PNUR 133: HEALING 3 (60 hours)

COURSE DESCRIPTION

This course focuses on the promotion of healing with individuals of all ages who are experiencing acute health challenges. The pathophysiology of common health challenges, clinical manifestations and appropriate nursing interventions will be examined. Exploration of healing modalities will encourage a holistic view of each client. The practical nurse's role in collaboration with other health care professionals will be discussed.

LEARNING OUTCOMES

At the completion of this course, the learner will be able to:

- 1. Assess and plan care for clients of all ages experiencing common medical or surgical health challenges.
- 2. Assess and plan care for clients experiencing common psycho-social health challenges.
- 3. Recognize ways that the practical nurse works independently and in partnership with other to provide comprehensive care.

CONTENT

Acute and Chronic Health Challenges

- ⇒ Examining the differences between acute and chronic health challenges
- ⇒ Exploring the impact on individuals and families of acute and chronic health challenges
- ⇒ Discuss the realities of multiple health challenges

Care of Clients with Specific Medical or Surgical Health Challenges

- ⇒ Exploration of the pathophysiology, clinical manifestations and appropriate nursing interventions for common health challenges related to each body system
- ⇒ Exploration of the pathophysiology, clinical manifestations and appropriate nursing interventions for common multi-system health challenges e.g. cancer
- ⇒ Discussing the role of the PN in assessing and planning care for clients experiencing health challenges

Care of Clients Experiencing Psychosocial Health Challenges

⇒ Exploration of the clinical manifestations and appropriate nursing interventions for clients experiencing common psychosocial health challenges e.g. schizophrenia, bipolar disorder, depression

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- ⇒ Discussing psychosocial health challenges that may accompany physical challenges e.g. postpartum depression
- ⇒ Exploration of the clinical manifestations and appropriate nursing interventions for clients experiencing addictive health challenges e.g. alcoholism

Nursing Process:

- ⇒ Exploration of the nursing process as a means of collecting client information, identifying client problems, planning nursing interventions and implementing and evaluating the interventions.
- ⇒ Exploration of the role of the practical nurse as a partner with other health professionals in providing care for clients with acute health challenges.

OVERVIEW: EVALUATION STRATEGIES HEALING III

Evaluation Criteria	Grade Weight	Material Covered
1. Midterm Exam	40%	Classes 1 - 9
2. Critical Thinking Exercise	10%	Classes 1 - 13
3. Final Exam	50%	All

EVALUATION CRITERIA

The Healing III course must be passed with a minimum of 65% in order to pass Healing III and progress into Practicum III. The evaluation strategies require you to draw on all material taught to date.

1. **Midterm Exam (40%)**

The midterm exam consists of two portions. The first portion consists of multiple choice questions and is a regular, closed book exam. When you hand in your multiple choice portion you will receive the case study portion of the exam. The case study portion is open book. For this portion you may use any books that you feel will help you complete the case study successfully. Each portion (multiple choice or case studies) will be worth approximately 50% of the exam grade. The exam will be 3 hours in length.

2. Critical Thinking Exercise (10%)

The critical thinking exercise is an in-class, open-book, independent project. You may bring any books you think will help with this assignment. It consists of a clinical scenario with a variety of questions designed to assess your clinical judgment. You will have 1.5 hours to complete the assignment.

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3. Final Exam (50%)

The final exam will be the same format as the midterm (multiple choice followed by case studies). The weighting will be approximately 40% for the multiple choice portion and 60% for the case studies portion. The case study portion will be open-book. You will have 3 hours to complete this exam.

COURSE OUTLINE

CLASS	OUTLINE
1	Introduction to Course, Impact of Acute and Chronic Challenges to Health on Clients in Acute Care
2	Planning of Care for the Promotion of Health and Healing, Roles/Partnership, Clinical Judgment in Emergency Situations, and Assignments.
3	Promotion of Healing: Psychosocial Challenges, Therapeutic Approaches and other Resources
4	Clients with Multiple Systems Problems: Fluids and Electrolytes
5	Disruption in the Musculoskeletal System
6	The Pain Myth
7	Disruption in Cells/Cancer
8	Disruption in the Immune System
9	Disruption in the Nervous System
10	Mid-Term Evaluation
11	Disruption in the Digestive System
12	Disruption in the Integumentary System
13	Disruption in the Respiratory System
14	Disruption in the Reproductive System
15	Disruption in the Cardiovascular System.
16	Disruption in the Hematological System.
17	Disruption in the Urinary System
18	Critical Thinking Exercise
19	Final exam