

# CLASS SYLLABUS



COURSE TITLE: NURS 142 Nursing Skills and Assessment  
CLASS SECTION: Section 04  
TERM: 2021F  
COURSE CREDITS: 2  
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

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<https://camosun.ca/about/covid-19-updates>

*Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.*

## INSTRUCTOR DETAILS

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NAME: Selena Hebig  
EMAIL: [hebigs@camosun.bc.ca](mailto:hebigs@camosun.bc.ca)  
OFFICE: CHW 312-73

HOURS: (Virtual) Monday 1230-1330 & Tuesday 1030-1130 via  
<https://ca.bbcollab.com/guest/faa467951b59479fa3bf9e854ce4848b>

*As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.*

## CALENDAR DESCRIPTION

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Learners are introduced to evidence-informed health assessment across the lifespan. Through experiential learning, simulation, and demonstration of skills, participants will gain knowledge, skills, and abilities foundational to nursing practice. Content includes physical, mental, spiritual, nutritional, and social assessment skills, and technologies and nursing interventions for the promotion of health and healing. Learners will develop effective communication and documentation skills for an interprofessional team. Key course concepts and principles inform nursing decision making.

PREREQUISITE(S): none

PRE/CO-REQUISITE(S): C in BIOL 152, C in NURS 132, COM in NURS 180

## COURSE LEARNING OUTCOMES

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Upon successful completion of this course a student will be able to:

- a) demonstrate competency and safety in performing foundational psychomotor skills across the lifespan.
- b) demonstrate infection prevention and control in simulated nursing practice settings.
- c) conduct a general survey and priority assessment in diverse contexts.
- d) demonstrate a proficiency with vital signs assessment.
- e) demonstrate proficiency in nutritional assessment.
- f) demonstrate prioritization skills, when performing assessments and nursing skills.
- g) demonstrate safe patient handling, when performing relevant assessments and nursing skills.
- h) demonstrate personal care with respect, dignity and professionalism.
- i) document assessment findings using appropriate terminology and format, integrating nursing informatics.

#### REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

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Astle, B.J., Duggleby, W., Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (Eds.). *Canadian fundamentals of nursing* (6th ed.). Elsevier.

#### COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

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The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

Week	Module	
Week 1 Sept 6	Module 1 Introduction to Foundational Nursing Skills	<b>Mon Labour Day</b>
Week 2 Sept 13	Module 2 Infection Control	Class #1 Chain of Infection & Hand Hygiene  Class #2 Personal Protective Equipment and
Week 3 Sept 20	Module 3: Body Mechanics  Module 4: Safe Patient Handling	Class #1 Body Mechanics  Class #2 Positioning
Week 4 Sept 27	Module 4: Safe Patient Handling	<b>Thurs National Day of Truth and Reconciliation</b>  Class #1 Transfers and Ambulation  Class #2 Lifts and Mobility Aids
Week 5 Oct 4	Module 5: Personal Care	Class #1 Toileting  Class #2 Bathing
Week 6 Oct 11	Module 5: Personal Care (Continued)	<b>Mon Thanksgiving Stat Holiday</b>  Class #1 Hair, Skin, and Nail Care

		Class #2 Bed Making
Week 7 Oct 18	Module 5: Personal Care (Continued)	<b>Thurs Oct 21 Shakeout exercise at 10:21</b> (College Wide)  Class #1 Bed Making  Class #2 Mouth Care
Week 8 Oct 25	Module 6 Introduction to Personal Care of the Newborn	
Week 9 Nov 1	Module 7: Nutrition  Module 8: Vital Signs	Class #1 Nutrition and Oral Suctioning  Class #2 Vital Signs
Week 10 Nov 8	Module 8: Vital Signs <i>continued</i>	<b>(Thurs) Nov 11 Remembrance Day</b>  Vital Signs
Week 11 Nov 15	Module 9: Introduction to Functional Assessment  Module 10: Documentation and Communication	Class #1 Introduction to Functional Assessment  Class #2 Documentation and Communication
Week 12 Nov 22	Module 11: Introduction to Medication Administration	
Week 13 Nov 29	Module 11: Introduction to Medication Dispensing (Continued)  Module 12: Pulling it all Together	Class #1 Intro to Medication Dispensing  Class #2 Intro to Medication Dispensing
Week 14 Dec 6	Review Skills Testing	Class #1 Review  Class #2 Skills Testing

**Holidays and potential time away from class:**

Monday Sept 6 – Labour Day  
Thursday Sept 30 – National Day of Truth and Reconciliation  
Monday Oct 8 – Thanksgiving  
Thursday Oct 21 – Shake out for College **at 10:20 am**  
Thursday Nov 11 – Remembrance Day

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

## STUDENT EVALUATION

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### Basis of Student Assessment

Point of care risk assessment: Infection control – 15% (due week 5)

Video recording of a Skill with a reflection – 25% (due week 7/8)

Vital sign assessment – 20% (due weeks 12-14)

Comprehensive final exam – 40% (final exam period)

*Assignments, due dates, criteria for evaluation, and weighting of assignments will be discussed during the first two weeks of the semester. A class syllabus is provided at the beginning of the term and is posted on D2L.*

Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in clinical practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

This course is graded by the [Standard Grading System](#).

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

## COURSE GUIDELINES & EXPECTATIONS

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Learners must demonstrate competence and be approved by the lab instructor for each skill before being able to perform the skill in nursing practice. If a learner misses a lab class, it is the learner's responsibility to study the theory and to practice the missed skill. Students who miss a lab (skill) are required to arrange a time to demonstrate competence in the skill and be approved by the lab instructor before performing the skill in nursing practice. Students have until the end of the exam period to demonstrate the skill, otherwise their grade for the lab course will be an F.

To honour BCCNM professional standards, the Health Professions Act, and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in the nursing practice areas until they have learned the theory and practiced that skill or assessment in the nursing lab.

### Lab Expectations and Rules

The labs are heavily used. The listed expectations and rules will make the labs run smoother for everyone.

1. The lab must be treated and maintained like a hospital nursing unit.
2. Lab coat or clean nursing uniform top must be worn in lab.
3. Closed toed shoes **must** be worn, at all times, by all faculty and students in the labs. This is a WorkSafe BC requirement.
4. Dolls, beds, bedside tables, and medication carts must be left clean, tidy, and free of garbage at the end of each lab.
5. At the end of each lab, the teacher basket will only contain items for reuse. Do not place garbage in the teacher baskets.
6. Do not "borrow" materials from other teacher baskets. Extra inventory can be found on the back counter and cabinets. If more supplies are needed, please ask the lab assistants.
7. Please re-use and recycle when possible. Place **All SHARPS** in the sharp's containers.

## SCHOOL OR DEPARTMENTAL INFORMATION

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Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

## STUDENT RESPONSIBILITY

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Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

## SUPPORTS AND SERVICES FOR STUDENTS

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Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	<a href="http://camosun.ca/advising">http://camosun.ca/advising</a>
Accessible Learning	<a href="http://camosun.ca/accessible-learning">http://camosun.ca/accessible-learning</a>
Counselling	<a href="http://camosun.ca/counselling">http://camosun.ca/counselling</a>
Career Services	<a href="http://camosun.ca/coop">http://camosun.ca/coop</a>
Financial Aid and Awards	<a href="http://camosun.ca/financialaid">http://camosun.ca/financialaid</a>
Help Centres (Math/English/Science)	<a href="http://camosun.ca/help-centres">http://camosun.ca/help-centres</a>
Indigenous Student Support	<a href="http://camosun.ca/indigenous">http://camosun.ca/indigenous</a>
International Student Support	<a href="http://camosun.ca/international/">http://camosun.ca/international/</a>
Learning Skills	<a href="http://camosun.ca/learningskills">http://camosun.ca/learningskills</a>
Library	<a href="http://camosun.ca/services/library/">http://camosun.ca/services/library/</a>
Office of Student Support	<a href="http://camosun.ca/oss">http://camosun.ca/oss</a>
Ombudsperson	<a href="http://camosun.ca/ombuds">http://camosun.ca/ombuds</a>
Registration	<a href="http://camosun.ca/registration">http://camosun.ca/registration</a>
Technology Support	<a href="http://camosun.ca/its">http://camosun.ca/its</a>
Writing Centre	<a href="http://camosun.ca/writing-centre">http://camosun.ca/writing-centre</a>

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

## COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

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### Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

### Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

### Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

### Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

### Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

### Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

### Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the "Attendance" section under "Registration Policies and Procedures"

(<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

### Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

### Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun's Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student's right to choose what is right for them. For more information see Camosun's Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and [camosun.ca/sexual-violence](http://camosun.ca/sexual-violence). To contact the Office of Student Support: [oss@camosun.ca](mailto:oss@camosun.ca) or by phone: 250-370-3046 or 250-370-3841

### Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College's Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College's expectations of academic integrity and student behavioural conduct.

**Changes to this Syllabus:** Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.