

	<p style="text-align: center;"><b>School of Health &amp; Human Services</b></p> <p style="text-align: center;"><b>Continuing Care Department</b></p> <p style="text-align: center;">Practical Nursing Program</p> <p style="text-align: center;">Winter 2018</p> <p style="text-align: center;"><b>PNUR 126 Variations in Health 2</b></p>
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## COURSE OUTLINE

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

### COURSE DESCRIPTION

This course focuses on pathophysiology as it relates to the ageing process and selected chronic illnesses. The main focus is on the care of older adults experiencing a health challenge. Cultural diversity in healing practices will be explored as well as evidence informed research and practice.

**PRE-REQUISITES:** Successful completion of Level 1 courses and Consolidated Practice Experience 1.

**CO-REQUISITES:** Professional Communication 2; Integrated Nursing Practice 2; Professional Practice 3; Health Promotion 2; Pharmacology 2.

### INSTRUCTOR INFORMATION:

(a)	<b>Instructor(s):</b>	Ros Giles-Pereira
(b)	<b>Office Hours:</b>	Open door & by appointment
(c)	<b>Location:</b>	WT 210
(d)	<b>Phone:</b>	250-370-3483
(e)	<b>Email:</b>	<a href="mailto:pereira@camosun.bc.ca">pereira@camosun.bc.ca</a> or through D2L

## LEARNING OUTCOMES

Upon successful completion of this course, the learner will be able to:

1. Explain the pathophysiology of common chronic illness related to the ageing process.
2. Describe the \*nursing management of illness associated with ageing.
3. Identify altered presentations of illnesses in older adult clients.
4. Identify common mental health challenges and mental illness experienced by older adults (e.g. differences between normal ageing and symptoms of a mental illness in older adults).
5. Give examples of diversity in traditional healing practices in management of chronic illness.
6. Describe how evidence informed practice impacts nursing care of older adults.

\*nursing management refers to assessment, determining appropriate nursing diagnoses, planning, implementing and evaluating the effectiveness of nursing actions\*

## REQUIRED RESOURCES

- **Gerontological Nursing**. 9<sup>th</sup> Edition (2018) by Eliopoulos. Lippincott Williams & Wilkins
- **Medical-Surgical Nursing in Canada**, 3<sup>rd</sup> Canadian Edition (2014) by Barry, Goldsworthy & Goodridge. Elsevier Canada
- **Canadian Fundamentals of Nursing**, 5<sup>th</sup> Edition (2014) by Potter & Perry. Elsevier Canada
- **Davis's Canadian Drug Guide for Nurses**, 15<sup>th</sup> Edition (2017). F. A. Davis
- **Pharmacology for Nurses: A Pathophysiological Approach**, 2<sup>nd</sup> Canadian Edition (2018) by Adams, Urban, El-Hussein et al. Pearson: Prentice Hall

## COURSE CONTENT AND SCHEDULE:

<u>CLASS #</u>	<u>TOPIC</u>
1	Introduction to Course & Pain Management
2	Neurological System
3	Delirium, Dementia & Depression
4	Endocrine System
5	Exam #1 (content from classes 1-4); Integumentary System
6	Cardiovascular System
7	Respiratory System
8	Gastrointestinal Systems
9	Exam # 2 (content from classes 5-8): Genitourinary System

10	Musculoskeletal System
11	Sensory & Hematological Challenges
12	Immune System & Cancer
13	Multi-Morbidity/Course Review
14	Final Exam

#### EVALUATION CRITERIA

Exam #1	25%	Includes content from classes 1-4, inclusive
Exam #2	25%	Includes content from classes 5-8, inclusive
Exam #3	40%	Includes content from entire course with an emphasis on Units 9 - 14, inclusive
Care Plan Assignment	10%	Selective topic based on Evidence Informed Research and Practice Resources

**All evaluation criteria must be completed and students must achieve a minimum of 65% (cumulative) in exams to pass Variations in Health 2.**

## GRADING SYSTEM

Additional information regarding grading policies at Camosun College can be found at <http://www.camosun.bc.ca/policies/policies.php>

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy section at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

### TEST AND EXAMINATION PROCEDURES

There are policies regarding written test and examination procedures including late arrivals and missed tests. Please see the Health and Human Services Student Manual for Test and Examination Procedures at [http://camosun.ca/learn/school/health-human-services/documents/2017HHSStudentHandbookSEPTEMBER2017\\_2.pdf](http://camosun.ca/learn/school/health-human-services/documents/2017HHSStudentHandbookSEPTEMBER2017_2.pdf)

### WRITTEN ASSIGNMENTS

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, 12 font, Times New Roman font, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.