



**CAMOSUN COLLEGE**  
*Aboriginal Education & Community Connections*  
*Indigenous Studies*  
**IST 212-X01- Seminar 4**  
**Winter, 2012**



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## **COURSE OUTLINE**

### **Instructor Information:**

Instructor: Sandee Mitchell

Office hours: Wednesday, 3:00 to 4:00 or by appointment

Class Location and Time: WTCC Wednesday - 2:00 to 2:50

Phone: (250) 370 - 3124

E-mail: mitchell@camosun.bc.ca

### **Intended Learning Outcomes:**

- Explore and Identify concepts and practices of self-care and self-awareness.
- Apply the speaking and listening skills learned through circle seminars to initiate and lead the circle.
- Apply and integrate speaking and communication skills through formal presentations.

### **Required Materials:**

(a) There are one text required for this course:

**“Love, Compassion and Altruism are the Fundamental Basis for Peace”**  
H.H. The Dalai Lama

### **Seminar Topics and Schedule:**

Seminar One:	January 11, 2012 Welcome Back and Happy New Year Introduction to Seminar Four	<b>5%</b>
Seminar Two:	January 18, 2012 Circle Check in and Review of Course Outline Assign Group Presentations	<b>5%</b>
Seminar Three:	January 25, 2012 Presentation 1	<b>5%</b>
Seminar Four:	February 1, 2012 Circle check in	<b>5%</b>
Seminar Five:	February 8, 2012 Guest Speaker: Gerri Ambers Spiritual Health	<b>5%</b>
Seminar Six:	February 15, 2012 Presentation 2	<b>5%</b>
Seminar Seven:	February 22, 2012 Presentation 3	<b>5%</b>
Seminar Eight	February 29, 2012 Presentation 4	<b>5%</b>
Seminar Nine:	March 7, 2012 Circle check in	<b>5%</b>
Seminar Ten:	March 14, 2012 Presentation 5	<b>5%</b>
Seminar Eleven:	March 21, 2012 Presentation 6	<b>5%</b>
Seminar Twelve:	March 28, 2012 Presentation 7	<b>5%</b>
Seminar Thirteen:	April 4, 2012 Presentation 8	<b>5%</b>
Seminar Fourteen:	April 11, 2012 End of year celebration	<b>5%</b>

## **Basis of Student Assessment:**

**Respectful Participation: 70%**

**Students Presentations: 30%**

In groups of two, student will lead class in an exercise, discussion, workshop or field trip focusing on a topic of their choice. You will meet and discuss presentations with instructor and plan to facilitate a class. You are encouraged to be creative and to take risks while being safe and respectful. Our classes are only one hour in length so students must tailor presentations within a one-hour time frame or have consensus within the class to extend class time. I am sure that you will all have some great ideas, but please discuss them with the instructor before finalizing your presentation.

### **6. Competency Based Grading System:**

<b>COM</b>	The student has met the goals, criteria, or competencies established for this course.
<b>DST</b>	The student has met and exceeded, above and beyond expectations, the goals, criteria, or competencies established for this course.
<b>NC</b>	The student has not met the goals, criteria or competencies established for this course.

**“Peace is not external or to be sought after or attained. Living mindfully, slowing down and enjoying each step and each breath, is enough”**

Arnold Kotler

### **Recommended Materials or Services to Assist Students to Succeed Throughout the Course:**

Aboriginal Education & Community Connections, located in Ewing 272, is a valuable resource for you. If you are having difficulty with course content, registration, course selection, funding issues or anything that would get in the way of you being successful in this program, there Aboriginal Advisors support

people there for you to talk with. To make an appointment, please stop by the office or call 370-3299.

## **LEARNING SUPPORT AND SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Registrar's Office or the College web site at <http://www.camosun.bc.ca>

## **ACADEMIC CONDUCT POLICY**

There is an Academic Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

[www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html](http://www.camosun.bc.ca/divisions/pres/policy/2-education/2-5.html)