

PN Course Outlines

PNUR 136: VARIATIONS IN HEALTH 3 (45 HOURS)

COURSE DESCRIPTION

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation, and supportive services in the community will be explored. Cultural diversity in healing approaches will be explored as well as the incorporation of evidence informed research and practice.

PRE-REQUISITES: Successful completion of Level 2 coursework and Consolidated Practice Experience 2

CO REQUISITES: Professional Communication 3; Integrated Nursing Practice 3; Professional Practice 3; Health Promotion 3

LEARNING OUTCOMES

Upon successful completion of this course the learner will be able to:

1. Describe the use of the DSM IV in classification of mental illness.
2. Explain several models of psychosocial rehabilitation and recovery.
3. Describe physiologic alterations expected in the post partum client.
4. Describe the pathophysiology and nursing management of selected childhood illnesses and disabilities.
5. Describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan.
6. Explain how cultural diversity impacts health and healing.
7. Describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings.
8. Discuss the stigma associated with living with mental illness or physical and/or developmental disability.
9. Describe the continuity of care for clients experiencing addiction/s and or concurrent disorders.

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EVALUATION CRITERIA

- Exam #1 = 30%
 - Exam #1 includes content from classes 1-5, inclusive
- Exam #2 = 35%
 - Exam #2 includes content from classes 7 - 11, inclusive
- Exam #3 = 35%
 - Exam #3 includes content from classes 13-18, inclusive

COURSE OUTLINE

<u>CLASS #</u>	<u>TOPIC</u>
1	Introduction to Variations in Health 3 Introduction to Mental Health
2	Maternal Health Disorders and Complications
3	Maternal Health Disorders and Complications
4	Maternal Health Disorders and Complications
5	High Risk Pregnancy, Neonate & Family
6	Exam #1 (classes 1-5)
7	Childhood Health-Related Disorders
8	Childhood Health-Related Disorders
9	Childhood Respiratory System Disorders
10	Childhood Cardiovascular System Defects & Diseases
11	Childhood Communicable Diseases
12	Exam #2 (content covered in classes 7-11)
13	Introduction to Mental Health
14	Mood Disorders
15	Psychotic Disorders and Suicide
16	Substance Related Disorder
17	Anxiety Disorders
18	Eating Disorders
19	Self-directed Study
20	Exam #3 (classes 13-18)