

## PN Course Outlines

### PNUR 126: VARIATIONS IN HEALTH 2 (49 hours)

#### **COURSE DESCRIPTION**

This course focuses on pathophysiology as it relates to the ageing process and selected chronic illnesses. The main focus is on the care of older adults experiencing a health challenge. Cultural diversity in healing practices will be explored as well as evidence informed research and practice.

**PRE-REQUISITES:** Successful completion of Level 1 courses and Consolidated Practice Experience 1.

**CO-REQUISITES:** Professional Communication 2; Integrated Nursing Practice 2; Professional Practice 3; Health Promotion 2; Pharmacology 2.

#### **LEARNING OUTCOMES**

Upon successful completion of this course, the learner will be able to:

1. Explain the pathophysiology of common chronic illness related to the ageing process.
2. Describe the \*nursing management of illness associated with ageing.
3. Identify altered presentations of illnesses in older adult clients.
4. Identify common mental health challenges and mental illness experienced by older adults (e.g. differences between normal ageing and symptoms of a mental illness in older adults).
5. Give examples of diversity in traditional healing practices in management of chronic illness.
6. Describe how evidence informed practice impacts nursing care of older adults.

#### **EVALUATION CRITERIA**

- **Exam #1 = 25%**
  - Exam #1 includes content from classes 1-4, inclusive
- **Exam #2 = 25%**
  - Exam #2 includes content from units 5 – 8, inclusive
- **Exam #3: Comprehensive Final = 35%**
  - Exam #3 includes content from entire course with an emphasis on Units 9 - 14, inclusive
- **Group Assignment = 15%**
  - Selective topic based on Evidence Informed Research and Practice Resources

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<u>CLASS #</u>	<u>TOPIC</u>
1	Introduction to Course & Pain Management
2	Neurological System
3	Delirium, Dementia and Depression
4	Gastrointestinal System
5	<b>Exam # 1</b> (content from classes 1-4); Integumentary System
6	Cardiovascular System
7	Respiratory System
8	Endocrine System
9	<b>Exam #2</b> (content from classes 5-8); Genitourinary System
10	Musculoskeletal System
11	Sensory & Hematology System
12	Immune System & Cancer
13	Multi-morbidity/Course Review
14	<b>Final Exam</b>