

**PNUR 142: HUMAN RELATIONSHIPS 2 (27 hours)**

**COURSE DESCRIPTION**

This course focuses on effective interpersonal communication with the older adult. Age-related changes and health challenges that interfere with interpersonal communication will be examined and methods explored to overcome these challenges. Effective ways to work with groups of older adults will also be examined. The learner will also be introduced to leadership skills required for effective team functioning.

**LEARNING OUTCOMES**

At the completion of this course, the learner will be able to:

1. Adapt communications effectively with older adults experiencing health challenges that can interfere with interpersonal communications.
2. Interact with older adults in groups in ways that contribute to the effectiveness of the group
3. Use beginning leadership skills

**CONTENT**

***Communication with Aging Clients***

- ⇒ exploring approaches to effective communication with older adults – honoring the person’s background, values, beliefs, and experiences
- ⇒ discussing approaches to effective communication with aging individuals who are suffering from sensory impairments
- ⇒ examining ways to communicate with adults experiencing dementia or other changes in mental functioning
- ⇒ discussing a variety of adaptive communication strategies

***Therapeutic Group Work with Older Adults***

- ⇒ examining different types of groups
- ⇒ exploring communication patterns in and developmental phases of groups
- ⇒ discussing the effects of environment on group interaction
- ⇒ exploring personal and leadership influences
- ⇒ examining special requirements of groups of older adults

***Leadership***

- ⇒ examining ways that the PN contributes to team functioning through creative and adaptive practice
- ⇒ exploring what is meant by leadership skills
- ⇒ reflecting on own strengths in relation to leadership
- ⇒ discussing the wise use of leadership skills in PN practice

## PNUR 142: Human Relationships 2

### OVERVIEW: EVALUATION STRATEGIES

A final mark of 65% must be achieved to pass Human Relationships II and progress into Practicum II.

#### Evaluation Criteria

1. Mid Term Exam	30%
2. Compare/Contrast Communications	30%
3. Final Exam	40%

### EVALUATION CRITERIA

#### 1. **Mid-Term Exam (30%).**

The exam will include questions in a variety of formats which may include multiple choice, true and false, fill in the blank, matching or short answer. You will have one hour to complete the exam.

#### 2. **Compare and Contrast (30%)**

Using the information you gained from your community visits with the well older adult beginning week 3, and the mentally fragile older adult, beginning week 6, prepare a paper which compares and contrasts the communication techniques used, their effectiveness, your insights, feelings and beliefs in each situation, the role you see yourself playing with these individuals and your goals for improvement. You can begin this report after your week 3 class. In that way you can complete your info and have your paper completed by or before due date of week 9.

#### Criteria for Grades:

##### **Written Report**

2%	Organization, clarity, conciseness (includes title page, page numbers, table of contents and reference list)
3%	Description of older adults, places, conditions
10%	Compare/contrast communication styles for well and fragile older adults.
10%	Insights, feelings and beliefs, including considerations as they relate to, Standards of Practice, Code of Ethics and Nurse/Client Relationships.
5%	Conclusion, including goals for improving your communications.

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### **3. Final Exam (40%)**

The exam will include questions in a variety of formats which may include multiple choice, true and false, fill in the blank, matching or short answer. You will have two hours to complete the exam.

### **COURSE OUTLINE**

Class 1	Introduction to the Course and Communicating Effectively with the Older Adult
Class 2	Sensory Deficits and Communication
Class 3	Sensory Deficits, continued
Class 4	Mid-term Exam Communicating with Older Adults with Cognitive Impairment
Class 5	Communicating with Older Adults with Cognitive Impairment cont
Class 6	Therapeutic Group Work
Class 7	Leadership Skills
Class 8	Final Exam