



**CAMOSUN COLLEGE**  
**School of Health & Human Services**  
**Department of Nursing**  
**Baccalaureate of Science in Nursing Program**  
**NURS 181 – Health Promoting Practice**  
**Winter 2019**

## **COURSE OUTLINE**

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**The calendar description is available on the web @**

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS181>

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*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### **1. Instructor Information**

- (a) Instructor \_\_\_\_\_
- (b) Office hours \_\_\_\_\_
- (c) Location \_\_\_\_\_
- (d) Phone \_\_\_\_\_ **Alternative:** \_\_\_\_\_
- (e) E-mail \_\_\_\_\_
- (f) Website \_\_\_\_\_

### **2. Course Description and Intended Learning Outcomes**

*Course Description:*

Learners will develop professional caring relationships with stable clients in diverse settings. Learners will integrate their knowledge of health promotion and holistic health assessment, for the delivery of safe, compassionate, evidence-informed health care. Learners will integrate foundational nursing skills in the practice setting.

*Intended Learning Outcomes:*

- a) demonstrate professionalism and self-awareness in nursing practice.
- b) establish and maintain caring, health promoting relationships in the nursing practice setting.
- c) apply safety principles, infection control measures and appropriate protective devices when providing nursing care to prevent injury to residents, self, and health care team.
- d) promote a safe environment for residents, self, health care workers and the public that addresses the unique needs of residents within the context of care.
- e) research and apply evidence-informed practices to care.
- f) conduct assessments from a health promotion perspective using appropriate tools and techniques, and skills of observation, interview, history taking, inspection, palpation, auscultation and percussion.
- g) document client/resident assessments and care in a professional and accurate method using available technologies.
- h) recognize the role of registered nurses in achieving health outcomes across settings.

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- i) provide personal care and hygiene while promoting the individual's dignity.
- j) assist in safe ambulation of older persons and people with physical disabilities.
- k) demonstrate respect and preserve individual's rights, including confidentiality.
- l) apply the principle of self-determination when relating with Indigenous people in the residential care setting.
- m) identify, report, and take action on actual and potential safety risks to residents, self or others.
- n) conduct health promotion education in specific education-focused settings.

### **3. Required Materials**

#### **(a) Texts**

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Wolters Kluwer.

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (2014). *Physical examination and health assessment* (2nd Cdn ed.). Toronto, ON: Elsevier.

Perry, A.G., Potter, P.A. & Ostendorf, W.R. (2018). *Clinical nursing skills and techniques* (9th ed). St. Louis, MO: Elsevier.

Pickar, G. A., Pickar Abernethy, A., & Swart, B. F. (2018). *Dosage calculations* (4th Cdn ed.). Toronto, ON: Nelson.

Potter, P., Perry, A. G., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

#### **(b) Additional Required Readings**

Camosun College Nursing Department Guidelines For Appropriate Use of Personal Mobile Devices (**Appendix A**).

Faculty & Student Dress Code: Nursing Practice & Lab/Simulation (2017). (**on D2L**).

### **4. Course Content and Schedule**

(Can include: Class hours, Lab hours, Out of Class Requirements and/or Dates for quizzes, exams, lecture, labs, seminars, practicums, etc.)

#### Course Content

During Semester II, students are assigned to a nursing practice group (consisting of eight students). The nursing practice experience will predominantly take place in a complex care facility. These facilities provide a higher level of care than independent living and are intended for clients who require 24-hour supervision (BC Ministry of Health, 2012). Students will engage in caring relationships with residents and possibly family members while providing personal care, bathing, feeding, and mobilizing. Throughout the semester, students will also be focusing on health assessments while integrating the concepts covered in the program to date. A faculty member will be present with the students at all times during practice hours in the complex care facility.

Students will also attend local grade schools in groups of four to teach the Sip Smart program. This interactive classroom based program was developed to raise awareness among grades four, five and six children of the negative health effects associated with the consumption of sugary, commercially prepared drinks. Nursing students will provide children with the knowledge and skills they need to make healthy drink choices. In addition, students will have an opportunity to practice in a Public Health setting with clients and families.

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The six hours dedicated to Nursing 181 will include five hours in the assigned nursing practice in a complex care facility, elementary school or public health unit and 1 hour for Praxis Seminar. The Praxis Seminar will take place in the practice setting or on campus during dedicated Praxis times (see timetable for more details). A general schedule of Nursing 181 is provided on the next page; further details of practice, seminars, Sip Smart and public health schedules/content will be provided by individual practice instructors during orientation weeks. Nursing 181 instructors contact assigned student groups regarding the place and time of the first meeting prior to Week One.

**Reference**

BC Ministry of Health. (2012). *Assisted living registrar: Community care and assisted living act* (Glossary of terms). Retrieved from <http://www.health.gov.bc.ca/assisted/glossary.html>

**This schedule is tentative and is subject to change as necessary during the semester.**

Weeks and Dates	Activity
<b>Weeks 1 – 3</b> January 7 - 11 January 14-18 January 21-25	Orientation to Island Health which includes: <ul style="list-style-type: none"> <li>• Mandatory Island Health orientation on-line modules (<b>MUST be completed before Week 4</b> or student is unable to enter clinical areas)</li> <li>• Health Authority Orientation Checklist (<b>MUST be completed and submitted to your instructor before Week 4</b> or student is unable to enter clinical areas)</li> </ul> Orientation to N181 with information provided regarding nursing practice areas and praxis seminars, including: <ul style="list-style-type: none"> <li>• Dementia Care on-line Island Health modules (<b>all three modules, to be completed by Week 14</b>)</li> <li>• Aboriginal Health: For the Next Seven Generations for the Children on-line Island Health module (<b>to be completed by Week 14</b>)</li> <li>• Orientation to Sip Smart and Public Health placements</li> <li>• A Newborn Simulation activity</li> </ul>
<b>Weeks 4 - 6</b> January 21- Feb 1 February 4 - 8 February 11-15	<ul style="list-style-type: none"> <li>• Orientation to nursing practice areas</li> <li>• Shifts in nursing practice areas</li> <li>• Sip Smart school and Public Health Unit visits begin</li> </ul>
<b>Week 7</b> February 18-22	READING BREAK- NO CLINICAL ACTIVITIES
<b>Weeks 8-14</b> Feb 25- March 1 March 4-8 March 11-15	<ul style="list-style-type: none"> <li>• Shifts in practice areas continue</li> <li>• Midterm evaluations</li> <li>• Sip Smart school visits and Public Health Unit visits continue</li> <li>• Praxis seminars continue</li> </ul>

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March 18-22 March 25-29 April 1-5 April 8-12	
<b>Exam Period</b> April 15 - 26	<ul style="list-style-type: none"><li>• Final Evaluations</li></ul>

## 5. Basis of Student Assessment (Weighting)

*(Should be directly linked to learning outcomes.)*

(a) Assignments:

All written assignments must be typewritten and adhere to APA 6th edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar and quality of critical thinking in the assigned grades. Late assignments will be deducted 5% per day, weekend and holiday days included. Assignment and student evaluation information will be provided in the first two weeks of the course. All assignments must be completed to achieve a passing grade. There will be no extensions or rewrites of quizzes/assignments and exams.

(b) Quizzes

(c) Exams

(d) Other (e.g. Project, Attendance, Group Work)

## 6. Grading System <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

Standard Grading System (GPA)

Competency Based Grading System

## 7. Recommended Materials to Assist Students to Succeed Throughout the Course

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

## 8. College Supports, Services and Policies



**Immediate, Urgent, or Emergency Support**

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If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

**Learning Support and College Services for Students**

(see Student Services Section of our [website](#) for more detailed information)

Camosun offers a variety of health and academic support services, including counselling, dental, [Centre for Accessible Learning \(CAL\)](#), help center, learning skills, sexual violence support & education, library, and writing center.

**College Policies**

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

**Student Conduct Policy**

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

**A. GRADING SYSTEMS [E-1.5 GRADING POLICY](#)**

The following two grading systems are used at Camosun College:

**1. Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

**2. Competency Based Grading System (Non GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
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COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## **B. Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See section F of the [Grading Policy](#) for information on conversion to final grades, and for additional information on student record and transcript notations.

<b>Temporary Grade</b>	<b>Description</b>
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.