

PN Course Outlines

PNUR 147: HEALTH PROMOTION 4 (24 hours)

COURSE DESCRIPTION

This course focuses on health promotion for the client experiencing an acute exacerbation of chronic illness or an acute episode of illness. Relevant health promoting strategies during hospitalization may improve or help maintain their health status after discharge. Learners will focus on preparing clients for discharge, through teaching and learning of health promotion strategies.

PRE-REQUISITES: Successful completion of all Level 3 courses and Consolidated Practice Experience 3.

CO REQUISITES: Professional Communication 4; Integrated Nursing Practice 4; Professional Practice 4; Variations in Health 4.

LEARNING OUTCOMES

Upon successful completion of this course, the learner will be able to:

1. Formulate teaching strategies to manage or improve client health.
2. Discuss health promotion approaches in acute care settings and in relation to discharge planning.
3. Explain utilization of screening tools for early detection of illness.
4. Identify and explain which immunizations are important for clients experiencing acute illness.
5. Identify culturally sensitive and appropriate health promotion materials.
6. Explain the continuum of care.
7. Explain the discharge planning process.
8. Examine and explore appropriate teaching and learning strategies to prepare clients for discharge.
9. Explain harm reduction strategies for acute care clients at risk.

EVALUATION CRITERIA

- Scholarly Paper (35%)
- Poster Presentation (30%)
- Final comprehensive exam (35%)

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| <u>CLASS #</u> | <u>TOPIC</u> |
|----------------|--|
| 1 | Introduction to Health Promotion 4 |
| 2 | Health Promotion of Client Experiencing Acute Illness or Acute Exacerbation of a Chronic Disease |
| 3 & 4 | Continuum of Care from Preadmission, Discharge Planning to Community, End of Life |
| 5 | Teaching and Learning: Early Detection of Illness through Screening |
| 6 & 7 | Poster Presentations |
| 8 | Teaching and Learning for Clients with Multiple Health Challenges and Complex Learning Needs |
| 9 | Harm Reduction |
| 10 & 11 | Teaching and Learning case studies Course Content Review |
| 12 | Final Exam |