

## **PNUR 152: NURSING ARTS II (108 hrs)**

### **COURSE DESCRIPTION**

This practical course emphasizes the development of nursing competencies required to promote health and healing with the older adult. The student will learn and practice nursing assessment, planning and interventions aimed at the unique needs of the older client. Classroom and laboratory experiences will assist with the integration of theory from other courses to the provision of organized, safe, holistic and caring nursing interventions.

### **LEARNING OUTCOMES**

At the completion of this course, the learner will be able to:

1. Use the nursing process to provide safe, organized, supportive care for the older adult
2. Use effective and appropriate interpersonal communication skills with the older adult client, health care team, peers and instructors
3. Perform a head to toe nursing assessment of an older adult
4. Apply principles of safety, asepsis and body mechanics to assist/perform personal care with older adults
5. Safely and competently perform nursing skills with older adults
6. Function as a self-reflective, responsible and accountable practitioner
7. Safely administer, or supervise self administration of medications with older adults including subcutaneous and intramuscular injections
8. Function in a calm and professional manner in anxiety-related or stressful situations

### **CONTENT**

#### ***Organization and Nursing Process***

- ⇒ Discuss the application of the nursing process in planning organized care
- ⇒ Practice clear, appropriate documentation at each step of the nursing process

#### ***Interpersonal Communication***

- ⇒ Demonstrate effective approaches when communicating with older adults
- ⇒ Adapt communication to meet the older adult's unique needs
- ⇒ Demonstrate respectful communication with peers and instructor
- ⇒ Use appropriate communication skills at all times with peers and instructors
- ⇒ Speak directly to the person involved when there is a concern
- ⇒ Give both positive and improvement feedback in a therapeutic manner

***Assessment of the Older Adult***

- ⇒ Discuss issues related to aging and changes in physical and mental abilities, individual unique manifestations.
- ⇒ Demonstrate ways to assess physical and mental status of an older adult
- ⇒ Explore ways to maintain a calm, unhurried atmosphere with older clients

***Principles of Safety, Asepsis & Body Mechanics Related to Personal Care***

- ⇒ Promote client cleanliness and hygiene
- ⇒ Promote client comfort
- ⇒ Promote nutrition with the older client
- ⇒ Assist with elimination
- ⇒ Assist with mobility and ambulation including use of crutches, canes, wheelchairs

***Safely & Competently Perform Nursing Skills***

- ⇒ Perform catheterizations, application of condoms, bowel care, etc.
- ⇒ Mechanical lifts
- ⇒ Use adaptive equipment such as specialty wheelchairs, Broda, etc.
- ⇒ Carry out tasks related to assessment e.g. diabetic testing, diagnostic test, specimen collection
- ⇒ Practice administration of oxygen
- ⇒ Promote wound healing
- ⇒ Care for the body after death
- ⇒ Discuss safety issues in the care of the older adult
- ⇒ Examine ways to maintain a safe and secure environment

***Self-Reflective, Responsible and Accountable practice***

- ⇒ Demonstrate responsible and accountable behaviour in class, lab and clinical settings
- ⇒ Identify own learning needs
- ⇒ Document accurately
- ⇒ Use self-reflection and self-evaluation to improve own learning

***Medication Administration***

- ⇒ Demonstrate safe administration of medications – oral, topical, vaginal/rectal, eye/ear/nose drops, subcutaneous, subcutaneous butterfly and intramuscular injections, inhalers
- ⇒ Explore nursing considerations when administering medications to older adults
- ⇒ Discuss the advocacy role of the PN in the safe use of medications with older adults

***Maintaining a Calm & Professional Manner***

- ⇒ Demonstrate a calm and relaxed demeanour when being observed in a laboratory situation while practicing or in case study evaluations
- ⇒ Demonstrate the ability to respond to rapidly changing clinical situations in a calm, professional manner



that you have learned in Nursing Arts II. You will have 45 minutes to complete your Case Study. You will receive a written evaluation from your instructor and a verbal evaluation from your teacher and your peer. **You will be allowed one opportunity to re-do a new case study if you fail the first attempt. The instructor will inform you as to when the second case study evaluation will be. You will re-do the case study with a different instructor evaluating you and a different case study will be chosen at random. You must achieve a Pass on all criteria on your second attempt.**

Students are required to arrive 15 minutes prior to evaluation to randomly select a case study and to prepare.

**4. Self-Reflection 10%**

You will provide reflective comments on your instructor's evaluation of you. This will be done immediately following your evaluation.

**COURSE OUTLINE**

- Class 1 Introduction to the Course.  
Surgical Asepsis, Simple Sterile and Clean Dressing Changes
- Class 2 Sterile Technique Lab Practice
- Class 3 Head to Toe Assessment
- Class 4 Assessment Techniques Lab Practice
- Class 5 Elimination Care
- Class 6 Palliative Care Theory
- Class 7 Catheterization Care Theory
- Class 8 Catheterization Lab Practice
- Class 9 Intramuscular Injection Theory
- Class 10 Intramuscular Injection Lab Practice
- Class 11 Oxygen Administration
- Class 12 Community Client Visit - #1
- Class 13 Diagnostic Tests & Specimen Collection
- Class 14 Documentation and Charting
- Class 15 Exam #1
- Class 16 Community Client Visit - #2
- Class 17 Mechanical Lifts Theory
- Class 18 Mechanical Lifts and Showers Lab Practice
- Class 19 Mechanical Lifts and Showers Lab Practice
- Class 20 Community Client Visit - #3
- Class 21 Skin Care, Splints & Antiembolic Stockings
- Class 22 Blood Glucose Testing
- Class 23 Tube Feeds

**COURSE OUTLINE**

- Class 24 Visit with Person with Dementia - #1
- Class 25 Medication Administration and Narcotic Count Process
- Class 26 Subcutaneous Injections and Butterfly Insertion  
Technique Theory & Lab Practice
- Class 27 Case Study Evaluations
- Class 28 Visit with Person with Dementia - #2
- Class 29 Case Study Evaluations
- Class 30 Case Study Evaluations
- Class 31 Exam #2
- Class 32 Team Leading