



NURS 180 Introduction to Professional Nursing Practice
Promoting Health in Practice
Fall 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/nurs.html#nurs180>

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

As there are various instructors for this course – please fill in your individual instructor information below.

(a) Instructor

(b) Office hours

(c) Location

(d) Phone

Alternative:

(e) E-mail

(f) Website

2. Intended Learning Outcomes

The purpose of this course is application of knowledge, skills and dispositions gained in nursing and service courses. Experiences of the registered nurses' role are provided. Learners will engage in health prevention and promotion activities for individuals across the lifespan. Learners will engage with other professionals and service providers in health, human service or educational organizations.

Upon successful completion of this course a student will be able to:

- a) describe the various roles, responsibilities, and scope of practice of the registered nurse with other professionals in diverse contexts.
- b) demonstrate professionalism when representing him/herself as a nursing student.
- c) enact principles of quality and safety practice to protect themselves and the public from harm.
- d) promote health and safety for self and the workplace and apply concepts of 'fitness to practice'.
- e) design and implement plans for promoting health and well-being for individuals across the lifespan.
- f) use evidence and nursing knowledge to inform health promotion activities.
- g) participate in environmentally responsible nursing practice.
- h) engage in professional nurse-client relationships and collaboration with individuals and families.
- i) engage in self-appraisal, as an essential aspect of professionalism, in nursing practice settings.
- j) apply cultural awareness and sensitivity in practice settings.
- k) apply the principle of self-determination when relating with Indigenous people in the health care setting.

3. Required Materials

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Wolters Kluwer.

Perry, A.G., Potter, P.A., Ostendorf, W. R., & Cobbett, S. L. (2020). *Canadian clinical nursing skills & techniques* (1st ed.). Elsevier.

Potter, P., Perry, A. G., Stockert, P., & Hall, A. (2019). *Canadian fundamentals of nursing* (6th ed., B. J. Astle & W. Duggleby, Eds.). Elsevier Canada.

4. Course Content and Schedule

This schedule is **tentative, subject to change, and based on availability of placement opportunities**. Individual timetables will also impact the course schedule. By the end of the semester learners must have completed all course requirements, including fulfilling the hours of nursing practice.

WEEK & DATE	MODULE	NURSING PRACTICE ACTIVITIES
Week 1 Sept 8-11 (no class Sept 7th)	Praxis Seminar Module 1: Intro to Nursing Practice	Online synchronous
Week 2 Sept 14-18	Module 2: Promoting Health and Well-being in Nursing Practice	Online synchronous
Week 3 Sept 21-25	Module 3: Professional Nursing Practice, Quality Improvement & Safety	Online synchronous
Week 4 Sept 28- Oct 2	Module 4: Professional Relationships	Online synchronous
Week 5 Oct 5-9	Module 5: Nursing, Health, and the Older Adult	Online synchronous
Week 6 Oct 12-16 (no classes Oct 12 th)		Online for one hour , plus a weekly schedule that will be unique for each student group. Online or virtual interactions relating to health promotion in elementary schools or nurse interviews or interviews with 3 rd year nursing students or prep for interaction with older adult.
Week 7 Oct 19-23		Online for one hour , plus a weekly schedule that will be unique for each student group. Online or virtual interactions relating to health promotion in elementary schools or nurse interviews or interviews with 3 rd year nursing students or prep for interaction with older adult.
Week 8 Oct 26-30		Online for one hour , plus a weekly schedule that will be unique for each student group. Online or virtual interactions relating to health promotion in elementary schools or nurse interviews or interviews with 3 rd year nursing students or prep for interaction with older adult.
Week 9 Nov 2-6		Online for one hour , plus a weekly schedule that will be unique for each student group. Online or virtual interactions relating to health promotion in elementary schools or nurse interviews or interviews with 3 rd year nursing students or prep for interaction with older adult.
Week 10 Nov 10-13 (no class Nov 11th)		Online for one hour. Introductions & interactions with older adults.

Week 11 Nov 16-20		Online for one hour. Interactions with older adult.
Week 12 Nov 23-27		Online for one hour. Interactions with older adult.
Week 13 Nov 30-Dec 4		Online for one hour. Interactions with older adult.
Week14 Dec 7-11	Review – Practice Appraisal	Online one-to-one meetings.

5. Basis of Student Assessment (Weighting)

Nursing 180 - Evaluation - Fall 2020

The purpose of the activities and assignments in this course are to develop and strengthen the student's critical thinking skills, explore learning that happens in nursing practice settings, link theory to practice, and learn more about the role of a nurse.

Nurse Interview

Students will develop an understanding of the diverse roles and responsibilities of nurses by completing an interview with a practicing registered nurse (RN). This learning activity will provide an opportunity to increase awareness of the variety of places where nurses work, expand awareness of the responsibilities and qualities needed by nurses working in different areas, and explore various communication techniques related to professional interviewing. This activity will also provide an opportunity for you to explore the differences between professional and social relationships.

Each student will interview a registered nurse (must be a practicing RN) for approximately one hour. Potential interview questions will be developed by the praxis group in advance. Nurse interviews will be completed between weeks 3-6. Each individual instructor will determine the completion date of the nurse interviews dependent on their small groups schedule and needs.

Third-Year Student Nurse Interview

Students will further explore the role of nurses by interviewing a third-year student nurse. This experience will provide students with an opportunity to discuss the role of the student nurse in health care and explore how they interact with the interprofessional team in an acute care practice setting. The third-year student nurse interview experience will occur in weeks 6, 7, or 8 depending on the practice group's schedule.

"Do Bugs Need Drugs?" Group Presentation

Although nurses work in a variety of settings, one common objective is to promote health and wellbeing in both individuals and communities. Nurses are involved in many health education initiatives such as "Do Bugs Need Drugs?" (DBND) program which is a health promotion education activity to develop hand hygiene practices and provide knowledge regarding the appropriate use of antibiotics for the treatment of bacterial and viral infections.

Students working in groups of 3-5 students will have an opportunity to teach the "Do Bugs Need Drugs?" program to grade two students by preparing and presenting a one-hour video or virtual presentation. The students will develop a teaching plan with the resources provided on the DBND website. The DBND presentation for the grade 2 classroom will occur during one of the following weeks: 6, 7, or 8 depending on the practice group's schedule.

Older Adult Interview Experience

During weeks 10-13, nursing students will be paired with an older adult to engage in building a professional relationship by applying their interview skills. As part of connecting in a professional relationship the nursing students will be learning the importance of initiating, maintaining, and terminating the relationship with the older adult over the four-week period.

Through this nursing practice experience, nursing students will explore healthy aging in the community context. Topics related to healthy aging, the social determinants of health, residents' rights and health indicators may also be explored. A faculty member will serve as a facilitator and resource for the students throughout the four-week experience.

As part of their nursing practice, small groups will complete a "Health Promotion for Well Seniors Resource". The student groups will share their health promotion pamphlets with each other and the older adults for further knowledge dissemination.

Three Critical Reflections (CR) For more information on the goal of critical reflection activities, please review your course notes from Nursing 160 and the readings related to reflective nursing practice.

1. Nurse's Work

CR #1 is a reflection on what you have learned about the profession of nursing from either the nurse interview or the third-year student nurse interview.

Due date: Week 7-9 (Instructor to determine dependent on individual small group's schedule)

2. "Do Bugs Need Drugs?" Health Promotion Activity

CR #2 is a reflection on your learning and understanding of health promotion within the profession of nursing, based on the DBND teaching experience working in groups.

Due date: Week 7-9 (Instructor to determine dependent on individual small group's schedule)

3. Older Adult Interview Experience

CR #3 is a reflection on your learning and understanding of being in a therapeutic relationship within the profession of nursing, based on your interactions with an older adult in the community.

Due date: Week 12 (Instructor to determine dependent on individual small group's schedule)

Final Evaluation and Completion of Electronic Practice Appraisal Form (ePAF)

At the end of the semester, Camosun College Nursing Students complete a self-evaluation reflection to review and assess their own clinical practice and learning based on the N180 learning outcomes, praxis sessions, and the completion of the learning activities described above. Your instructor will also provide feedback and a written evaluation in the form of the ePAF, as well as completing a 1:1 meeting in the final week of the term.

Due date: Week 13-14 (Instructor to determine dependent on individual small group's schedule)

Nursing 180 is graded as a pass/fail course (complete: COM / not complete: NC).

Professional Responsibility: In order to honour nursing professional standards, the Health Professions Act and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in clinical areas if they have not acquired the requisite theoretical knowledge and demonstrated the skills and assessments in Nursing 142 (Foundational Nursing Skills and Assessment) course.

In order to meet the required nursing practice hours of the Nursing 180 course, it is expected that students will: complete one nurse interview, one third year student interview, one "Do Bugs

Need Drugs” group presentation, and complete four older adult interviews. In addition, students will complete all the written assignments at a satisfactory level by the last day of classes in the Fall 2020 semester. If, for extenuating circumstances, an individual student is unable to meet any of the above expectations and requirements, accommodations will be discussed and addressed.

Collaborative student/teacher evaluation will occur during the final week of the course or during the Fall 2020 exam weeks. Students will prepare by completing a self-evaluation reflection based on the British Columbia College of Nursing Professional Standards of Practice using an electronic Practice Appraisal Form (ePAF).

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

[Click or tap here to enter text.](#)

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal</i> : A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.