



**NURS 132 Nursing & Health: Promoting Health & Wellbeing**  
**Fall 2020**

**COURSE OUTLINE**

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**The course description is available on the web:**  
**<http://camosun.ca/learn/calendar/current/web/nurs.html#nurs132>**

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

*Ω Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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## **1. Instructor Information**

As there are various instructors for this course – please fill in your individual instructor information below.

- (a) **Instructor**
- (b) **Office hours**
- (c) **Location**
- (d) **Phone**
- (e) **E-mail**
- (f) **Website**

**Alternative:**

## **2. Intended Learning Outcomes**

Learners will be introduced to health promotion. They will explore how health is conceptualized and examine their own personal beliefs relating to health. They will evaluate the health of diverse Canadians using a variety of health information sources to understand the individual and macro level conditions that impact health. Learners will critically evaluate the Canadian health care system, its effect on health status, and factors that contribute to health inequity, including gender and exigencies that impact Indigenous health. Learners will be introduced to the concept of primary health care. Learners explore the contributions of professional nursing to the health of individuals, families, and communities.

Upon successful completion of this course a student will be able to:

- a) Describe the theory and history of health, health promotion and primary health care.
- b) Compare and contrast perspectives of health that informed key health promotion documents.
- c) Demonstrate a foundational knowledge of epidemiology.
- d) Use the tools of epidemiology to analyze the health status of Canadians.
- e) Demonstrate an understanding of the concept of health literacy.
- f) Describe the social determinants as the context for health and well-being.
- g) Identify factors contributing to health inequity in Canada and globally.
- h) Identify the key principles of primary health care.
- i) Begin to explore the impact professional nurses have on the health status of Canadians.
- j) Recognize the relationship between colonization, the social determinants of health, and health inequities for Indigenous peoples.

### 3. Required Materials

(a) Texts:

Potter, P.A., Perry, A.G., Stockert, P.A., Hall, A.M., Astle, B.J., & Duggleby, W. (2019). Canadian fundamentals of nursing (6th ed.). Milton, ON: Elsevier Canada.

### 4. Course Content and Schedule

This schedule *is tentative and is subject to change as necessary* during the semester. Flexibility has been built into the schedule to accommodate statutory holidays.

Week 1 Sept 8	Course Introduction Covid presentation
Week 2 Sept 14	Module 1: Investigating the Spectrum of Health and Well-being. Notions of “healthy” and “unhealthy”.
Week 3 Sept 21	Module 2: Statistical Literacy and Analyzing the Health of Canadians <b>Quiz 1</b>
Week 4 Sept 28	Module 3: Health Literacy <b>Quiz 2</b>
Week 5 Oct 5	Module 4: The Evolution of Health Promotion
Week 6 Oct 13	<b>Thanksgiving Statutory Holiday Monday October 12th</b> Module 4: The Evolution of Health Promotion (continued) <b>Assignment 1 due</b> <b>No discussion question this week</b>
Week 7 Oct 19	Module 5: Exploring the Social Determinants of Health
Week 8 Oct 26	Module 5: Exploring the Social Determinants of Health (continued)
Week 9 Nov 2	Module 6: Population Health and Healthy Public Policy
Week 10	<b>Remembrance Day Statutory Holiday Wednesday November 11th</b>

Nov 9	Module 6: Population Health and Healthy Public Policy (continued) <b>Quiz 3</b>
Week 11 Nov 16	Module 7: Health Inequality and Health Inequity <b>Assignment 2 due</b> <b>No discussion question this week</b>
Week 12 Nov 23	Module 8: Investigating the Canadian Health Care System
Week 13 Nov 30	Module 9: Understanding Primary Health Care <b>Quiz 4</b>
Week 14 Dec 7	Module 10: Professional Nursing and Health Promotion

## 5. Basis of Student Assessment (Weighting)

Assignment 1: Health Literacy Assignment	25%
4 Quizzes worth 5% each	20%
Assignment 2: Academic Paper	35%
Discussion Participation and Group Contract	30%

## 6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials to Assist Students to Succeed Throughout the Course

Potter, P.A., Perry, A.G., Stockert, P.A., Hall, A.M., Astle, B.J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Elsevier Canada.

## 8. College Supports, Services and Policies

### Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or  
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

### College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services>

### College Policies

Policies are available on the College website at <http://camosun.ca/about/policies>. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Grading](#), [Involuntary Health and Safety Leave of Absence](#), [Prior Learning Assessment](#), [Medical/Compassionate Withdrawals](#), [Sexual Violence and Misconduct](#), [Standards for Awarding Credentials](#), [Student Ancillary Fees](#), [Student Appeals](#), and [Student Penalties and Fines](#).

## Student Conduct Policy

The [Student Conduct Policy](#) provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

## A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.

IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.