

**CAMOSUN COLLEGE  
INDIGENOUS FAMILY SUPPORT PROGRAM  
COURSE INFORMATION FOR IFS 142  
SPRING 2014**

*“We are what we repeatedly do... Excellence then is not an act but a habit.”*

Aristotle, 384 - 322 BC

**INSTRUCTOR:** Sandee Mitchell

**CLASS TIME:** Monday 12:30 – 3:20 (May 5-June 21)

**LOCATION:** Wilna Thomas Cultural Center (room 234)

**TELEPHONE:** 250 370-3124

**OFFICE HOURS:** After class or by appointment in Ewing 205

**COURSE TITLE: IFS 142 PROFESSIONAL PRACTICE**

**Course Description:** This course provides students with opportunities for practice within a select community setting. Students will integrate and consolidate the knowledge, skills and values learned in the program into their beginning role as an IFS practitioner. Students will also attend weekly seminars at the college.

**Prerequisite(s):** Successful completion of all other IFS program courses

**Course Learning Outcomes:**

Upon completion of this course, students will be able to:

1. **Reflect an understanding** and awareness of the importance of walking in balance, both personally and professionally, in order to promote positive change for Indigenous individuals, families and communities.
2. **Utilize an understanding** of historical and cultural realities of indigenous peoples to promote the overall well-being and facilitate positive change for individuals, families and communities.
3. **Communicate effectively** in oral, written and non-verbal forms in ways that enhance the quality of intra-cultural and cross-cultural services
4. **Apply knowledge** in a thoughtful way to develop effective approaches for supporting and guiding individuals, families and communities towards positive outcomes
5. **Work effectively as part of a team** to identify, access and utilize appropriate resources to meet the needs of individuals, families and communities
6. **Use positive, strengths-based supports** for assisting individuals within diverse learning environments

## TEXT

- ◇ Covey S. R. The Seven Habits of Highly Effective Families. Garden Books, 1989.
- ◇ Additional readings & materials will be distributed in class.

## INSTRUCTION METHODS:

Socratic questioning, Case studies, small group work, audio-visual presentations, lecture, readings, guest presentations, simulations.

## GENERAL CONSIDERATIONS

- ◇ This course emphasizes experiential learning. Students are expected to attend all classes and to complete all required readings in preparation for the class.
- ◇ Participation is required and expected in all class discussions and activities. (e.g. Active listening, posing questions, supporting fellow students).
- ◇ Please respect others by listening and attending to fellow students, guests and the instructor.
- ◇ Students must arrange for an extension of an assignment BEFORE the due date, otherwise marks will be taken off.

## WORD PROCESSING

Computers are available at the Lansdowne Campus (Ewing 100/102/103, Fisher 302, Young 220), the Interurban Campus (Campus Center 236) and at the Saanich Center.

## ASSIGNMENTS AND EVALUATION OF LEARNING

- |                            |     |
|----------------------------|-----|
| 1. Practicum Placement     | 60% |
| 2. Presentations           | 30% |
| 3. Support Fellow Students | 10% |

## LETTER GRADES

Camosun Collage a nine point grading system. The percentage breakdown is as follows:

<i>Percentage</i>	<i>Grade</i>	
90-100	A+	
85-89	A	
80-84	A-	
77-79	B+	
73-76	B	
70-72	B-	
65-69	C+	
60-64	C	Minimum level of achievement for which credit is granted;
50-59	D	Minimum level has not been achieved. Fail
0-49	F	Minimum level has not been achieved. Fail

**“Think like a Professional”** Kingfield

## ELABORATION OF ASSIGNMENTS

1. Practicum Placement: 60%  
Criteria for grading for Practicum, to be decide in class.
  
2. Chapter Presentations: 30%
  - You will teach the rest of the class one of the 7 habits of Highly Effective Families. Utilizing an Indigenous approach.
  - Brief (4-6pg) write up of what you did and why.
  
3. Support of fellow student's presentation. 10%
  - Brief (1-2 pg.) write up of what you did and why.



## IFS 142 PROFESSIONAL PRACTICE

WEEK	DATE	READINGS	TOPICS
1	May 5	<b>1. Reflections on your understanding</b> of the importance of walking in balance, <ul style="list-style-type: none"> <li>• Housekeeping</li> </ul>	
2	May 12th	<b>Presentations</b> <b>Habit # 1 Be Proactive</b> <b>Habit#2 Begin with End in Mind.</b>  <b>How do you Utilize your understanding</b> of the historical and cultural realities to promote the overall well-being and facilitate positive change for individuals, families and communities?	
3	May 19th	Victoria Day holiday college closed.	
4	May 26th	<b>Presentations</b> <b>Habit#3 First Things First.</b> <b>Habit#4 Think “win-win”.</b>  <b>How do you apply knowledge</b> to develop effective approaches for supporting and guiding individuals, families and communities?	
5	June 2nd	<b>Presentations</b> <b>Habit#5 Empathic Communications.</b> <b>Habit#6 Synergize</b>  <b>How do you Work effectively as part of a team</b> to identify access and utilize appropriate resources to meet the needs of individuals, families and communities?	
6	June 9th	<b>Presentation</b> <b>Habit#7 Sharpen the saw</b> <b>Circle Check-in</b>	
7	June 16th	Review and integration. Additional issues. Last day of seminar	

Note: Subject to change based on the availability of resources and changing needs of students.