



**School of Health & Human Services**

**Continuing Care Department**

Practical Nursing Program

Summer 2017

**PNUR 136 Variations in Health 3**

## COURSE OUTLINE

Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

### Course Description:

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation, and supportive services in the community will be explored. Cultural diversity in healing approaches will be explored as well as the incorporation of evidence informed research and practice.

Pre-requisites: Successful completion of Level 2 Theory Courses and Consolidated Practice Experience 2.

Co-requisites: Professional Practice 3; Integrated Nursing Practice 3; Professional Communication 3; Health Promotion 3.

### Instructor Information:

(a)	Instructor:	Ros Giles-Pereira
(b)	Office Hours:	By appointment
(c)	Location:	WT 210
(d)	Phone:	250-370-3483
(e)	Email:	<a href="mailto:pereira@camosun.bc.ca">pereira@camosun.bc.ca</a> & through D2L

### LEARNING OUTCOMES

Upon successful completion of this course the learner will be able to:

1. Describe the use of the DSM-5 in classification of mental illness.
2. Explain several models of psychosocial rehabilitation and recovery.
3. Describe physiologic alterations expected in the post partum client.

4. Describe the pathophysiology and nursing management of selected childhood illnesses and disabilities.
5. Describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan.
6. Explain how cultural diversity impacts health and healing.
7. Describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings.
8. Discuss the stigma associated with living with mental illness or physical and/or developmental disability.
9. Describe the continuity of care for clients experiencing addiction/s and or concurrent disorders.

**\*DEFINITION: NURSING MANAGEMENT**

Nursing management includes the following components: nursing process (assessment, diagnosis, planning, implementation and evaluation) real and potential nursing problems, nursing interventions, pharmacology, diagnostic studies, laboratory tests, health promotion, client teaching and inter-professional collaboration

**Required Materials:**

- **Introduction to Maternity & Pediatric Nursing**, 7<sup>th</sup> Edition (2015) by Leifer, Elsevier: Saunders
- **Introductory Mental Health Nursing**, 3<sup>rd</sup> Edition (2015) by Donna M. Womble, Wolters:Kluwer
- **Canadian Fundamentals of Nursing**, 5<sup>th</sup> Edition (2014) by Potter & Perry. Elsevier Canada
- **Medical-Surgical Nursing in Canada**, 3<sup>rd</sup> Canadian Edition (2014) by Barry, Goldsworthy & Goodridge. Elsevier Canada
- **Davis's Canadian Drug Guide for Nurses**, 15<sup>th</sup> Edition (2017). F. A. Davis
- **Pharmacology for Nurses: A Pathophysiological Approach**, Canadian Edition (2010) by Adams, Holland et al. Pearson: Prentice Hall

**Course Content and Schedule:**

Please see Semester Calendar for specific dates

<u>CLASS</u>	<u>TOPIC</u>
1	Intro to Course; Intro to Mental Health; Mood Disorders
2	Anxiety Disorders
3	Eating Disorders: Anorexia Nervosa, Bulimia, Binge Eating
4	Substance Related Disorders
5	Psychotic Disorders, Schizophrenia, Suicide

6	Exam #1 (Classes 1-5)
7	Intro to Maternal Child Health: Pathophysiology of Pregnancy, Labour & Delivery
8	Placenta Previa, Placental Abruption, Postpartum Hemorrhage
9	Gestational Diabetes, Gestational Hypertension, Blood Incompatability
10	Post Partum Blues, Depression & Psychosis
11	High Risk Pregnancy & Neonate
12	Exam # 2 (Classes 7-11)
13	Childhood Related Disorders: Meningitis, Epilepsy, Head Injury
14	Down Syndrome, Fetal Alcohol Syndrome (FAS), Autistic Disorders
15	Childhood Respiratory System Disorders
16	Childhood Cardiovascular System Defects and Diseases
17	Childhood Communicable Diseases
18	Exam #3 (Comprehensive with emphasis on classes 13-17)

#### Evaluation Criteria:

Assignment	Percentage	Details
Exam #1	25%	content covered in classes 1-5
Exam #2	25%	content covered in classes 7-11
Exam #3	50%	A comprehensive exam with 60% of the content on classes classes 13-17

**Students must achieve a minimum of 65% to pass Variations in Health 3.**

## Grading System

Additional information regarding grading policies at Camosun College can be found at the <http://www.camosun.bc.ca/policies/policies.php>

### Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>