

# CLASS SYLLABUS



COURSE TITLE: NURS 242 Foundational Nursing Skills  
CLASS SECTION: X01, X02, X03, X04  
TERM: 2021F  
COURSE CREDITS: 2  
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Lək̓ʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

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<https://camosun.ca/about/covid-19-updates>

*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Sherry Lampard  
EMAIL: [LampardS@camosun.bc.ca](mailto:LampardS@camosun.bc.ca)  
OFFICE: Virtual  
HOURS: Wednesdays 1330-1530 and by appointment

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Learners gain knowledge and skill for select nursing interventions related to nursing care in the context of acute and chronic illnesses. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

PREREQUISITE(S): COM in NURS 190  
CO-REQUISITE(S): NURS 280  
PRE/CO-REQUISITE(S): C in BIOL 252, C in NURS 232, C in NURS 260

## COURSE LEARNING OUTCOMES

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Upon successful completion of this course a student will be able to:

- a) demonstrate select foundational psychomotor skills safely and competently.
- b) select and effectively use appropriate technologies and equipment for each foundational psychomotor skill.
- c) explain the purpose, principles, and rationale related to select psychomotor skills.
- d) demonstrate organization, dexterity, and prioritization at a foundational level.
- e) demonstrate clinical judgment and decision-making.
- f) evaluate self and others in relation to nursing interventions.
- g) engage with evidence and best practice through accessing, interpreting and explaining current research findings related to foundational psychomotor skills.
- h) document nursing interventions, psychomotor skills, and related assessment findings using appropriate terminology and format, integrating nursing informatics.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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Astle, B.J., Duggleby, W., Potter, P.A., Griffin Perry, A., Stockert, P.A., & Hall, A.M. (Eds.). (2019). *Canadian fundamentals of nursing* (6th ed.). Elsevier.

Cobbett, S. L., Griffin Perry, A., Potter, P. A., & Ostendorf, W. R. (Eds.). (2020). *Canadian clinical nursing skills and techniques* (1st ed.). Elsevier.

Perry, S.E., Hockenberry, M.J., Leonard Lowdermilk, D., Wilson, D., Keenan-Lindsay, L. & Sams, C.A. (Eds.). (2017). *Maternal child nursing care in Canada*, (2nd ed.). Elsevier.

Pickar, G. A., Pickar Abernethy, A., Swart, B. F., Graham, H., & Swedish, M. (2018). *Dosage calculations* (4th ed.). Nelson.

Rosenjack Burchum, J. & Rosenthal, L.D. (2019). *Lehne's pharmacology for nursing care* (10th ed.) Elsevier.

Additional reading and resources at the discretion of the faculty.

**Resources may include** Island Health policies and procedures, manuals and guides, videos and websites.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
Week 1: Sept 7-10 (Sept 6 Holiday Monday)	Module 1: Assessment Review Oxygen Therapy & Airway Management	
Week 2: Sept 13-17	Module 2: Asepsis and Specimen Collection	
Week 3:	Module 3: Parenteral Medications Part A: Preparing	Skill #1 filming in

WEEK or DATE RANGE	ACTIVITY or TOPIC	OTHER NOTES
Sept 20-24	Medications for Injection Part B: Subcutaneous Injections	the lab: Preparing a Sterile Field & Reflection
Week 4: Sept 27-Oct 1	Module 3: Part C: Insertion and Maintenance of Subcutaneous Butterfly Part D: Intradermal Injections	Skill #1 due (one week from date of filming) (20%)
Week 5: Oct 4-8	Module 3: Part E: Intramuscular Injections	
Week 6: Oct 12-15 (Mon Oct 11, Holiday)	Module 4: Introduction to Peripheral Venous Access Devices (PVAD's) and Infusion Therapy Part A: PVAD Indications & Assessment	
Week 7: Oct 18-22 (Thurs, Oct 21, Shake Out)	Module 4: Part B: Infusion Therapy & Electronic Infusion Devices (Pumps)	Midterm Exam – Date/time TBA (25%)
Week 8: Oct 25-29	Module 4: Part B: Infusion Therapy & Electronic Infusion Devices (Pumps) continued Part C: PVAD Care & Removal	
Week 9: Nov 1-5	Module 5: Subcutaneous Insulin Administration	
Week 10: Nov 9-13 (Thurs, Nov 11, Holiday)	Module 5: Subcutaneous Insulin Administration continued [NB: sections? miss class]	
Week 11: Nov 15-19	Module 6: Wound Care Part A: Wound Assessment & Surgical Asepsis (Focus on Simple Sterile Dressing Change)	Skill #2 filming in the lab
Week 12: Nov 22-26	Module 6: Part B: Wound Closures & Drains (Focus on Removal of Sutures and Staples)	Skill #2 due (one week from date of filming) (25%)
Week 13: Nov 29-Dec 3	Module 6: Part B continued: Wound Closures & Drains (Focus on Management and Removal of Drains)	
Week 14: Dec 6-10	TBD	
		Final exam - Date/time TBA (30%)

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## STUDENT EVALUATION

DESCRIPTION	WEIGHTING
Skill Video #1	20%
Midterm Exam	25%

DESCRIPTION	WEIGHTING
Skill Video #2	25%
Final Exam	30%
<b>TOTAL</b>	<b>100%</b>

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

## COURSE GUIDELINES & EXPECTATIONS

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Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

### Lab Expectations and Rules

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

1. The lab must be treated and maintained like a hospital nursing unit.
2. Lab coat or clean nursing uniform top must be worn in lab.
3. Closed toed shoes **must** be worn, at all times, by all faculty and students in the labs. This is a WorkSafe BC requirement.
4. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
5. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.
6. Do not "borrow" materials from other teacher baskets. Extra inventory can be found on the back counter and cabinets. If more supplies are needed, please ask the lab assistants.
7. Please re-use and recycle when possible. Place **All SHARPS** in the sharp's containers.
8. Charts, textbooks, and manuals are to be neatly placed on the appropriate shelves. If photocopies are needed, please ask the lab assistants.
9. Absolutely **NO Food or Drink** is permitted in the labs.
10. When supplies are running low, please write them on the whiteboard located by the rack in each lab.

Thank you for your cooperation in the above listed rules and expectations.

## SCHOOL OR DEPARTMENTAL INFORMATION

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Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>

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Support Service

Website

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Writing Centre

<http://camosun.ca/writing-centre>

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If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the

course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.