# PNUR 152: NURSING ARTS II (108 hrs)

#### **COURSE DESCRIPTION**

This practical course emphasizes the development of nursing competencies required to promote health and healing with the older adult. The student will learn and practice nursing assessment, planning and interventions aimed at the unique needs of the older client. Classroom and laboratory experiences will assist with the integration of theory from other courses to the provision of organized, safe, holistic and caring nursing interventions.

#### LEARNING OUTCOMES

At the completion of this course, the learner will be able to:

- 1. Use the nursing process to provide safe, organized, supportive care for the older adult
- 2. Use effective and appropriate interpersonal communication skills with the older adult client, health care team, peers and instructors
- 3. Perform a head to toe nursing assessment of an older adult
- 4. Apply principles of safety, asepsis and body mechanics to assist/perform personal care with older adults
- 5. Safely and competently perform nursing skills with older adults
- 6. Function as a self-reflective, responsible and accountable practitioner
- 7. Safely administer, or supervise self administration of medications with older adults including subcutaneous and intramuscular injections
- 8. Function in a calm and professional manner in anxiety-related or stressful situations

### CONTENT

#### **Organization and Nursing Process**

- $\Rightarrow$  Discuss the application of the nursing process in planning organized care
- $\Rightarrow$  Practice clear, appropriate documentation at each step of the nursing process

#### Interpersonal Communication

- $\Rightarrow$  Demonstrate effective approaches when communicating with older adults
- $\Rightarrow$  Adapt communication to meet the older adult's unique needs
- $\Rightarrow$  Demonstrate respectful communication with peers and instructor
- $\Rightarrow$  Use appropriate communication skills at all times with peers and instructors
- $\Rightarrow$  Speak directly to the person involved when there is a concern
- $\Rightarrow$  Give both positive and improvement feedback in a therapeutic manner

#### Assessment of the Older Adult

- $\Rightarrow$  Discuss issues related to aging and changes in physical and mental abilities, individual unique manifestations.
- $\Rightarrow$  Demonstrate ways to assess physical and mental status of an older adult
- $\Rightarrow$  Explore ways to maintain a calm, unhurried atmosphere with older clients

#### Principles of Safety, Asepsis & Body Mechanics Related to Personal Care

- $\Rightarrow$  Promote client cleanliness and hygiene
- $\Rightarrow$  Promote client comfort
- $\Rightarrow$  Promote nutrition with the older client
- $\Rightarrow$  Assist with elimination
- $\Rightarrow$  Assist with mobility and ambulation including use of crutches, canes, wheelchairs

#### Safely & Competently Perform Nursing Skills

- $\Rightarrow$  Perform catheterizations, application of condoms, bowel care, etc.
- $\Rightarrow$  Mechanical lifts
- $\Rightarrow$  Use adaptive equipment such as specialty wheelchairs, Broda, etc.
- ⇒ Carry out tasks related to assessment e.g. diabetic testing, diagnostic test, specimen collection
- $\Rightarrow$  Practice administration of oxygen
- $\Rightarrow$  Promote wound healing
- $\Rightarrow$  Care for the body after death
- $\Rightarrow$  Discuss safety issues in the care of the older adult
- $\Rightarrow$  Examine ways to maintain a safe and secure environment

#### Self-Reflective, Responsible and Accountable practice

- $\Rightarrow$  Demonstrate responsible and accountable behaviour in class, lab and clinical settings
- $\Rightarrow$  Identify own learning needs
- $\Rightarrow$  Document accurately
- $\Rightarrow$  Use self-reflection and self-evaluation to improve own learning

#### **Medication Administration**

- ⇒ Demonstrate safe administration of medications oral, topical, vaginal/rectal, eye/ear/nose drops, subcutaneous, subcutaneous butterfly and intramuscular injections, inhalers
- $\Rightarrow$  Explore nursing considerations when administering medications to older adults
- $\Rightarrow$  Discuss the advocacy role of the PN in the safe use of medications with older adults

#### Maintaining a Calm & Professional Manner

- ⇒ Demonstrate a calm and relaxed demeanour when being observed in a laboratory situation while practicing or in case study evaluations
- ⇒ Demonstrate the ability to respond to rapidly changing clinical situations in a calm, professional manner

# **OVERVIEW: EVALUATION STRATEGIES**

	Evaluation Criteria	Grade	Completion Date
1.	Structured Journal of student's choice	20%	Class 30
2.	Exam #1 Exam #2	35% 35%	Class 15 Class 30
3.	Case Study Evaluation	Com/NC	Classes 28 & 29
4.	Self -Reflection	10%	Classes 28 & 29

ALL components of the evaluation criteria must be completed in order to pass this course; ie: a combined minimum grade of 65% must be achieved in the final exam and self-evaluation and the Case Study must receive a Complete in order to pass this course. The final letter grade will be reflected by the three graded criteria. Successful completion of Nursing Arts II is a prerequisite for progression into Clinical Placement II, and Nursing Arts III.

# 1. <u>Structured Journal</u>

Your structured journal will be about your second visit with a client with dementia. This must include all of Part A and B, be double spaced, and typed, or legibly handwritten. Please refer to Class 24 of your module. The journal must be handed in for grading the next class day following the clinical experience (Class 30).

# 2. <u>Exams</u>

Exam #1 will include content from Classes 1 - 14. Exam #2 will cover content from Classes 17 - 29. The exams will be in a variety of formats, including but not exclusive to: multiple choice, true/false, fill in the blank, matching and short answer. You will have 1 1/2 hours to complete each exam.

# 3. <u>Case Study</u>

One Class prior to your evaluation, you will be given a variety of teacher written case studies. These will be the case studies from which you will randomly choose one to perform for your evaluation. This will give you an opportunity to practice your competencies prior to being evaluated. A peer will role-play the client for you. The case studies will contain at least four concepts

### 20%

### Com/NC

35% each

that you have learned in Nursing Arts II. You will have 45 minutes to complete your Case Study. You will receive a written evaluation from your instructor and a verbal evaluation from your teacher and your peer. You will be allowed one opportunity to re-do a new case study if you fail the first attempt. The instructor will inform you as to when the second case study evaluation will be. You will re-do the case study with a different instructor evaluating you and a different case study will be chosen at random. You must achieve a Pass on all criteria on your second attempt.

Students are required to arrive 15 minutes prior to evaluation to randomly select a case study and to prepare.

#### 4. Self-Reflection

10%

You will provide reflective comments on your instructor's evaluation of you. This will be done immediately following your evaluation.

# **COURSE OUTLINE**

Class 1 Introduction to the Course. Surgical Asepsis, Simple Sterile and Clean Dressing Changes Class 2 Sterile Technique Lab Practice Class 3 Head to Toe Assessment Class 4 Assessment Techniques Lab Practice Class 5 Elimination Care Class 6 Palliative Care Theory Class 7 Catheterization Care Theory Class 8 **Catheterization Lab Practice** Class 9 Intramuscular Injection Theory Class 10 Intramuscular Injection Lab Practice Class 11 Oxygen Administration Class 12 Community Client Visit - #1 Class 13 **Diagnostic Tests & Specimen Collection** Class 14 Documentation and Charting Class 15 Exam #1 Class 16 Community Client Visit - #2 Class 17 Mechanical Lifts Theory Class 18 Mechanical Lifts and Showers Lab Practice Class 19 Mechanical Lifts and Showers Lab Practice Class 20 Community Client Visit - #3 Class 21 Skin Care, Splints & Antiembolic Stockings Class 22 Blood Glucose Testing Class 23 Tube Feeds

### **COURSE OUTLINE**

- Class 24 Visit with Person with Dementia #1
- Class 25 Medication Administration and Narcotic Count Process
- Class 26 Subcutaneous Injections and Butterfly Insertion Technique Theory & Lab Practice
- Class 27 Case Study Evaluations
- Class 28 Visit with Person with Dementia #2
- Class 29 Case Study Evaluations
- Class 30 Case Study Evaluations
- Class 31 Exam #2
- Class 32 Team Leading