

	<p style="text-align: center;"><b>School of Health &amp; Human Services</b></p> <p style="text-align: center;"><b>Continuing Care Department</b> Practical Nursing Program</p> <p style="text-align: center;">Fall 2017</p> <p style="text-align: center;"><b>PNUR 147 Health Promotion 4 (24 hours)</b></p>
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### COURSE OUTLINE

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

#### Course Description:

This course focuses on health promotion for the client experiencing an acute exacerbation of chronic illness or an acute episode of illness. Relevant health promoting strategies during hospitalization may improve or help maintain their health status after discharge. Learners will focus on preparing clients for discharge, through teaching and learning of health promotion strategies.

Pre-requisites: Successful completion of Level 3 Theory Courses and Consolidated Practice Experience 3.

Co-requisites: Professional Practice 4; Integrated Nursing Practice 4; Professional Communication 4; Variations in Health 4.

#### Instructor Information:

(a)	Instructor:	Mercedes Schmidt
(b)	Office Hours:	By Appointment
(c)	Location:	WT210
(d)	Phone:	(250) 370-3112
(e)	Email:	SchmidtM@camosun.ca

#### Intended Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Formulate teaching strategies to manage or improve client health.

2. Discuss health promotion approaches in acute care settings and in relation to discharge planning.
3. Explain utilization of screening tools for early detection of illness.
4. Identify and explain which immunizations are important for clients experiencing acute illness
5. Identify culturally sensitive and appropriate health promotion materials.
6. Explain the continuum of care.
7. Explain the discharge planning process.
8. Examine and explore appropriate teaching and learning strategies to prepare clients for discharge.
9. Explain harm reduction strategies for acute care clients at risk.

### **Required Materials:**

- **Canadian Fundamentals of Nursing**, 5<sup>th</sup> Edition (2014) by Potter & Perry. Elsevier Canada
- **Medical-Surgical Nursing in Canada**, 3<sup>rd</sup> Canadian Edition (2014) by Barry, Goldsworthy & Goodridge. Elsevier Canada
- Additional course readings may be provided by the instructor at the onset of the course.

### **Course Content and Schedule:**

*Please see Semester Calendar for specific dates*

<u><b>CLASS #</b></u>	<u><b>TOPIC</b></u>
1	Course Introduction
2	Client Experiencing Acute Illness or Acute Exacerbation of a Chronic Disease
3 & 4	Continuum of Care from Preadmission, Discharge Planning to Community, End of Life
5	Teaching and Learning: Early Detection of Illness through Screening
6	Teaching and Learning: Clients with Complex Learning Needs
7	Harm Reduction
8, 9, 10	Poster Presentations
11	Teaching and Learning case studies; Course Content Review
12	Final Exam

**Evaluation Criteria:**

Assignment	Percentage	Details
Acute Care Health Promotion Paper	30%	<ul style="list-style-type: none"> <li>Formal written paper based on a client in a provided case study</li> <li>Gordon's Functional Health Patterns used as an assessment framework</li> <li>See rubric for further details</li> </ul>
Poster Presentation	30%	<ul style="list-style-type: none"> <li>In-class poster presentation</li> <li>Teaching/Learning plan based on the case study from the Acute Care Health Promotion Paper</li> </ul>
In class Participation	10%	<ul style="list-style-type: none"> <li>In class activities, determined by instructor.</li> </ul>
Final Exam	30%	<ul style="list-style-type: none"> <li>Comprehensive – covers content from entire course</li> </ul>

**Students must achieve a minimum of 65% to pass Health Promotion 4**

**Grading System**

*Additional information regarding grading policies at Camosun College can be found at <http://www.camosun.bc.ca/policies/policies.php>*

**Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

**LEARNING SUPPORT AND SERVICES FOR STUDENTS**

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at

<http://www.camosun.bc.ca>

**STUDENT CONDUCT POLICY**

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>