



School of Health & Human Services

**Continuing Care Department
Practical Nursing Program**

Summer 2018

PNUR 137 Health Promotion 3

COURSE OUTLINE

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

Course Description:

This course is focused on health promotion as it relates to the continuum of care across the lifespan. Health promotion in the context of mental illness, physical and developmental disabilities, and Maternal /Child health is highlighted. Normal growth and development from conception to middle adulthood is addressed.

Pre-requisites: Successful completion of Level 2 Theory Courses and Consolidated Practice Experience 2.

Co-requisites: Variations in Health 3; Integrated Nursing Practice 3; Professional Practice 3; Professional Communication 3.

Instructor Information:

(a)	Instructor:	Suzanne Knipfel
(b)	Office Hours:	By appointment
(c)	Location:	Wilna Thomas
(d)	Phone:	250-370-3241
(e)	Email:	Knipfels@camosun.bc.ca

LEARNING OUTCOMES

Upon successful completion of this course, the learner will be able to:

1. Identify normal patterns of growth and development from conception to middle adulthood.
2. Provide examples of public health services available to pregnant women in the community.

3. Describe health promoting strategies for the postpartum client and newborn.
4. Provide examples of mental health/illness services available to clients in the community.
5. Describe how culture may impact utilization of mental health resources.
6. Compare the level of mental health services from urban to rural areas.
7. Explore examples of harm reduction activities.
8. Discuss disparities in the delivery of community health services in BC.
9. Identify and describe health promotion activities for clients living with mental illness and those living with disabilities.
10. Give examples of teaching and learning strategies for care in the community.
11. Discuss the impact of immunization in health promotion.

Required Materials:

- **Canadian Fundamentals of Nursing**, 5th Edition (2014) by Potter & Perry. Elsevier Canada
- **Introductory Mental Health Nursing**, 3rd Edition (2015) by Donna M. Womble, Wolters:Kluwer
- **Introduction to Maternity & Pediatric Nursing**, 7th Edition (2015) by Leifer, Elsevier: Saunders
- Additional course readings may be provided by the instructor at the onset of the course.

Course Content and Schedule:

Please see Semester Calendar for specific dates

CLASS #	TOPICS
1	Introduction to Health Promotion 3
2 & 3	Health Promotion for Children to Young Adults Living with Mental Illness
4	Substance Misuse and Health Promotion
5	Families Experiencing Violence
6 & 7	Normal Growth and Development (Conception to Newborn)
8	Self-directed Community Field Experience
9	Midterm Exam
10	Normal Growth and Development (Infant)
11	Normal Growth and Development (1-5 years)
12	Normal Growth and Development (6-12 years)
13	Normal Growth and Development (12-19 years)
14	Sexuality and STIs
15	Normal Growth and Development (Young to Middle Adult)

16	Health Promotion for Children to Adolescents Living with Chronic Illness
17	Health Promotion for Children with Physical or Developmental Disabilities
18	Review of Course Content
19	Final Exam

Evaluation Criteria

Assignment	Percentage
Community Group Field Experience Assignment	35%
Midterm Exam	30%
Final Exam	35%

Students must achieve a minimum of 65% to pass Health Promotion 3.

GRADING SYSTEM

Additional information regarding grading policies at Camosun College can be found at <http://www.camosun.bc.ca/policies/policies.php>

Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy section at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

TEST AND EXAMINATION PROCEDURES

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual for Test and Examination Procedures at http://camosun.ca/learn/school/health-human-services/documents/2017HHSStudentHandbookSEPTEMBER2017_2.pdf

WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.