



IFS 118 Fall 2019

ICP Circle and Elder's Teaching

ICP (Indigenous College Prep)

COURSE OUTLINE

This course consists of weekly circle-based discussions and debriefing sessions for program students, staff and faculty in the fall session of the ICP/IHSCAP Program. On regular occasions, Indigenous elders and knowledge keepers will join the circle to share their wisdom and oral traditions.

◆ *Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

1. Instructor Information

Instructor: Wendy McDonald
Class Location and Time: IFS Classroom at SAEC (first floor), Thursday 12:30 – 2:00
Office Location: W SÁNEĆ Adult Center-Second Floor
Office Hours: By appointment
Phone: 250-544-2192
Email: mcdonald@camosun.bc.ca

2. Intended Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Respect the circle process as a critical component of the ICP program.
 2. Participate regularly in circle discussions while expanding their interpersonal skills.
 3. Provide contributions to circle discussions in a manner that contributes to the learning and development of all those involved and encourage each other to take charge of their own development, to release their potential and to achieve what they value.
3. Engage with Elders, knowledge Keepers and larger SAEC staff and student body.

4. Required Materials

Handouts will be provided throughout the semester. **Also, November 14, 2019 \$100 will be needed to supplement the Drum Making workshop.**

5. Course Content and Schedule

Schedule may change based on availability of resources and potential guests

Sept 06	Course overview and Camfest At Interurban	5% Session 1
Sept 12	ICP Student Circle Orientation Go over the course outline and talk about how things are going so far. Have forms been filled out. . .opt out and FOI forms Introductions and Circle Guidelines agreed upon as a group: <ul style="list-style-type: none"> • Everything shared in Circle is confidential • Actively listen to others when they are speaking • Be mindful of the impact of your words on others. • Be mindful of your non-verbal communication Avoid cross-talk • Avoid providing advice, unless it is asked for • Monitor the amount of time you share • If you need to leave the circle, please do your best to do so between speakers (not exciting through the middle of the circle and ony) • Please exit circle on the outside of the circle • While you are encouraged to take risks and share, you always have the option of passing if you are feeling “stuck” on certain topics/days • Think about what do you need to feel safe to share and what is “okay” to share? • Remember to take this time for yourself – to get as much as you can out of the whole program. Have Fun. . . 	5% Session 2 May Sam is our guest today
Sept 19	Check in to. . . Reminder of the Student Welcome at Songhees Wellness Center 5:30-8:30 pm Songhees Wellness Centre 110 Admirals Road	5% Session 3
Sept 26	Mini Drum making at Interurban We need transportation!	5% Session 4
Oct 03	Check in – Elder visit Discussion about bringing in a quote or poem for the assignment DUE for next week.	5% Session 5
Oct 10	Check in! Indigenous Advisor from Lansdowne will join us today to share some wisdom about moving forward from Community to other programs at the college. Come prepared to ask some questions!!	5% Session 6
Oct 17	Elders reflections, Check in and bring in prepared to share a quote, or poem that speaks to you about how you want to walk in this world and how you want to walk with others. Share it with the class.	5% Session 7
Oct 25 Changed to Friday	We will move our Circle class to Lansdowne so that we can attend the Pit Cook in lieu of the Thursday's Circle (IST guests) START Time is 9:00 am Wilna Thomas cultural center will be booked for a circle with IST students	5% Session 8

OCT 31	Elders reflections and check in Halloween Dress. up if you like!	5% Session 9
Nov 07	Check in! Crafternoons at Interurban – mini Moccasins Time is 1:30-4:00 We could go there for Lunch	5% Session 10
Nov 14	Check in! Drum making all day (Circle will be combined with the LRNS 103 class time)	5% Session 11
Nov 21	Check In and Elders reflections	5% Session 12
Nov 28	Check In and Elders reflections	5% Session 13
Dec 05	Check in and Wrap up Circle	5% Session 14

6. Basis of Student Assessment (Weighting)

Respectful & Professional Participation in Circle: 70%

1. You will be expected to conduct yourself in a respectful and professional manner at all times. Attendance is a critical part of learning and a very important part of this course.
2. Participation includes asking questions, taking risks and actively participating in class discussions and group work.
3. Active Listening is an essential skill. You must be able to hear what people are saying so that you can gain their trust and respond to them in a respectful and appropriate manner.
4. Respect and professionalism includes being on time for class; letting the instructor know when you are unable to attend class; making arrangements with the instructor for extensions on assignments; looking for clarification when you are not understanding something and generally communicating in a respectful way when you are having difficulty.

Individual Meeting: 5%

To best support all students within this program, you are asked to sign up for an individual meeting to meet with me to discuss:

- Your initial thoughts about your educational journey
- Any questions or concerns (personal and/or academic)
- Interest in “destination program” Where do you go from here?

A sign-up sheet will be available in Wendy’s office for you to sign up.

Quote, or poem: October 18: 5%

Bring a piece of writing that inspires you or motivates you, a quote or a poem to class that speaks to how you want to walk in the world and how you want to walk with others in this world. Come to class prepared to share this with the class, and why you chose this.

Self-Care Plan: November 22: 20%

You will write a 2-3 page, double-spaced, paper outlining a personal self-care plan. You are encouraged to explore and include Indigenous approaches to Self-Care. This paper will:

- explain why you have decided to come back to school at this time.
- outline specific daily/weekly practices that you plan to incorporate your life as a student using ideas from all of the courses you are taking in the program, BEST LRNS, and IST.
- speak to potential barriers to achieving your goals and where you may ask your support group for help.
- explore strategies to ensure that you maintain your self-care plan.

A minimum of 75% must be reached to pass this course.

Recommended Materials or Services to Assist Students to Succeed Throughout the Course:

Aboriginal Education & Community Connections, located in Ewing 272, is a valuable resource for you. If you are having difficulty with course content, registration, course selection, funding issues or anything that would get in the way of you being successful in this program, there are Aboriginal Advisors support people there for you to talk with.

To make an appointment, please stop by the office or call 370-3299.

7. Grading System

Competency Based Grading System

1. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

8. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

**LEARNING SUPPORT
SERVICES FOR STUDENTS
STUDENT CONDUCT POLICY**