



CAMOSUN COLLEGE
School of Health and Human Services
Department of Nursing

Nursing 181
Winter 2018

Health Promoting Practice Across the Lifespan

COURSE OUTLINE

The calendar description is available on the web @
<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS181>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) Instructor _____
- (b) Office hours _____
- (c) Location _____
- (d) Phone _____ Alternative: _____
- (e) E-mail _____
- (f) Website _____

2. Intended Learning Outcomes

- Upon successful completion of this course the student will be able to:
- a) demonstrate professionalism and self-awareness in nursing practice.
 - b) establish and maintain caring, health promoting relationships in the nursing practice setting.
 - c) apply safety principles, infection control measures and appropriate protective devices when providing nursing care to prevent injury to residents, self, and health care team.
 - d) promote a safe environment for residents, self, health care workers and the public that addresses the unique needs of residents within the context of care.
 - e) research and apply evidence-informed practices to care.
 - f) conduct assessments from a health promotion perspective using appropriate tools and techniques, and skills of observation, interview, history taking, inspection, palpation, auscultation and percussion.
 - g) document client/resident assessments and care in a professional and accurate method using available technologies.
 - h) recognize the role of registered nurses in achieving health outcomes across settings.
 - i) provide personal care and hygiene while promoting the individual's dignity.
 - j) assist in safe ambulation of older persons and people with physical disabilities.
 - k) demonstrate respect and preserve individual's rights, including confidentiality.
 - l) apply the principle of self-determination when relating with Indigenous people in the residential care setting.
 - m) identify, report, and take action on actual and potential safety risks to residents, self or others.
 - n) conduct health promotion education in specific education-focused settings.

3. Required Materials

Arnold, E. C., & Boggs, K. U. (2016). *Interpersonal relationships: Professional communication skills for nurses* (7th ed.). St. Louis, MO: Elsevier.

Kozier, B., Erb, G., Berman, A., Snyder, S.J., Frandsen, G., Buck, M., Ferguson, L., Yiu, L., & Stamler, L. L. (2018). *Fundamentals of Canadian nursing: Concepts, process, and practice* (4th Cdn. ed.). Don Mills, ON: Pearson Canada.

You will also be required to use materials from the library and other sources. This information will be provided to you by your instructor.

4. Course Content and Schedule

Week and Date	Activity
Weeks 1 – 3 January 8 - 26	<ul style="list-style-type: none">• Orientation to Island Health which includes:<ul style="list-style-type: none">○ Mandatory Island Health orientation on-line modules (MUST be completed before Week 4 or student is unable to enter clinical areas)• Orientation to N181 with information provided regarding nursing practice areas and praxis seminars, including:<ul style="list-style-type: none">○ Dementia Care on-line Island Health modules (all three modules, to be completed by Week 14)○ Aboriginal Health: For the Next Seven Generations for the Children on-line Island Health module (to be completed by Week 14)• Orientation to Sip Smart and Public Health placements<ul style="list-style-type: none">○ including a Newborn Simulation activity
Weeks 4 & 5 January 29-February 9	<ul style="list-style-type: none">• Orientation to nursing practice areas• Shifts in nursing practice areas• Sip Smart school and Public Health Unit visits begin
Week 6 February 12-16	<ul style="list-style-type: none">• Reading Break- no clinical activities
Weeks 7-14 February 19 – April 13	<ul style="list-style-type: none">• Shifts in practice areas continue• Midterm evaluations• Sip Smart school visits and Public Health Unit visits continue• Praxis seminars continue
Exam Period April 16 - 27	<ul style="list-style-type: none">• Final Evaluations

5. Basis of Student Assessment (Weighting)

Please note: Students are required to complete all assignments in order to achieve a passing grade.

6. Grading System

(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)

(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)

Standard Grading System (GPA)

Competency Based Grading System

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

To support your success in this course, we recommend...

8. College Supports, Services and Policies



Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @

<http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca/>

College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to, Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.