

Department: Baccalaureate of Science in Nursing Program

**NURS 242 Foundational Psychomotor Nursing Skills
Fall 2020**

COURSE OUTLINE

**The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/nurs.html#nurs242>**

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faq-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

As there are various instructors for this course – please fill in your individual instructor information below.

(a) Instructor

(b) Office hours

(c) Location

(d) Phone

Alternative:

(e) E-mail

(f) Website

2. Intended Learning Outcomes

Learners gain knowledge and skill for select nursing interventions related to nursing care in the context of acute and chronic illnesses. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

Upon successful completion of this course a student will be able to:

- a) demonstrate select foundational psychomotor skills safely and competently.
- b) select and effectively use appropriate technologies and equipment for each foundational psychomotor skill.
- c) explain the purpose, principles, and rationale related to select psychomotor skills.
- d) demonstrate organization, dexterity, and prioritization at a foundational level.
- e) demonstrate clinical judgment and decision-making.
- f) evaluate self and others in relation to nursing interventions.
- g) engage with evidence and best practice through accessing, interpreting and explaining current research findings related to foundational psychomotor skills.
- h) document nursing intervention, psychomotor skill, and related assessment findings using appropriate terminology and format, integrating nursing informatics.

3. Required Materials

Perry, A.G., Potter, P.A., Ostendorf, W.R., & Cobbett, S.L. (2020). *Canadian Clinical Nursing Skills and Techniques* (1st ed.). Milton, ON: Elsevier.

Perry, S.E., Hockenberry, M.J., Lowdermilk, D.L., Wilson, D., Keenan-Lindsay, L. & Sams, C.A. (2017) *Maternal Child Nursing Care in Canada*, (2nd ed.) Toronto, ON: Elsevier.

Pickar, G. A., Pickar Abernethy, A., Swart, B. F., Graham, H., & Swedish, M. (2018). *Dosage calculations* (4th ed.). Toronto, ON: Nelson Education Ltd.

Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (2019). *Canadian Fundamentals of Nursing* (6th ed.). Milton, ON: Elsevier

Rosenjack Burchum, J. & Rosenthal, L.D. (2019). *Lehne's Pharmacology for Nursing Care* (10th ed.) St. Louis, MO: Elsevier

Additional reading and resources at the discretion of the faculty.

4. Course Content and Schedule

Date/Class	Module	Focus of the Week	Assignment & Activities
Week 1: Sept 8 -11	Module 1	Review of Personal Care	
Week 2: Sept 14 - 18	Module 2	Medication Administration Parts A, B, & C	
Week 3: Sept 21 - 25	Module 2	Medication Administration Parts D, E, & F	
Week 4: Sept 28 – Oct 2	Module 2	Medication Administration Continue, Review & Film	Students film skill #1 in the lab: Medication (oral) Administration
Week 5: Oct 5-9	Module 3	Oxygen Therapy & Airway Management <i>(Beginning of testable material)</i>	Recorded Skill Check #1 Reflection Due Friday (15%)
Week 6: Oct 12 – 16 <i>Oct 12 Holiday</i>	Module 4	Asepsis & Specimen Collection	
Week 7: Oct 19 - 23	Module 5	Parenteral Medications Part A: Preparing Medications for Injection Part B: Subcutaneous Injections	Quiz #1 – Modules 3 + 4 (15%)
Week 8: Oct 26-30	Module 5	Parenteral Medications Part C: Insertion & Maintenance of Subcutaneous Butterfly Part D: Intradermal Injections	

Week 9: Nov 206	Module 5	Parenteral Medications Part E: Intramuscular Injections	
Week 10: Nov 9-13 Nov 11 Holiday	Module 6	Subcutaneous Insulin Administration <i>[NB: sections 3 + 4 miss class]</i>	
Week 11: Nov 16-20	Module 6	Subcutaneous Insulin Administration Continued	Quiz #2 – Modules 5 + 6 (20%)
Week 12: Nov 23 – 27	Module 7	Surgical Wound Care Part A: Wound Assessment & Surgical Asepsis (Focus on Simple Dressing Change)	
Week 13: Nov 30 – Dec 4	Module 7	Surgical Wound Care Part B: Wound Closures & Drains (Focus on Removal of Sutures & Staples)	Students film skill #2 in the lab: sterile tray setup
Week 14: Dec 7 - 11	Module 7	Part B continued: Wound Closures & Drains (Focus on Management and Removal of Drains)	Recorded Skill Check #2 Reflection Due Friday (15%) Final exam week - Final exam 35%

5. Basis of Student Assessment (Weighting)

- (a) Recorded Skill Check Reflection #1 = 15%
- (b) Recorded Skill Check Reflection #2 = 15%
- (b) Quiz #1 (Modules 3 & 4) = 15%
- (c) Quiz #1 (Modules 5 & 6) = 20%
- (d) Final Exam = 35% (during final exam period)

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

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8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at

<http://camosun.ca/services>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.