



NURS 160 Nursing as a Caring Relational Practice
Fall 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/nurs.html#nurs160>

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

As there are various instructors for this course – please fill in your individual instructor information below.

- (a) Instructor
- (b) Office hours
- (c) Location
- (d) Phone
- (e) E-mail
- (f) Website

Alternative:

www.camosun.ca

2. Intended Learning Outcomes

Learners will develop self-awareness, critical reflection, and therapeutic communication skills. Values, beliefs, and attitudes are examined and integrated to provide compassionate, culturally sensitive healthcare. Learners develop skills to prevent compassion fatigue. Learners develop effective therapeutic communication for patient-centered care, attending to the lived experience of the patient. Using a health promoting approach learners are introduced to the processes related to initiating, maintaining, and ending nurse-client therapeutic relationships. Loss and grief theory is applied to aspects of nursing, as preparation for practice placements.

Upon successful completion of this course a student will be able to:

- a) Demonstrate self-awareness, critical reflection, and critical thinking, in preparation for nursing practice
- b) Apply skills of self-awareness and perception checking to develop cultural awareness and sensitivity
- c) Recognize historic communication patterns, such as oral tradition, that are unique to Indigenous peoples, in order to enable respectful communication
- d) Describe the concepts of caring and caring relationships
- e) Describe theoretical perspectives and concepts related to therapeutic communication
- f) Demonstrate therapeutic communication with clients and families of older persons
- g) Relate effective communication to maintaining client dignity
- h) Demonstrate self-efficacy in caring therapeutic relationships
- i) Discuss how multiple personal and contextual factors shape effective communication
- j) Integrate and apply theory of loss and grief in caring professional relationships**
- k) Describe the role of effective communication in creating a safe environment and influencing quality of care in contemporary health care settings

3. Required Materials

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: Author.

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Wolters Kluwer.

Jarvis, C. (2019). *Physical examination and health assessment* (3rd Cdn ed., A. J. Browne, J. MacDonald-Jenkins, & M. Luctkar-Flude, Eds.). Elsevier Inc.

Potter, P., Perry, A. G., Stockert, P., Hall, A., Astle, B. J., & Dugleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

4. Course Content and Schedule

Nursing 160 Course Schedule - Fall 2020*

Week	Dates	Content
1	Sept 8-11 2020	Module 1 Introduction to Nursing 160 & Community Building
2	Sept 14-18	Module 2 Critical Reflection, Feedback and the Reflective Process
3	Sept 21-25	Module 3 Perceiving Self: Self Concept
4	Sept 28- Oct 2	Module 4 Perceiving Self: Self-Esteem & Self-Efficacy
5	Oct 5-9	Module 5 Perceiving Self and Others: Self-Awareness, Perception & Mindfulness
6	Oct 13-16	Module 6 Caring for Self in the Context of Caring for Others
7	Oct 19-23	Module 7 Loss, Grief and Bereavement
8	Oct 26-30	Module 8 The Nurse-Client Therapeutic Relationship Module 9 Effective Communication Techniques in the Therapeutic Relationship
9	Nov 2-6	Module 10 Building Therapeutic Relationships with the Older Adult
10	Nov 9-13	Module 11 Cultivating Compassionate Care in the Therapeutic Relationship
11	Nov 16-20	Module 12 Overcoming Communication Challenges in the Therapeutic Relationship
12	Nov 23-27	Module 13 Understanding Cultural and Spiritual Beliefs and Values
13	Nov 30- Dec 4	Module 13 Understanding Cultural and Spiritual Beliefs and Values
14	Dec 7-11	Module 14 Bringing it All Together

*This schedule is a guide and is subject to change. It may vary for each individual section group.

5. Basis of Student Assessment (Weighting)

Evaluation Component NURS 160 Section 01	Due Date	Percentage of Course Grade	Comments
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1. Critical Reflection	Due: Week 5	15%	Assignments should be saved and uploaded to D2L using the naming convention: Doe JE 1234567 N160 Critical Reflection
2. Quizzes	Quiz 1: Week 7 -Covers Modules 1 - 5 Quiz 2: Week 10 -Covers Modules 6-9 Quiz 3: Week 14 -Covers Modules 10-13	10% each Total: 30%	Quizzes will be completed on D2L during class time. <i>**To be completed independently</i>
3. Role Play Assignment	Due: Week 12	30%	Assignments should be saved and uploaded to D2L using the naming convention: Doe JE 1234567 N160 Role Play Video Doe JE 1234567 N160 Checklist Doe JE 1234567 N160 Analysis
4. Reflective assignments to demonstrate critical thought and application of course concepts	Descriptions and due dates vary between instructors and can be found on each corresponding evaluation guide.	25%	Assignments vary between instructors.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.