



CAMOSUN COLLEGE
School of Health and Human Services (HHS)
Department: Continuing Care

PNUR 136 Variations in Health 3
Summer 2019

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/pnur.html#pnur136>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) **Instructor** Meredith Witoski
- (b) **Office hours** By appointment
- (c) **Location** WT210
- (d) **Phone** 250 370-3240 **Alternative:** [Click or tap here to enter text.](#)
- (e) **E-mail** WitoskiM@camosun.bc.ca
- (f) **Website** NA

2. Course Description & Intended Learning Outcomes

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation, and supportive services in the community will be explored.

Upon successful completion of this course a student will be able to:

- a) describe the use of the DSM V in classification of mental illness.
- b) explain several models of psychosocial rehabilitation and recovery.
- c) describe physiologic alterations expected in the post partum client.
- d) describe the pathophysiology and nursing management of selected childhood illnesses and disabilities.
- e) describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan.
- f) explain how cultural diversity impacts health and healing.
- g) describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings.
- h) discuss the stigma associated with living with mental illness or physical and/or developmental disability.

- i) describe the continuity of care for clients experiencing addiction/s and or concurrent disorders.

3. Required Materials

- **Canadian Fundamentals of Nursing**, 6th Edition (2019) by Potter, Perry, Stockert & Hall. Elsevier Canada
- **Introduction to Maternity & Pediatric Nursing**, 8th Edition (2019) by Leifer, Elsevier: Saunders
- **Maternal Child Health Workbook** (Camosun College)
- **Introductory Mental Health Nursing**, 3rd Edition (2015) by Donna M. Womble, Wolters:Kluwer
- **Medical-Surgical Nursing in Canada**, 4rd Canadian Edition (2019) by Lewis, Bucher, Heitkemper, Harding, Barry, Lok, Tyerman & Goldsworthy. Elsevier Canada
- **Pharmacology for Nurses: A Pathophysiological Approach**, 2nd Canadian Edition (2018) by Adams, Urban et al. Pearson: Prentice Hall
- **Davis's Canadian Drug Guide for Nurses**, 16th Edition (2019). F. A. Davis

4. Course Content and Schedule

<u>CLASS</u>	<u>TOPIC</u>
1	Intro to Course; Intro to Mental Health; Mood Disorders
2	Anxiety Disorders
3	Eating Disorders: Anorexia Nervosa, Bulimia, Binge Eating
4	Substance Related Disorders
5	Psychotic Disorders, Schizophrenia, Suicide
6	Exam #1 (Classes 1-5)
7	Intro to Maternal Child Health: Pathophysiology of Pregnancy, Labour & Delivery
8	Placenta Previa, Placental Abruption, Postpartum Hemorrhage
9	Gestational Diabetes, Gestational Hypertension, Blood Incompatibility
10	Post Partum Blues, Depression & Psychosis
11	High Risk Pregnancy & Neonate
12	Exam # 2 (Classes 7-11)
13	Childhood Related Disorders: Meningitis, Epilepsy, Head Injury
14	Down Syndrome, Fetal Alcohol Syndrome (FAS), Autistic Disorders
15	Childhood Respiratory System Disorders
16	Childhood Cardiovascular System Defects and Diseases
17	Childhood Communicable Diseases
18	Exam #3 (Comprehensive with emphasis on classes 13-17)

5. Basis of Student Assessment (Weighting)

Assignment	Percentage	Details
Exam #1	25%	content covered in classes 1-5
Exam #2	25%	content covered in classes 7-11
Exam #3	50%	A comprehensive exam with 60% of the content on classes classes 13-17

6. Grading System

Standard Grading System (GPA)

7. Recommended Materials to Assist Students to Succeed Throughout the Course

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8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services/>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1

0-49	F	Minimum level has not been achieved.	0
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2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.