



CAMOSUN COLLEGE
School of Health & Human Services
Department of Nursing
Baccalaureate of Science in Nursing Program
NURS 160 – Nursing as a Caring Relational
Practice
Fall 2018

COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS160>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

(a) Instructor	Andrea Turner		
(b) Office hours	Fridays @ 1300-1400 and upon individual request		
(c) Location	F351A		
(d) Phone	250-370-3286	Alternative:	
(e) E-mail	turnera@camosun.bc.ca		
(f) Website	N/A		

2. Course Description and Intended Learning Outcomes

Course Description:

Learners will develop self-awareness, critical reflection, and therapeutic communication skills. Values, beliefs, and attitudes are examined and integrated to provide compassionate, culturally sensitive healthcare. Learners develop skills to prevent compassion fatigue. Learners develop effective therapeutic communication for patient-centered care, attending to the lived experience of the patient. Using a health promoting approach learners are introduced to the processes related to initiating, maintaining, and ending nurse-client therapeutic relationships. Loss and grief theory is applied to aspects of nursing, as preparation for practice placements.

Intended Learning Outcomes:

- a) demonstrate self-awareness, critical reflection, and critical thinking, in preparation for nursing practice.
- b) apply skills of self-awareness and perception checking to develop cultural awareness and sensitivity.
- c) recognize historic communication patterns, such as oral tradition, that are unique to Indigenous peoples, in order to enable respectful communication.
- d) describe the concepts of caring and caring relationships in nursing practice.
- e) describe theoretical perspectives and concepts related to therapeutic communication.
- f) demonstrate therapeutic communication skills with clients and families of older persons.
- g) relate effective communication to maintaining client dignity.

**COURSE OUTLINE
NURSING DEPARTMENT
(continued)**

- h) demonstrate self-efficacy in caring, therapeutic relationships.
- i) discuss how multiple personal and contextual factors shape effective communication.
- j) integrate and apply theory of loss and grief in caring professional relationships.
- k) describe the role of effective communication in creating a safe environment and influencing quality of care in contemporary health care settings.

3. Required Materials

(a) Texts

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Austin, W., Kunyk, D., Peternelj-Taylor, C., & Boyd, M. A. (2019). *Psychiatric & mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Wolters Kluwer.

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (2014).

Physical examination and health assessment (2nd Cdn ed.). Toronto, ON: Elsevier.

Potter, P., Perry, A. G., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

**COURSE OUTLINE
NURSING DEPARTMENT
(continued)**

4. Course Content and Schedule

Week	Dates	Content
1	Sept 3-7 (no class Sept 3rd)	Module 1 Introduction to Nursing 160 & Community Building
2	Sept 10-14	Module 2 Critical Reflection, Feedback and the Reflective Process
3	Sept 17-21	Module 3 Perceiving Self: Self Concept
4	Sept 24-28	Module 4 Perceiving Self: Self-Esteem & Self-Efficacy
5	Oct 1-5	Module 5 Perceiving Self and Others: Self-Awareness, Perception & Mindfulness
6	Oct 8-12 (no class Oct 8th)	Module 6 Caring for Self In the Context of Caring for Others
7	Oct 15-19	Module 7 The Nurse-Client Therapeutic Relationship Module 8 Effective Communication Techniques in the Therapeutic Relationship
8	Oct 22-26	Module 9 Cultivating Compassionate Care in the Therapeutic Relationship
9	Oct 29-Nov 2	Module 10 Overcoming Communication Challenges in the Therapeutic Relationship
10	Nov 5-9	Module 11 Understanding Cultural and Spiritual Beliefs and Values
11	Nov 12-16 (no class Nov 12th)	Module 11 Understanding Cultural and Spiritual Beliefs and Values
12	Nov 20-24	Module 12 Building Therapeutic Relationships with the Older Adult
13	Nov 26-30	Module 13 Loss, Grief & Bereavement
14	Dec 3-7	Module 14 Bringing it All Together

**COURSE OUTLINE
NURSING DEPARTMENT
(continued)**

5. Basis of Student Assessment (Weighting)

(Should be directly linked to learning outcomes.)

- (a) Peer Led Reading Groups (10%)
Self Assessment Due: Week #7 & Week #14
- (b) Initial Critical Reflection Assignment (10%)
Due: Week #5
- (c) Role Play Video Critical Reflection (30%)
Due: Week #10
- (d) In-Class Reflective Writing Assignments (5%)
Due: throughout term
- (e) In-Class Mini-Quizzes (3) (10%)
Due: Week #4; week #7 and week #10
- (f) Final Exam (35%)
Due: Exam week

6. Grading System <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

8. College Supports, Services and Policies



Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

Learning Support and College Services for Students

(see Student Services Section of our [website](#) for more detailed information)

Camosun offers a variety of health and academic support services, including counselling, dental, [Centre for Accessible Learning \(CAL\)](#), help center, learning skills, sexual violence support & education, library, and writing center.

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

**COURSE OUTLINE
NURSING DEPARTMENT
(continued)**

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

A. GRADING SYSTEMS [E-1.5 GRADING POLICY](#)

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See section F of the [Grading Policy](#) for information on conversion to final grades, and for additional information on student record and transcript notations.

**COURSE OUTLINE
NURSING DEPARTMENT
(continued)**

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.