

PNUR 126 Variations in Health 2
Winter 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/pnur.html#pnur126>

Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) **Instructor** Mercedes Schmidt & Ros Giles-Pereira
(b) **Office hours** By appointment
(c) **Location** CHW 317 & CHW 318
(d) **Phone** (250) 370-4675, (250) 370-4767
(e) **E-mail** SchmidtM@camosun.ca & Pereira@camosun.bc.ca
(f) **Website** www.camosun.ca

2. Intended Learning Outcomes

This course focuses on pathophysiology as it relates to the aging process and selected chronic illnesses. The main focus is on the care of older adults experiencing a health challenge. Cultural diversity in healing practices are explored as well as evidence informed research and practice.

Upon successful completion of this course a student will be able to:

- a) explain the pathophysiology of common chronic illness related to the aging process.
- b) describe the nursing management of illness associated with aging
- c) identify altered presentations of illnesses in older adult clients.
- d) identify common mental health challenges and mental illness experienced by older adults (e.g., differences between normal aging and symptoms of a mental illness in older adults).
- e) give examples of diversity in traditional healing practices in management of chronic illness.
- f) describe how evidence informed practice impacts nursing care of older adults.
- g) identify holistic healing practices associated with chronic illness.
- h) explain the influence of culture and cultural competency in health and healing.

3. Required Materials

- Gerontological Nursing. 9th Edition (2018) by Eliopoulos, C.

- Medical-Surgical Nursing in Canada, 4th Canadian Edition (2019) by Lewis, Bucher, et.al. Elsevier.
- Canadian Fundamentals of Nursing, 6^h Edition (2019) by Potter & Perry. Elsevier Canada
- Davis's Canadian Drug Guide for Nurses, 16th Edition (2019). Vallerand, A.H. & Sanoski, C.A. F.A. Davis
- Pharmacology for Nurses: A Pathophysiological Approach, 2nd Canadian Edition (2018) by Adams, Urban, El-Husseini et al. Pearson: Prentice Hall

4. Course Content and Schedule

CLASS #	TOPIC
1	Introduction to Course & Pain Management
2	Neurological System
3	Delirium, Dementia & Depression
4	Endocrine System
5	Exam #1 (content from classes 1-4); Integumentary System
6	Cardiovascular System
7	Respiratory System
8	Gastrointestinal Systems
9	Exam # 2 (content from classes 5-8): Genitourinary System
10	Musculoskeletal System
11	Sensory & Hematological Challenges
12	Immune System & Cancer
13	Multi-Morbidity/Course Review
14	Final Exam

5. Basis of Student Assessment (Weighting)

EVALUATION CRITERIA

Exam #1	25%	Includes content from classes 1-4, inclusive
Exam #2	25%	Includes content from classes 5-8, inclusive
Exam #3	40%	Includes content from entire course with an emphasis on classes 9 - 14, inclusive
Care Plan Assignment	10%	Selective topic based on Evidence Informed Research and Practice Resources

All evaluation criteria must be completed and students must achieve a minimum of 65% (cumulative) in exams to pass Variations in Health 2.

TEST AND EXAMINATION PROCEDURES

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual for Test and Examination Procedures at http://camosun.ca/learn/school/health-humanservices/documents/2017HHSSStudentHandbookSEPTEMBER2017_2.pdf

WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

Camosun Library: <http://camosun.ca/libguides.com/apa>

Learning Skills: <http://camosun.ca/services/writing-centre/learning-skills.html>

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.

NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.
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B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.