

## **PN Course Outlines**

### **PNUR 181: CONSOLIDATED PRACTICE EXPERIENCE 1 (90 hours)**

#### **COURSE DESCRIPTION**

This first experience provides the learners with an opportunity to integrate theory from level one coursework into practice. Learners will work in various settings with a focus on the healthy client. Learning the role of the Practical nurse, personal care skills, organization of care, focused assessment, beginning medication administration and professional communication are emphasized in this course.

**PRE-REQUISITES:** Professional Communication 1, Professional Practice 1, Variations in Health 1, Health Promotion 1, Pharmacology 1, Integrated Nursing Practice 1

**CO-REQUISITES:** None

#### **REQUIREMENTS**

Current CPR certificate (basic life support C); a recent negative TB skin test report (if tested positive, a satisfactory chest x-ray); criminal record search; original Fit Test certificate.

\*Note: Although not required, the following immunizations are recommended for Healthcare students: Hepatitis B and Influenza.

#### **COURSE CONCEPTS**

Course outcomes will be met through examination and exploration of the following:

- Professional communication
- Nurse-client relationship
- Comprehensive assessments
- Inter-professional approach to care
- Ethical practice
- Wellness and health promotion
- Nursing care including: assessment, personal care, basic wound care, topical and rectal medication administration
- Documentation
- Self-reflective approach to practice

**LEARNING OUTCOMES – CPE 1**

Upon completion of this course and with faculty guidance, learners will be able to:

1. Practice within relevant legislation, Baseline Competencies, Scope of Practice, Standards of Practice and Code of Ethics as set out by the CLPNBC, the Health Professions Act, and facility specific policies and procedures.
2. Demonstrate safe, competent, ethical care and transfer of skills.
3. Practice with integrity and accountability in a client care context.
4. Begin to look critically at clinical decision making and knowledge of assessment to plan, implement, and evaluate care in predictable situations with faculty guidance.
5. With faculty guidance, make practice decisions that are client specific and consider client acuity, complexity, variability, and available resources.
6. Demonstrate a collaborative approach with other members of the interprofessional health care team to meet the collective needs of their clients.
7. Provide a caring environment for clients by connecting, sharing and exploring with them in a collaborative relationship.
8. Provide person-centered care that recognizes and respects the uniqueness of each individual and is sensitive to culture and diversity.
9. Describe the PN role in providing leadership, direction, assignment, and supervision of unregulated care providers.
10. With faculty guidance, apply professional communication to advocate for clients in their care.
11. Apply evidence-informed practice in the client nurse relationship at a beginning level.
12. Identify own values, biases, and assumptions in interactions with clients and other members of the health care team at a beginning level.
13. Explain the need for continuous learning to maintain and enhance competence.
14. Demonstrate beginning competence in assessment of healthy adults.
15. Apply knowledge of growth and development in assessment of healthy adults

**LEARNER ASSESSMENT/EVALUATION**

Your CPE 1 is considered an integral part of the program. Attendance is mandatory and performance will be graded on a Complete/Not Complete basis.

**1. Client Portfolio Assignment**

Submit a hand-written client portfolio ('Stickman' – see pg 17) for every client cared for and include:

- Clinical research – diagnoses, medications
- Comprehensive and holistic health assessments
- Individualized client care plan (time line for the shift)

**2. Mid-term and final Self-evaluation/Instructor Evaluation**

Submit one midterm and one final self-evaluation. Meet with your instructor at midterm and at the completion of the CPE to discuss your progress and receive feedback as to how you are meeting the learning outcomes. Incorporate instructor feedback and self-evaluation into practice as you progress through your CPE. The criteria for self-evaluation are attached.

**3. Guided Reflective Journals Assignment**

Reflective journaling helps students relate theory to practice, reflect upon clinical learning activities, promote self-awareness, and develop safe and effective practice and lifelong habits for reflective practice.

**Criteria**

- Submit one written reflective journal after weeks 1 and 2. (2 total)
- Reflection should contain evidence of reflection on application of theory to your practice, areas for growth in practice, and personal experience in the CPE setting
- Submit to the drop box on D2L.
- Each entry should be a minimum of one page, max at two pages double-spaced, size 12 font
- Entries must respect other's diversity, practice and feelings