CAMOSUN COLLEGE
School of Health & Human Services
Department: Nursing

NURS 133 Promoting Health Across the Lifespan
Winter 2020

COURSE OUTLINE

The course description is available on the web:
http://camosun.ca/learn/calendar/current/web/nurs.html#nurs133

Ω *Please note: This outline will not be kept indefinitely. Students are recommended to keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

1. Instructor Information

(a) Instructor   various

(b) Office hours

(c) Location

(d) Phone   **Alternative:**

(e) E-mail

(f) Website

2. Intended Learning Outcomes

Upon successful completion of this course the student will be able to:
  a) Describe health and wellbeing across the lifespan.
  b) Relate developmental theory to health and wellbeing across the lifespan.
  c) Identify developmental milestones from birth to death, to inform nursing assessment and interventions.
  d) Examine the relationships between family and health and wellbeing.
  e) Describe normal pregnancy, childbirth, and family transitions.
  f) Describe best practice in infant feeding.
  g) Integrate learning theory with knowledge of each developmental stage.
  h) Demonstrate culturally sensitive strategies for health promotion.
  i) Demonstrate a family assessment, to identify strengths, capacities, and diversity of families.
  j) Illustrate the importance of strength-based approaches to Indigenous family assessment.
  k) Support, communicate with, and educate clients of all ages and their families through losses or death.
  l) Integrate the Quality & Safety Education for Nurses (QSEN) competencies into developing understandings of healthcare and nursing practice.

3. Required Materials

American Psychological Association. (2010). *Publication manual of the American psychological association* (6th ed.). Washington, DC: Author.

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Wolters Kluwer.

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2017). *Maternal child nursing care in Canada* (2nd ed.). Toronto, ON: Elsevier.

Potter, P., Perry, A. G., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

4. Course Content and Schedule

Module One - Introduction to Theories of Growth & Development
        Maslow's Needs Theory
        Teaching & Learning Across the life span
        Death & Dying
Module Two - Families
Module Three - Perinatal Nursing - Pregnancy
Module Four - Perinatal Nursing – Labour, Birth and the Postpartum Period
Module Five - Perinatal Nursing – The Newborn
Module Six – The Infant
Module Seven – The Toddler
Module Eight – The Preschool Child
Module Nine – The School-Age Child
Module Ten – Adolescence
Module Eleven – Adulthood: Young
Module Twelve – Adulthood: Middle-Aged
Module Thirteen – Adulthood: Older Adults

5. Basis of Student Assessment (Weighting)

(a) Assignments
All written assignments must be typewritten and adhere to APA 6th edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar and quality of critical thinking in the assigned grades. Late assignments will be deducted 5% per day, weekend and holiday days included. Assignment and student evaluation information will be provided in the first two weeks of the course. All assignments must be completed to achieve a passing grade. There will be no extensions or rewrites of quizzes/assignments and exams.

    a.   Module Quizzes, worth 60%

b. Health Behaviour Change Academic Paper, worth 20%

c. Developmental Health Promotion Peer Led Teaching Session, worth 20%

6. Grading System

☒ Standard Grading System (GPA)

☐ Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts: http://camosun.ca/about/mental-health/emergency.html or http://camosun.ca/services/sexual-violence/get-support.html#urgent

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at http://camosun.ca/services

College Policies

Policies are available on the College website at http://camosun.ca/about/policies. Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with college policies.

Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Grading, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawals, Sexual Violence and Misconduct, Standards for Awarding Credentials, Student Ancillary Fees, Student Appeals, and Student Penalties and Fines.

Student Conduct Policy

The Student Conduct Policy provides clear expectations of appropriate academic and non-academic student conduct and establishes processes for resolution of conduct issues or the imposition of sanctions for inappropriate conduct. It is the student's responsibility to become familiar with the content of this policy.

A. GRADING SYSTEMS

http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency

Education Approvals 2017-02-22   Last Saved: 3 March 2020

90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at http://www.camosun.bc.ca/policies/E-1.5.pdf for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	*Incomplete*: A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	*In progress*: A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	*Compulsory Withdrawal*: A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.