



**CAMOSUN COLLEGE**  
**School of Health & Human Services**  
**Department of Nursing**  
**Baccalaureate of Science in Nursing Program**

**NURS 142 – Foundational Nursing Skills and  
Assessment**  
**Fall 2018**

## **COURSE OUTLINE**

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**The calendar description is  
available on the web @**

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS142>

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*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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### **1. Instructor Information**

<b>(a) Instructor</b>	Ellen Mahoney
<b>(b) Office hours</b>	Wednesday 1330 to 1430 hours and Thursday 1030 to 1430 hours
<b>(c) Location</b>	Fisher 324 Adjacent to the stairwell
<b>(d) Phone</b>	250 920-9502 <b>Alternative:</b> 250 370-3246
<b>(e) E-mail</b>	mahoneye@camosun.bc.ca
<b>(f) Website</b>	

### **2. Course Description and Intended Learning Outcomes**

#### ***Course Description:***

Learners are introduced to evidence-informed health assessment across the lifespan. Through experiential learning, simulation, and demonstration of skills, participants will gain knowledge, skills, and abilities foundational to nursing practice. Content includes physical, mental, spiritual, nutritional, and social assessment skills, and technologies and nursing interventions for the promotion of health and healing. Learners will develop effective communication and documentation skills for an interprofessional team. Key course concepts and principles inform nursing decision making.

#### ***Intended Learning Outcomes:***

- a) demonstrate competency and safety in performing foundational psychomotor skills across the lifespan.
- b) demonstrate infection prevention and control in simulated diverse nursing practice settings.
- c) conduct a general survey and priority assessment in diverse contexts.
- d) demonstrate a proficiency with vital signs assessment.
- e) demonstrate proficiency in nutritional assessment.
- f) demonstrate prioritization skills, when performing assessments and nursing skills.

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- g) demonstrate safe patient handling, when performing relevant assessments and nursing skills.
- h) demonstrate personal care with respect, dignity and professionalism.
- i) document assessment findings using appropriate terminology and format, integrating nursing informatics.

### **3. Required Materials**

#### **(a) Texts**

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (2014). *Physical examination & health assessment* (2nd Cdn ed.). Toronto, ON: Elsevier Canada.

Potter, P.A., Perry, A.G., Stockert, P.A., Hall, A.M., Astle, B.J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6<sup>th</sup> ed.). Milton, ON: Elsevier Canada.

Perry, A.G., Potter, P.A. & Ostendorf, W. R. (2018). *Clinical nursing skills & techniques* (9th ed.). St. Louis, MO: Elsevier Inc.

#### **(b) Other**

College of Registered Nurses of British Columbia (CRNBC). (2012). *Professional standards for registered nurses and nurse practitioners*. Retrieved from

<https://www.crnbc.ca/Standards/Lists/StandardResources/128ProfessionalStandards.pdf>

\*\* Please note that as of **September 4, 2018** the College of Registered Nurses of British Columbia (CRNBC) will be dissolved and become part of the newly formed British Columbia College of Nursing Professionals (BCCNP). RN Standards will not change presently – please see the BCCNP website for updates. \*\*

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**4. Course Content and Schedule**

**A: First 2 hour class/week    B: Second 2 hour class/week**

Week	N 142 Semester One - Content
Week 1 Sept. 3 – 7, 2018	A. Labor Day - <b>NO LAB CLASS</b> B. Module 1: Introduction to comprehensive Health Assessment, General Survey, and Professional Introductions
Week 2 Sept. 10 – 14, 2018	A. Module 1 cont... & Module 2: Communication, Documentation & Reporting B. Module 2 cont...
Week 3 Sept. 17 – 21, 2018	A. Module 3: Subjective Data and the Health History B. Module 4: Objective Data and Physical Assessment
Week 4 Sept. 24 – 28, 2018	A. Module 5 Safety – Infection Prevention & Safe Movement and Patient Handling B. Module 5 cont...
Week 5 Oct. 1 – 5, 2018	A. Module 6: Vital Signs B. Module 6 cont...
Week 6 Oct. 8 – 12, 2018	<b>A. Thanksgiving Monday – NO LAB CLASS</b> <b>B. MIDTERM – OUT OF CLASS DATE &amp; TIME TBA</b>
Week 7 Oct. 15 – 19, 2018	A. Module 7: Health History – Sleep and Rest, Spirituality and Nutrition B. Module 7 cont...
Week 8 Oct. 22 – 26, 2018	A. Module 8: The Integument System B. Module 9: Head and Neck Assessment
Week 9 Oct. 29 – Nov. 2,	A. Module 9 cont... B. Module 10: Respiratory Assessment
Week 10 Nov. 5 - 9, 2018	A. Module 10 cont... B. Module 11: Cardiovascular Assessment
Week 11 Nov. 12 – 16, 2018	<b>A. Remembrance Day: Monday – NO LAB CLASS</b> B. Module 11: Cardiovascular Assessment
Week 12 Nov. 19 – 23, 2018	A. Module 12: Musculoskeletal System (MSK) System B. Module 12 cont...
Week 13 Nov. 26 – 30, 2018	A. Module 12 cont... B. <b>Preparing for Skills Testing &amp; Final Exam</b>
Week 14 Dec. 3 – 7, 2018	<b>A. Skills Testing in Lab</b> <b>B. Skills Testing in Lab</b>

**\*Schedule subject to change\***

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**5. Basis of Student Assessment (Weighting)**

**(a) Assignments:**

- Health Assessment Tool 5%

**(b) Quizzes: N/A**

**(c) Exams:**

- Midterm Exam 35%
- Final Exam 40%

**(d) Other (e.g. Project, Attendance, Group Work):**

- Participation 5%
- Skills Test 15%
- Professional Responsibility:
  - Students are expected to come prepared having completed all the prerequisite reading and activities as outlined in the learning activities. The scope of preparation would inform and prepare students to lead a discussion about the new skill and to contribute to the overall learning of their peers. Students are strongly encouraged to practice psychomotor skills during Open Lab hours.
  - Missed psychomotor skills will result in an incomplete grade for the course. It is the learner's responsibility to study the theory and to practice the missed skill during open lab time (with a peer). All skills must be evaluated prior to performing the skill in the practice setting. Please note that your lab instructor and clinical instructor will be communicating regularly about each student's progress in order to help facilitate your professional growth. Each student must demonstrate competence in every skill, according to criteria in the marking rubrics and be signed-off by the instructor before performing the skill in nursing practice.
  - In order to honour nursing professional standards, the Health Professions Act and our legal affiliation agreements with health authorities, students cannot practice skills and assessments in clinical areas if they have not acquired the requisite theoretical knowledge and demonstrated the skills and assessments in N142.
  - Credit for this course is based on 4 hours of scheduled class time and 5 hours of independent study outside of class time per week. It is expected that each student will use this time to read, study and practice the psychomotor skills in order to be fully prepared for safe nursing practice and to support success.
  - To successfully complete this course, all assignments (midterm exam, quizzes, and skill demonstrations) must be completed by the last day of instruction of the semester.
  - Evaluation for Practice Readiness for each week:
    - Self-evaluation
    - Peer-evaluation
    - Feedback from faculty
    - Consistent attendance

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**6. Grading System** <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

- Standard Grading System (GPA)
- Competency Based Grading System

**7. Recommended Materials to Assist Students to Succeed Throughout the Course**

**8. College Supports, Services and Policies**



**Immediate, Urgent, or Emergency Support**

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

**Learning Support and College Services for Students**

(see Student Services Section of our [website](#) for more detailed information)

Camosun offers a variety of health and academic support services, including counselling, dental, [Centre for Accessible Learning \(CAL\)](#), help center, learning skills, sexual violence support & education, library, and writing center.

**College Policies**

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

**Student Conduct Policy**

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

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**A. GRADING SYSTEMS [E-1.5 GRADING POLICY](#)**

The following two grading systems are used at Camosun College:

**1. Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

**2. Competency Based Grading System (Non GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

**B. Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See section F of the [Grading Policy](#) for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.