



CAMOSUN COLLEGE

School of Health and Human Services (HHS)

Department: Continuing Care



PNUR 137 Health Promotion 3

Fall 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/pnur.html#pnur137>

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- | | | |
|------------------|---|----------------|
| (a) Instructor | Ashley Carr | |
| (b) Office hours | By appointment | |
| (c) Location | Online | |
| (d) Phone | 250-370-4674 | Alternative: - |
| (e) E-mail | CarrA@camosun.bc.ca | |
| (f) Website | http://camosun.ca/learn/programs/practical-nursing/ | |

2. Course Description & Intended Learning Outcomes

This course is focused on health promotion as it relates to the continuum of care across the lifespan. Health promotion in the context of mental illness, physical and developmental disabilities and maternal /child health is highlighted. Normal growth and development from conception to middle adulthood is addressed.

Upon successful completion of this course a student will be able to:

- a) identify normal patterns of growth and development from conception to middle adulthood.
- b) provide examples of public health services available to pregnant women in the community.
- c) describe health promoting strategies for the postpartum client and newborn.
- d) provide examples of mental health/illness services available to clients in the community.
- e) describe how culture may impact utilization of mental health resources.
- f) compare the level of mental health services from urban to rural areas.
- g) explore examples of harm reduction activities.
- h) discuss disparities in the delivery of community health services in BC.
- i) identify and describe health promotion activities for clients living with mental illness and those living with disabilities.
- j) give examples of teaching and learning strategies for care in the community.
- k) discuss the impact of immunization in health promotion.

3. Required Materials

- **Canadian Fundamentals of Nursing**, 6th Edition (2019) by Potter & Perry. Elsevier Canada
- **Introduction to Maternity & Pediatric Nursing in Canada** (2020) by Leifer. Elsevier: Saunders
- **Introductory Mental Health Nursing**, 4th Edition, (2019) by Womble. Wolters Kluwer

4. Course Content and Schedule

| CLASS # | TOPICS |
|---------|--|
| 1 | Introduction to Health Promotion 3; Health Promotion for Children Living with Mental Illness |
| 2 | Health Promotion for Young Adults Living with Mental Illness |
| 3 | Substance Misuse and Health Promotion |
| 4 | Families Experiencing Violence |
| 5 & 6 | Normal Growth and Development (Conception to Newborn) |
| 8 | Normal Growth and Development (Infant) |
| | Midterm Exam |
| 9 | Normal Growth and Development (1-5 years) |
| 10 | Normal Growth and Development (6-12 years) |
| 11 | Normal Growth and Development (12-19 years) |
| 12 | Normal Growth and Development (Young to Middle Adult) |
| 13 | Sexuality and STIs |
| 14 | Health Promotion for Children to Adolescents Living with Chronic Illness |
| 15 | Health Promotion for Individuals with Physical or Developmental Disabilities |
| 16 | Health Promotion for Individuals with Physical or Developmental Disabilities |
| 17 | Self-directed Community Field Experience (lieu time) |
| 19 | Final Exam |

5. Basis of Student Assessment (Weighting)

| Assignment | Percentage |
|---|------------|
| Community Group Field Experience Assignment | 35% |
| Midterm Exam | 30% |
| Final Exam | 35% |

Students must achieve a minimum of 65% to pass PNUR 137

TEST AND EXAMINATION PROCEDURES

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Handbook item 5.4 for Test and Examination Procedures at <http://camosun.ca/learn/school/health-human-services/student-info/index.html>

WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, font meeting APA 7th edition guidelines, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

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8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services/>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

| Percentage | Grade | Description | Grade Point Equivalency |
|------------|-------|--------------------------------------|-------------------------|
| 90-100 | A+ | | 9 |
| 85-89 | A | | 8 |
| 80-84 | A- | | 7 |
| 77-79 | B+ | | 6 |
| 73-76 | B | | 5 |
| 70-72 | B- | | 4 |
| 65-69 | C+ | | 3 |
| 60-64 | C | | 2 |
| 50-59 | D | | 1 |
| 0-49 | F | Minimum level has not been achieved. | 0 |

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

| Grade | Description |
|-------|---|
| COM | The student has met the goals, criteria, or competencies established for this course practicum or field placement. |
| DST | The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement. |
| NC | The student has not met the goals, criteria or competencies established for this course, practicum or field placement. |

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4> for information on conversion to final grades, and for additional information on student record and transcript notations.

| Temporary Grade | Description |
|-----------------|--|
| I | <i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family. |
| IP | <i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course. |