



**CAMOSUN COLLEGE**  
**School of Health & Human Services**  
**Department of Nursing**  
**Baccalaureate of Science in Nursing Program**  
**NURS 242 – Foundational Psychomotor**  
**Nursing Skills**  
**Fall 2018**

## COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS242>

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

### 1. Instructor Information

- (a) Instructor \_\_\_\_\_
- (b) Office hours \_\_\_\_\_
- (c) Location \_\_\_\_\_
- (d) Phone \_\_\_\_\_ **Alternative:** \_\_\_\_\_
- (e) E-mail \_\_\_\_\_
- (f) Website \_\_\_\_\_

### 2. Course Description and Intended Learning Outcomes

*Course Description:*

Learners gain knowledge and skill for select nursing interventions related to nursing care in the context of acute and chronic illnesses. Through experiential learning, accessing evidence and best practice guidelines, simulation, and demonstration, participants will gain knowledge, skills, and abilities for nursing practice. Learners demonstrate select psychomotor skills with appropriate assessments, clinical judgement, prioritization, technologies, and documentation. Learners will apply course concepts, principles, and decision making while performing the psychomotor skills. Learners will engage with peers and instructors to seek and provide feedback.

*Intended Learning Outcomes:*

- a) demonstrate select foundational psychomotor skills safely and competently.
- b) select and effectively use appropriate technologies and equipment for each foundational psychomotor skill.
- c) explain the purpose, principles, and rationale related to select psychomotor skills.
- d) demonstrate organization, dexterity, and prioritization at a foundational level.
- e) demonstrate clinical judgment and decision-making.
- f) evaluate self and others in relation to nursing interventions.
- g) engage with evidence and best practice through accessing, interpreting and explaining current research findings related to foundational psychomotor skills.

**COURSE OUTLINE  
NURSING DEPARTMENT  
(continued)**

---

- h) document nursing intervention, psychomotor skill, and related assessment findings using appropriate terminology and format, integrating nursing informatics.

### **3. Required Materials**

Kozier, B., Erb, G., Berman, A., Snyder, S. J., Frandsen, G., Buck, M., Ferguson, L., Yiu, L., & Stamler, L.

L. (2018). *Fundamentals of Canadian nursing: Concepts, process and practice* (4<sup>th</sup> Cdn ed.).

Toronto, ON: Pearson

Lilley, L., Rainforth Collins, S., Snyder, J., & Swart, B. (2017) *Pharmacology for Canadian health care practice*, (3rd Cdn ed.). Toronto, ON: Elsevier

Paul, P., Day R.A., & Williams, B. (2016). *Brunner & Suddarth's Textbook of Canadian medical-surgical nursing* (3<sup>rd</sup> ed). Philadelphia: Wolters Kluwer.

Perry, A.G., Potter, P.A. & Ostendorf, W.R. (2018). *Clinical nursing skills and techniques* (9<sup>th</sup> ed.). St. Louis, MO:Elsevier.

Perry, S.E., Hockenberry, M.J., Lowdermilk, D.L., Wilson, D., Keenan-Lindsay, L. & Sams, C.A. (2017) *Maternal Child Nursing Care in Canada*, (2<sup>nd</sup> Cdn ed.) Toronto, ON: Elsevier.

Pickar, G. A., Pickar Abernethy, A., Swart, B. F., Graham, H., & Swedish, M. (2018). *Dosage calculations* (4<sup>th</sup> Cdn ed.). Toronto, ON: Nelson Education Ltd.

Additional reading and resources at the discretion of the faculty.

**COURSE OUTLINE  
NURSING DEPARTMENT  
(continued)**

---

**4. Course Content and Schedule**

Week/ Date	MODULE
Week 1 Sept. 4-7	<b>Introductions and Review: Comprehensive Health Assessment &amp; General Survey</b> <b>Review Oxygen Administration (nasal prongs)</b>  <b>Module One: Airway Management &amp; Oxygen Therapy</b>
Week 2 Sept. 10-14	<b>Module Two: Asepsis &amp; Specimen Collection</b> Introduction to Principles of Asepsis Urine Specimen Collection from an Indwelling Catheter Nose and Throat Cultures
Week 3 Sept. 17-21	<b>Module Three: Parenteral Medication Administration</b> Subcutaneous Injections
Week 4 Sept. 24-28	Sub-Q Butterfly Insertion Intradermal Injections
Week 5 Oct. 1-5	Intramuscular Injections
Week 6 Oct. 9-12 (Thanksgiving Oct. 8)	<b>Module Four: Introduction to Peripheral Venous Access Devices (PVAD's) and Infusion Therapy</b> PVAD Indications & Assessment
Week 7 Oct. 15-19	Infusion Therapy & Electronic Infusion Devices
Midterm Exam	TBD
Week 8 Oct. 22-26	Infusion Therapy & Electronic Infusion Devices PVAD Maintenance and Removal
Week 9 Oct. 29 - Nov. 2	Insulin Administration
Week 10 Nov. 5-9 (Remembrance Day Nov. 11)	<b>Module Five: Wound Care</b> Introduction to Wound Types and Wound Care with surgical asepsis focus Simple Sterile Dressing
Week 11 Nov. 13 – 16 (Nov. 12 College closed)	Wound Assessment
Week 12 Nov. 19-23	Wound Closures Removal of clips and sutures
Week 13 Nov. 26 – 30	Wound Closures Removal of Drains
Week 14	Skill testing

**COURSE OUTLINE  
NURSING DEPARTMENT  
(continued)**

---

**5. Basis of Student Assessment (Weighting)**

*(Should be directly linked to learning outcomes.)*

- (a) Assignments
  
- (b) Quizzes
  
- (c) Exams
  
- (d) Other (e.g. Project, Attendance, Group Work)

**6. Grading System** <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

- Standard Grading System (GPA)
- Competency Based Grading System

**7. Recommended Materials to Assist Students to Succeed Throughout the Course**

**8. College Supports, Services and Policies**



**Immediate, Urgent, or Emergency Support**

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

**Learning Support and College Services for Students**

(see Student Services Section of our [website](#) for more detailed information)

Camosun offers a variety of health and academic support services, including counselling, dental, [Centre for Accessible Learning \(CAL\)](#), help center, learning skills, sexual violence support & education, library, and writing center.

**College Policies**

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

**Student Conduct Policy**

**COURSE OUTLINE  
NURSING DEPARTMENT  
(continued)**

---

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

**A. GRADING SYSTEMS** [E-1.5 GRADING POLICY](#)

The following two grading systems are used at Camosun College:

**1. Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

**2. Competency Based Grading System (Non GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

**B. Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See section F of the [Grading Policy](#) for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.

**COURSE OUTLINE  
NURSING DEPARTMENT  
(continued)**

---

CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.
----	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------