

CLASS SYLLABUS



COURSE TITLE: NURS 132 Nurses Promoting Health
CLASS SECTION: Section Two (X02)
TERM: 2021F
COURSE CREDITS: 3
DELIVERY METHOD(S): Synchronous

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here. Learn more about Camosun's [Territorial Acknowledgement](#).

<https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Louise Friesen MSc(CHS) BN RN
EMAIL: LFriesen@camosun.bc.ca
OFFICE: Virtual
HOURS: Wednesdays 1130 to 1330 or by appointment (email at above address)

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

Learners will be introduced to health promotion. They will explore how health is conceptualized and examine their own personal beliefs relating to health. They will evaluate the health of diverse Canadians using a variety of health information sources in order to understand the individual and macro level conditions that impact health. Learners will critically evaluate the Canadian health care system, its effect on health status, and factors that contribute to health inequity, including gender and exigencies that impact Indigenous health. Learners will be introduced to the concept of primary health care. Learners explore the contributions of professional nursing to the health of individuals, families, and communities.

PREREQUISITE(S): none
PRE/CO-REQUISITE(S): C in NURS 110

COURSE LEARNING OUTCOMES

Upon successful completion of this course a student will be able to:

- a) describe the role and responsibilities of registered nurses to ensure individual, family, and community centred care through interprofessional practice.
- b) describe the theory and history of health, health promotion and primary health care.
- c) compare and contrast perspectives of health that informed key health promotion documents.
- d) demonstrate a foundational knowledge of epidemiology.
- e) use the tools of epidemiology to analyze the health status of Canadians.
- f) demonstrate an understanding of the concept of health literacy.
- g) describe the social determinants as the context for health and well-being.
- h) identify factors contributing to health inequity in Canada and globally.
- i) identify the key principles of primary health care.
- j) begin to explore the impact professional nurses have on the health status of Canadians.
- k) recognize the relationship between colonization, the social determinants of health, and health inequities for Indigenous peoples.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

Astle, B.J., Duggleby, W., Potter, P.A., Griffin Perry, A., Stockert, P.A., & Hall, A.M. (Eds.). (2019). Canadian fundamentals of nursing (6th ed.). Elsevier.

Resources may include:

There are many important on-line resources recommended for this course. When you are asked to access and read these resources, you may find it helpful to first browse the websites to educate yourself about the organization or source, the context, and then focus on reading the recommended resource.

- Canadian Institute for Health Information: www.cihi.ca
- Health Canada: www.hc-sc.gc.ca
- Public Health Agency of Canada: <http://www.phac-aspc.gc.ca/chn-rccs/index-eng.php>
- International Union for Health Promotion and Education: <http://www.iuhpe.org/>
- Network Environments for Aboriginal Research BC (NEARBC). Aboriginal Health Resource Site: <https://www.uvic.ca/research/centres/circle/?uri=/nearbc/>
- Stats Canada: <https://statcan.gc.ca/>
- World Health Organization: www.who.int/en
- World Health Organization Global Health Promotion: www.who.int/healthpromotion/conferences/en

COURSE CONTENT AND SCHEDULE

This schedule is **tentative and is subject to change** as necessary during the semester. Flexibility has been built into the schedule to accommodate statutory holidays.

Week 1 Sept 7-10	Course Introduction Labour Day Holiday (Section X02)
Week 2 Sept 13-17	Module 1: Investigating the Spectrum of Health and Well-being. Notions of “healthy” and “unhealthy”.
Week 3 Sept 20-24	Module 2: Statistical Literacy and Analyzing the Health of Canadians Online Quiz #1
Week 4 Sept 27- Oct 1	Truth and Reconciliation Statutory Holiday Thursday September 30—NO CLASSES Module 3: Health Literacy Online Quiz #2
Week 5 Oct 4-8	Module 4: The Evolution of Health Promotion Group Post #1
Week 6 Oct 11-15	Thanksgiving Statutory Holiday Monday October 11th—NO CLASSES Module 4: The Evolution of Health Promotion (continued) Assignment 1 (Health Literacy) Due October 15
Week 7 Oct 18-22	Module 5: Exploring the Social Determinants of Health Group Post #2
Week 8 Oct 25-29	Module 5: Exploring the Social Determinants of Health (continued)
Week 9 Nov 1-5	Module 6: Population Health and Healthy Public Policy Online Quiz #3
Week 10 Nov 8-12	Remembrance Day Statutory Holiday Thursday November 11th – NO CLASSES Module 6: Population Health and Healthy Public Policy (continued) Group Post #3 (can also be done in week 11)
Week 11 Nov 15-19	Module 7: Health Inequality and Health Inequity Group Post #3 (If not done in week 10) Online Quiz #4
Week 12 Nov 22-26	Module 8: Investigating the Canadian Health Care System Assignment 2 (Social Determinants of Health Paper) Due (specific date TBA)
Week 13 Nov 29- Dec 3	Module 9: Understanding Primary Health Care Group Post #5
Week 14 Dec 6-10	Module 10: Professional Nursing and Health Promotion Online Quiz #5

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

STUDENT EVALUATION

Assignment	Weight of Overall Grade
Online quizzes	25% (5x5% each)
Health Literacy Assignment	25%
Group Posts	20 % (4x5% each)
Social Determinants of Health Academic Paper	30%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](#) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

This course is graded by the [Standard Grading System](#).

SCHOOL OR DEPARTMENTAL INFORMATION

Students are required to read and are accountable for following College policies and practicum guidelines as described in the BSN and HHS Student Handbooks.

[BSN Student Handbook](#)

[HHS Student Handbook](#)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres

Support Service	Website
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.