



CAMOSUN COLLEGE
School of Health & Human Services
Department of Nursing
Baccalaureate of Science in Nursing Program
NURS 132 – Nursing and Health: Promoting
Health & Wellbeing
Fall 2018

COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS132>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) Instructor _____
- (b) Office hours _____
- (c) Location _____
- (d) Phone _____ Alternative: _____
- (e) E-mail _____
- (f) Website _____

2. Course Description and Intended Learning Outcomes

Course Description:

Learners will be introduced to health promotion. They will explore how health is conceptualized and examine their own personal beliefs relating to health. They will evaluate the health of diverse Canadians using a variety of health information sources in order to understand the individual and macro level conditions that impact health.

Learners will critically evaluate the Canadian health care system, its effect on health status, and factors that contribute to health inequity, including gender and exigencies that impact Indigenous health.

Learners will be introduced to the concepts of primary health care. Learners explore the contributions of professional nursing to the health of individuals, families, and communities.

Intended Learning Outcomes:

- a) describe the theory and history of health, health promotion and primary health care.
- b) compare and contrast perspectives of health that informed key health promotion documents.
- c) demonstrate a foundational knowledge of epidemiology.
- d) use the tools of epidemiology to analyze the health status of Canadians.
- e) demonstrate an understanding of the concept of health literacy.
- f) describe the social determinants as the context for health and well-being.
- g) identify factors contributing to health inequity in Canada and globally.
- h) identify the key principles of primary health care.
- i) begin to explore the impact professional nurses have on the health status of Canadians.

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- j) recognize the relationship between colonization, the social determinants of health, and health inequities for Indigenous peoples.

3. Required Materials

(a) Texts:

Potter, P.A., Perry, A.G., Stockert, P.A., Hall, A.M., Astle, B.J., & Duggleby, W.
(2019). Canadian fundamentals of nursing (6th ed.). Milton, ON: Elsevier
Canada.

(b) Other:

- Selected readings, articles, and textbooks
- Relevant government policy related to health promotion, prevention and primary health care (e.g. Public Health Act, Ottawa Charter)
- Audiovisual materials
- Computer resources, on-line sites
- Personal experiences

4. Course Content and Schedule

This schedule *is tentative and is subject to change as necessary* during the semester. Flexibility has been built in to accommodate statutory holidays.

| | |
|---------|--|
| Week 1 | Course Introduction and Skills Required to Promote Success. Student Evaluation. Module 1: Investigating the Spectrum of Health and Well-being. Notions of “healthy” and “unhealthy” |
| Week 2 | Module 2: Statistical Literacy and Analyzing the Health of Canadians Quiz 1 for Modules 1 & 2 |
| Week 3 | Module 3: Health Literacy and Prevention Quiz 2 for Module 3 Health Literacy & Prevention |
| Week 4 | Module 4: The Evolution of Health Promotion |
| Week 5 | Module 4: Health Promotion (continued) Assignment 1 due |
| Week 6 | Module 5: Exploring the Social Determinants of Health |
| Week 7 | Flex Week to compensate for Stat Holidays |
| Week 8 | Module 6: Population Health and Healthy Public Policy Quiz 3 for Module 6 Pop Health & Policy |
| Week 9 | Module 7: Health Inequality and Health Inequity Quiz 4 for Module 7 Health Inequality/Inequity |
| Week 10 | Assignment 2 due: Student Presentations |
| Week 11 | Assignment 2 due: Student Presentations |
| Week 12 | Module 8: Investigating the Canadian Health Care System |
| Week 13 | Module 9: Understanding Primary Health Care Quiz 5 for Module 9 Primary Health Care |
| Week 14 | Module 10: Professional Nursing and Health Promotion |

5. Basis of Student Assessment (Weighting)

(Should be directly linked to learning outcomes.)

(a) Assignments

Assignment 1: Academic Paper **25%**

Assignment 2: Group Presentation **20%**

(b) Quizzes

Quiz 1-5 **5%** per quiz for a total of **25%**

(c) Exams

Final Exam (Cumulative) **30%**

(d) Other (e.g. Project, Attendance, Group Work)

6. Grading System <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

Standard Grading System (GPA)

Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

Writing center, laptop computer in class

8. College Supports, Services and Policies



Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @ <http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

Learning Support and College Services for Students

(see Student Services Section of our [website](#) for more detailed information)

Camosun offers a variety of health and academic support services, including counselling, dental, [Centre for Accessible Learning \(CAL\)](#), help center, learning skills, sexual violence support & education, library, and writing center.

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

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Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

A. GRADING SYSTEMS [E-1.5 GRADING POLICY](#)

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

| Percentage | Grade | Description | Grade Point Equivalency |
|------------|-------|--------------------------------------|-------------------------|
| 90-100 | A+ | | 9 |
| 85-89 | A | | 8 |
| 80-84 | A- | | 7 |
| 77-79 | B+ | | 6 |
| 73-76 | B | | 5 |
| 70-72 | B- | | 4 |
| 65-69 | C+ | | 3 |
| 60-64 | C | | 2 |
| 50-59 | D | | 1 |
| 0-49 | F | Minimum level has not been achieved. | 0 |

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

| Grade | Description |
|-------|---|
| COM | The student has met the goals, criteria, or competencies established for this course, practicum or field placement. |
| DST | The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement. |
| NC | The student has not met the goals, criteria or competencies established for this course, practicum or field placement. |

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See section F of the [Grading Policy](#) for information on conversion to final grades, and for additional information on student record and transcript notations.

| Temporary Grade | Description |
|-----------------|--|
| I | <i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family. |

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|----|---|
| IP | <i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course. |
| CW | <i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement. |