĆ Adult Center-Second Floor
Office Hours: By appointment
Phone: 250-544-2192
Email: mcdonald@camosun.bc.ca

2. Intended Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Respect Elders' teachings and the circle process as a critical component of the ICP/IHSCAP program.
2. Participate regularly in circle discussions and expand interpersonal skills.
3. Provide contributions to circle discussions in a manner that contributes to the learning and development of all those involved and help each student to take charge of their own development, to release their potential and to achieve which they value.
4. Provide opportunities to work together for the common good of the school environment.

3. Required Materials

Handouts will be provided throughout the semester.

4. Course Content and Schedule

****Schedule may changed based on availability of resources and potential guests****

Sept 08	Attend the Camfest event at Interurban. While there, pick up your student card and bus pass.	5% Session 1
Sept 15	ICP/IHSCAP Student Orientation Go over the course outline and talk about how things are going so far. Fill out all necessary forms. . .opt out and FOI forms Introductions and Circle Guidelines agreed upon as a group: Keep things shared in the circle confidential Actively listen to others when they are speaking Be mindful of the impact of your words on others Be mindful of your non-verbal communication Avoid cross-talk Avoid providing advice, unless it is asked for Monitor the amount of time you share If you need to leave the circle, please do your best to do so between speakers (not in the middle of someone sharing) Please exit circle on the outside of the circle While you are encouraged to take risks and share, you always have the option of passing if you are feeling “stuck” on certain topics/days Think about what do you need to feel safe to share and what is “okay” to share? Remember to take this time for yourself – to get as much as you can out of the whole program. Have Fun. . .	5% Session 2
Sept 22	Elders reflection.. Fiona Devereaux, will join our class to talk about Nutrition and the role it plays	5% Session 3
Sept 29	Check-in Medicine Wheel exercise	5% Session 4
Oct 06	Check in Discussion re the Prayer, Quote or poem assignment for next week.	5% Session 5
Oct 13	Check in and bring in a quote, prayer, or poem that speaks to you about how you want to walk in this world and how you want to walk with others. Share it with the class.	5% Session 6
Oct 20	Elders reflections Camosun and UVic Elders will join us to talk about their work with Camosun Students. . .Victor and Bernadine	5% Session 7
Oct 27	Class will be at Lansdowne campus today Arrangements TBA Todd Ormiston program Lead for Indigenous Studies will join us in Circle We can attend the Pit Cook event at Lansdowne	5% Session 8

Nov 03	Check-in Santee Mitchell from IFS will join us today.	5% Session 9
Nov 10	Elders reflections Self-Care Plan: Due	5% Session 10
Nov 17	Check in! Sylvie from Counselling at Lansdowne will be out to meet students. Workshop on Stress	5% Session 11
Nov 24	Elders reflections and check in Zophia from Lansdowne will be out to talk about various supports and fun things to do on Campus. Ways to destress while connecting with others	5% Session 12
Dec 01	Elders reflections and check in	5% Session 13
Dec 08	Check in and Wrap up Circle	5% Session 14

5. Basis of Student Assessment (Weighting)

Respectful & Professional Participation in Circle: 70%

1. You will be expected to conduct yourself in a respectful and professional manner at all times. Attendance is a critical part of learning and a very important part of this course.
2. Participation includes asking questions, taking risks and actively participating in class discussions and group work.
3. Active Listening is an essential skill. You must be able to hear what people are saying so that you can gain their trust and respond to them in a respectful and appropriate manner.
4. Respect and professionalism includes being on time for class; letting the instructor know when you are unable to attend class; making arrangements with the instructor for extensions on assignments; looking for clarification when you are not understanding something and generally communicating in a respectful way when you are having difficulty.

Students who are not able to actively participate in a respectful and professional manner will be encouraged to meet with the instructor.

Individual Meeting: 5%

To best support all students within this program, you are asked to sign up for an individual meeting to meet with me to discuss:

- Your initial thoughts about your educational journey
- Any questions or concerns (personal and/or academic)
- Interest in “destination program” Where do you go from here?

A sign-up sheet will be available in Wendy’s office for you to sign up.

Prayer, quote or poem: October 14: 5%

Bring a prayer, quote or poem to class that speaks to how you want to walk in the world and how you want to walk with others in this world. Come to class prepared to share this with the class, and why you chose this.

Self-Care Plan: November 10: 20%

You will write a 2-3 page, double-spaced, paper outlining a personal self-care plan. You are encouraged to explore and include Indigenous approaches to Self-Care. This paper will:

- explain why you have decided to come back to school at this time.
- outline specific daily/weekly practices that you plan to incorporate your life as a student using ideas from all of the courses you are taking in the program, BEST LRNS, and IST.
- speak to potential barriers to achieving your goals and where you may ask your support group for help.
- explore strategies to ensure that you maintain your self-care plan.

A minimum of 75% must be reached to pass this course.

Recommended Materials or Services to Assist Students to Succeed Throughout the Course:

Aboriginal Education & Community Connections, located in Ewing 272, is a valuable resource for you. If you are having difficulty with course content, registration, course selection, funding issues or anything that would get in the way of you being successful in this program, there are Aboriginal Advisors support people there for you to talk with.

To make an appointment, please stop by the office or call 370-3299.

6. Grading System

Competency Based Grading System

1. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, through Student Services or on the College website at www.camosun.ca.

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Enrolment Services, and on the College website at www.camosun.ca/about/policies/policies.html.