

CAMOSUN COLLEGE INDIGENOUS FAMILY SUPPORT PROGRAM WINTERS 2012

COURSE TITLE: IFS 141 INTRODUCTION TO PRACTICE



INSTRUCTORS: Sandee Mitchell, Michelle Mundy, Robert Wells

CLASS TIME: Tuesday 9:30-12:20

LOCATION: Saanich Adult Education Centre (SAEC)

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COURSE DESCRIPTION:

This course builds on the knowledge and skills learned in IFS 140 (Introduction to Practice), through a combination of classroom and practical experiences. Students will further develop knowledge and strategies for effective work with families and interdisciplinary teams. Lifelong learning and its relationship to personal and professional development is explored.

Course Learning Outcomes: Upon completion of this course, students will be able to:

1. Reflect an understanding and awareness of the **importance of walking in balance**, both personally and professionally, in order to promote positive change for indigenous individuals, families and communities.
2. Utilize an **understanding of historical and cultural realities** of indigenous peoples to promote the overall well-being and facilitate positive change for individuals, families and communities.
3. **Communicate effectively in oral, written and non-verbal forms** in ways that enhance the quality of intra-cultural and cross-cultural services.
4. **Apply knowledge** in a thoughtful way to develop effective approaches for supporting and guiding individuals, families and communities towards positive outcomes.
5. **Work effectively as part of a team** to identify access and utilize appropriate resources to meet the needs of individuals, families and communities.
6. Use **positive, strengths-based supports** for assisting individuals within diverse learning environments.

TEXT:

- ◇ Corey & Corey 2007 Becoming a helper Fifth edition
- ◇ Additional readings will be distributed in class.

INSTRUCTION METHODS:

- ◇ Case studies, small group work, audio-visual presentations, lecture, readings, guest presentations, simulations and individual student presentations.

LEARNING RESOURCES:

- ◇ There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Registrar's Office or the College web site at <http://www.camosun.bc.ca>

GENERAL CONSIDERATIONS:

- ◇ This course emphasizes experiential learning. Students are expected to attend all classes and to complete all required readings in preparation for the class.
- ◇ Participation is required and expected in all class discussions and activities. (E.g. Active listening, posing questions, supporting fellow students).
- ◇ **Cell phones are to be turned off.**
- ◇ Please respect others by listening and attending to fellow students, guests and the instructor.
- ◇ Students must arrange for an extension of an assignment **BEFORE** the due date.

RECORDING DEVICES:

- ◇ Students may not use recording devices in the classroom without the prior permission of the instructor. However, the instructor's permission is not required when the use of a recording device is sanctioned by the College's Resource Centre for Students with Disabilities in order to accommodate a student's disability and when the instructor has been provided with an instructor notification letter which specifies the use of a recording device. Recordings made in the classroom are for the student's personal use only, and distribution of recorded material is prohibited.

ASSIGNMENTS AND EVALUATION OF LEARNING:

1 Practicum placement	60%
2 Take Home Exam	25%
3 Resume, and covering letter, and practicum interview:	15%

LETTER GRADES:

Camosun College has a nine point grading system. The percentage breakdown is as follows:

<i>Percentage</i>	<i>Grade</i>	
90-100	A+	
85-89	A	
80-84	A-	
77-79	B+	
73-76	B	
70-72	B-	
65-69	C+	
60-64	C	
50-59	D	Minimum level of achievement for which credit is granted; a course with a "D" grade cannot be used as a prerequisite.
0-49	F	Minimum level has not been achieved.

		Topics	Readings and suggested resources.
1	1.10	Orientation Housekeeping , How and why of assignments, ✓ Are the Helping Professions for You?	Text Book : Chapter 1 ✓ Hand-out, Behaviourism:
2	1.17	✓ Knowing Your Values ✓ Behaviourism:	Text Book : Chapter 2
3	1.24	Introduction to professional ethics	Text Book : Chapter 3 ✓ Hand-out, Ethical Standards of human Service Professionals
4	1.31	Issues: Review of Ethical standards and what they mean. Ethical and Legal Issues Facing Helpers	Text Book: Chapter 8 Hand-out, 4 reasons for misbehaving:
5	2.7	Confidentiality : Limits ethical and legal	✓ Hand-out Ethical decision making the model
6	2.14	Self awareness; ✓ Transference/ counter transference Dependence ✓ Managing boundaries /Multiple relationships	Text Book: Chapter 9
7	2.21	Understanding Diversity	Text Book : Chapter 7
8	2.28	Stress, Burnout, and Self-Care	Text Book: Chapter 11
9	3.6	Suicide:	Guest speaker Geri Ambers
10	3.13	Working with Groups	Text Book: Chapter 12
11	3.20	Working in the Community	Text Book: Chapter 13
12	3.27	Interventions: approaches to helping in the Indigenous community	Integration
13	3.3	Integration Day	Take home test given.
14	3.10	Final celebration and potluck	Take home test, Final reports due.

Note: Subject to change based on the availability of resources or learning needs of students.

ELABORATION OF ASSIGNMENTS:

1. Practicum placement. 60%

The student will:

- Attend all practicum sessions in the field and all classroom seminars unless they have a legitimate medical reason for not attending. All absences need to be discussed with the college instructor and or the site supervisor.
- Demonstrates a satisfactory level of understanding and performance of duties.
- Demonstrates a positive and consistent use of Indigenous family support knowledge, values, principles, and during the practicum.
- Demonstrates an ability to function effectively with more than one type of client system (individual, family, group, community or organization).
- Demonstrates satisfactory professional judgment and increasing levels of independence.
- Demonstrates an open, outreaching approach to learning, self-awareness and to professional growth.

1. Take home exam. 25%

2. Professional Documentation: 15%

- Develop a professional resume
- Write a covering letter
- Attend an interview for next practicum

