

# CLASS SYLLABUS



COURSE TITLE: NURS 143 Holistic Assessment and Skills

CLASS SECTION: X03

TERM: W2022

COURSE CREDITS: 2

DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.

Learn more about Camosun's [Territorial Acknowledgement](#).

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<https://camosun.ca/about/covid-19-updates>

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*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: **Mrs. Paula L. Littlejohn, ID, GNC(C), RN, BSN, MA**

EMAIL: [littlejohnp@camosun.bc.ca](mailto:littlejohnp@camosun.bc.ca) Phone: 250-370-4266

OFFICE: CHW 207 – 30

OFFICE HOURS: **Wednesdays 1030 to 1200 & Thursdays 1230 to 1320** in person or via collaborate

(email to secure a time slot or to find an alternate mutually convenient time to meet).

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Learners continue to learn evidence-informed health assessment across the lifespan, with a focus on professional, holistic nursing practice. Through experiential learning, simulation, and demonstration of skills, participants will continue to gain knowledge, skills, and abilities foundational to nursing practice. Learners expand understanding of physical, mental, spiritual, and social assessment skills, technologies, and nursing interventions for the promotion of health and healing. Skills include medication administration, oxygen administration, and newborn assessment. Learners will develop effective communication and documentation of assessment and nursing interventions for an interprofessional team is expanded. Learners will apply course concepts, principles, and nursing decision making while performing psychomotor skills.

PREREQUISITE(S): All of: C in BIOL 152, C in NURS 110, C in NURS 132, C in NURS 142, C in NURS 160, COM in NURS 180. And one of: C in ENGL 151, C in ENGL 161, C in ENGL 163, C in ENGL 164

CO-REQUISITE(S): none

PRE/CO-REQUISITE(S): All of: C in BIOL 153, NURS 111, C in NURS 133

## COURSE LEARNING OUTCOMES

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- a) describe and perform all components of holistic health assessments, across the lifespan.
- b) describe and perform all components of a newborn's assessment.
- c) demonstrate skills in taking a health history, with cultural sensitivity.
- d) demonstrate competency and safety in performing select nursing interventions.
- e) demonstrate safe, evidence-informed medication administration through a variety of routes.
- f) demonstrates safe oxygen administration, including related assessments and evaluation.
- g) document general survey, assessments and psychomotor skills using appropriate terminology and format.

## REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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Astle, B.J., Duggleby, W., Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (Eds.). *Canadian fundamentals of nursing* (6th ed.). Elsevier.

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Wolters Kluwer.

Cobbett, S. L., Perry, A. G., Potter, P. A., & Ostendorf, W. R. (2020). *Canadian clinical nursing skills & techniques* (1st ed.). Elsevier.

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (2019). *Physical examination and health assessment* (3rd Cdn ed.). Elsevier.

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2017). *Maternal child nursing care in Canada* (2nd ed.). Elsevier.

Pickar, G., Pickar Abernethy, A., Swart, B., Davis, M., & O'Connell, J. (2022). *Dosage calculations* (5th Cdn ed.). Cengage Learning Canada.

## COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

Week	Class #1	Class #2
1	<ul style="list-style-type: none"> <li>• Introduction to Nurs 143</li> <li>• Module 1: Introduction to Holistic Nursing Assessment and Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Module 2: Documentation</li> <li>• Module 3: Assessing Vital Signs</li> </ul>
2	<ul style="list-style-type: none"> <li>• Module 4: The General Survey</li> <li>• Module 5: The Presenting Problem &amp; the Health History</li> </ul>	<ul style="list-style-type: none"> <li>• Module 6: Pain Assessment</li> </ul>
3	<ul style="list-style-type: none"> <li>• Module 7A: Integumentary System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 7A: Integumentary System</li> </ul>
4	<ul style="list-style-type: none"> <li>• Module 7B: Musculoskeletal System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 7B: Musculoskeletal System</li> </ul>
5	<ul style="list-style-type: none"> <li>• Module 8A: Eyes, ears, nose &amp; throat and Regional lymphatic system</li> </ul>	<ul style="list-style-type: none"> <li>• Module 8B: Neurological System</li> </ul>
6	<ul style="list-style-type: none"> <li>• Module 8C: Mental Health System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 8D: Withdrawal Risk</li> </ul>
7	<i>Reading Break – No Classes</i>	
8	<ul style="list-style-type: none"> <li>• Module 9A: Respiratory System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 9A: Respiratory System &amp; Sleep</li> </ul>
9	<ul style="list-style-type: none"> <li>• Module 9B: Cardiovascular System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 10: Peripheral Vascular &amp; Lymphatic Systems</li> </ul>
10	<ul style="list-style-type: none"> <li>• Module 11A: Gastrointestinal System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 11A: Gastrointestinal (continued)</li> <li>• Module 11B: Nutritional Assessment</li> </ul>
11	<ul style="list-style-type: none"> <li>• Module 11C: Genitourinary System</li> </ul>	<ul style="list-style-type: none"> <li>• Module 12: Newborn Assessment</li> </ul>
12	<ul style="list-style-type: none"> <li>• Module 13: Integration</li> </ul>	<ul style="list-style-type: none"> <li>• Module 14A: Principles of Safe Medication Preparation</li> <li>• Module 14B: Oral, buccal, and sub-lingual medications</li> </ul>
13	<ul style="list-style-type: none"> <li>• Module 14B: Oral, buccal, and sub-lingual medications (con't)</li> <li>• Module 14C: Transdermal, rectal, and vaginal medications</li> </ul>	<ul style="list-style-type: none"> <li>• Module 14D: Ophthalmic, nasal, and ear medications</li> <li>• Module 14E: Inhaled medications</li> </ul>
14 Good Friday April 15	<ul style="list-style-type: none"> <li>• Module 14F: Introduction to oxygen therapy</li> <li>• Module 14G: Administration of Controlled Drugs including narcotics</li> </ul>	<ul style="list-style-type: none"> <li>• Review</li> </ul>
	FINAL EXAM week	

STUDENT EVALUATION

Evaluation Component	Due Date	Percentage of Course Grade	Comments
NURS 143			
Assessment Video	Due Week 4	15%	Upload video on D2L
Documentation Assignment	Due Week 8: To be handed in during your individual lab class.	15%	Assignments are to be completed in legible writing, using your documentation workbook provided in lab. Please ensure your name is on your workbook. Your assignment is to be submitted directly to your lab instructor.  <i>**To be completed independently.</i>
Assessment Video and Documentation	Due Week 11	30%	Upload video on D2L  Documentation portion will be handed in using Documentation booklet in your lab.
Final Exam	Completed Week 15: Time TBA	40%	It will be cumulative.
Newborn assessment	Completed prior to April 22nd	Pass/fail	Must submit successful completion of the Knowledge Check
Successful demonstration of all skills	Completed prior to April 22nd	Pass/fail	Must successful demonstrate all skills contained within the course

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.  
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

## COURSE GUIDELINES & EXPECTATIONS

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Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

### Lab Expectations and Rules

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

1. The lab must be treated and maintained like a hospital nursing unit.
2. Lab coat or clean nursing uniform top must be worn in lab.
3. Closed toed shoes **must** be worn, at all times, by all faculty and students in the labs. This is a WorkSafe BC requirement.
4. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
5. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.
6. Do not "borrow" materials from other teacher baskets. Extra inventory can be found on the back counter and cabinets. If more supplies are needed, please ask the lab assistants.
7. Please re-use and recycle when possible. Place **All SHARPS** in the sharp's containers.

## SCHOOL OR DEPARTMENTAL INFORMATION

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Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](http://camosun.ca/services/accessible-learning/) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures" (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized

Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.