

PNUR 116 Variations in Health 1
Fall 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/pnur.html#pnur116>

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) **Instructor** Mercedes Schmidt
- (b) **Office hours** By Appointment
- (c) **Location** Online
- (d) **Phone** 250 370-4675
- (e) **E-mail** SchmidtM@camosun.ca
- (f) **Website** <http://camosun.ca/learn/programs/practical-nursing/>

2. Intended Learning Outcomes

This course provides learners with the foundations of disease and illness across the lifespan. Learners will gain an understanding of pathophysiological alterations of body systems and nursing management of disease and illness. Cultural diversity in healing practices will be explored as well as the incorporation of evidenced informed practice.

Upon successful completion of this course a student will be able to:

- a) describe pathophysiology as it relates to common presentations of illness.
- b) give examples of cellular alterations.
- c) describe the inflammatory and reparative processes.

- d) explain physical and psychosocial stressors.
- e) explain the following terms contributing to alterations in body function: inflammation, infection,
- f) obstruction/occlusion, genetics, congenital, cancer, traumatic injury, degeneration.
- g) explain compensatory and decompensatory mechanisms.
- h) describe chronic versus acute illness in the context of disease (health continuum and disease versus illness).
- i) identify the nursing management of disease and illness for body systems across the lifespan.
- j) identify holistic and traditional healing practices associated with common illness.
- k) define the influence of culture in health and healing.
- l) identify appropriate evidence informed research and practice resources.

3. Required Materials

- Canadian Fundamentals of Nursing, 6th Edition (2019) by Potter, Perry, Stockert & Hall. Elsevier Canada
- Medical-Surgical Nursing in Canada, 4th Canadian Edition (2019) by Lewis et al. Elsevier Canada
- Davis's Canadian Drug Guide for Nurses, 17th Edition (2020). Vallerand & Sanoski. F. A. Davis
- Additional course readings may be provided by the instructor at the onset of the course.

4. Course Content and Schedule

Please see Semester Calendar for specific dates

Class 1	Introduction to Pathophysiology and Disease Introduction to Disruptions of Homeostasis
Class 2	Physical and Psycho-Social Stressors
Class 3	Traditional, Complementary and Alternative Therapies
Class 4	Gastrointestinal & Genitourinary Systems
Class 5	Exam #1 Diagnostic & Laboratory Tests
Class 6	Cardiovascular System
Class 7	Respiratory System
Class 8	Musculoskeletal System
Class 9	Exam # 2 Integumentary System
Class 10	Nervous System
Class 11	Evidence Informed Research and Practice Resources: Group Presentations
Class 12	Exam #3: Comprehensive Final

5. Basis of Student Assessment (Weighting)

Exam #1 (25%)	Includes content from Classes 1 - 4 , inclusive
Exam #2 (25%)	Includes content from classes 5 – 8, inclusive
Exam #3 (35%)	Includes content from entire course with an emphasis on classes 9 -11 Group Presentations (15%) Selective topic based on Evidence Informed Research and Practice Resources

Students must achieve a minimum of 65% to pass Variations in Health 1

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+	Minimum grade required for this course.	3
60-64	C		2
50-59	D		1
0-49	F		0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
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COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.