



CAMOSUN COLLEGE
School of Health & Human Services
Nursing
NURS 180– Promoting Health in Practice
Fall 2017

COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS180>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

(a) Instructor	Betty Poag
(b) Office hours	Tuesdays and Thursdays 09:00-11:30 AM- by appointment
(c) Location	F350B
(d) Phone	250-370-3509 Alternative: Click here to enter text.
(e) E-mail	PoagB@camosun.bc.ca

2. Course Description

The purpose of this course is application of knowledge, skills and dispositions gained in nursing and service courses. Experiences of the Registered Nurses' role are provided. Learners will engage in health prevention and promotion activities for individuals across the lifespan. Learners will engage with other professionals and service providers in health, human service or educational organizations.

Note: Only open to students in the Baccalaureate of Science in Nursing program.

3. Intended Learning Outcomes

Upon successful completion of this course a student will be able to:

- a) describe the various roles of the professional nurse.
- b) demonstrate professionalism when representing him/herself as a nursing student.
- c) enact principles of quality and safety practice to protect themselves and the public from harm.
- d) promote health and safety for self and the workplace and apply concepts of 'fitness to practice'.
- e) design and implement plans for promoting health and well-being for individuals across the lifespan.
- f) use evidence and nursing knowledge to inform health promotion activities.
- g) participate in environmentally responsible nursing practice.
- h) engage in professional nurse-client relationships with individuals and families.
- i) engage in self-appraisal, as an essential aspect of professionalism, in nursing practice settings.
- j) apply cultural awareness and sensitivity in practice settings.
- k) apply the principle of self-determination when relating with Indigenous people in the health care setting.

4. Required Materials

Arnold, E., & Boggs, K. (2016). *Interpersonal relationships. Professional communication skills for nurses* (7th ed.). St. Louis, MO: Elsevier Saunders.

Jarvis, C. (2014). *Physical examination and health assessment* (2nd Cdn. ed.). Toronto, ON: Elsevier Canada.

Kozier, B., Erb, G., Berman, A., Snyder, S., Frandsen, G., Buck, M., ... Stamler, L.L. (2018). *Fundamentals of Canadian nursing. Concepts, process, and practice* (4th Cdn ed.). Toronto, ON: Pearson Canada Inc.

Oberle, K., & Bouchal, S. (2009). *Ethics in Canadian nursing practice. Navigating the journey*. Toronto, ON: Pearson.

Perry, A.G., Potter, P.A. & Ostendorf, W.R. (2018). *Clinical nursing skills and techniques* (9th ed). St. Louis, MO: Elsevier.

Recommended Materials

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Key words

Registered Nursing Practice
Workplace safety
Patient safety
Quality of health care
Fitness to practice
Self-awareness
Professionalism
Self-evaluation
Relational practice
Reflective practice
Critical reflection
Cultural competence
Community Assessment
Evidence-informed practice

5. Course Content and Schedule

Nursing 180 (Sept 5-Dec 8) COURSE SCHEDULE "AT-A-GLANCE"

****NB:** *The schedule as shown is tentative and may change as the course progresses***

DATE/ CLASS	Module	Nursing Practice Activities	Assignments
Sept 5-8 Week 1	Module 1: Introduction to Nursing Practice	<ul style="list-style-type: none"> Classroom Activities 	
Sept 11-15 Week 2	Module 2: Promoting Health and Well-being in Nursing Practice	<ul style="list-style-type: none"> Classroom Activities 	
Sept 18-22 Week 3	Module 3: Professional Nursing Practice, Quality Improvement & Safety	<ul style="list-style-type: none"> Classroom Activities **MANDATORY SESSIONS** Do Bugs Need Drugs Presentation Friday September 22- Young 216 <ul style="list-style-type: none"> Section 1 & 4 (1400-1530) Section 2 & 3 (1130-1300) 	
Sept 25-29 Week 4	Module 4: Professional Relationships	<ul style="list-style-type: none"> Classroom Activities 	
Oct 2-6 Week 5	Module 6: Nursing, Health, and the Older Adult	<ul style="list-style-type: none"> Classroom Activities 	
Oct 9-13 Week 6	Student Shadow Experience	<ul style="list-style-type: none"> OBSERVATION ONLY w/ YR 2 CCSN 1400-1600hr on the unit 	
Oct 16-20 Week 7	Independent Living Prep	<ul style="list-style-type: none"> Classroom Prep Activities <ul style="list-style-type: none"> Hand massage BP Check DBND 	Nurse Interviews Completed
Oct 23-27 Week 8	Do Bugs Need Drugs Presentations	<ul style="list-style-type: none"> First Group at schools Critical Reflections 	
Oct 30-Nov 3 Week 9	Do Bugs Need Drugs Presentations	<ul style="list-style-type: none"> Second Group at schools Critical Reflections 	
Nov 6-10 Week 10	Independent Living Placement	<ul style="list-style-type: none"> Orientation <i>Relational Practice Activities</i> 	Critical Reflection #1 Submitted on D2L
Nov 13-17 Week 11	Independent Living Placement	<ul style="list-style-type: none"> <i>Health Promotion and Relational Practice Activities</i> 	

Nov 20-24 Week 12	Independent Living Placement	• <i>Health Promotion and Relational Practice Activities</i>	
Nov 27-Dec 1 Week 13	Independent Living Placement	• <i>Health Promotion and Relational Practice Activities</i>	Critical Reflection #2 Submitted on D2L
Dec 4-8 Week 14	Term Wrap-up	• <i>Classroom and 1:1 Meetings</i>	1:1 Meetings

6. Basis of Student Assessment (Weighting)

Nursing 180 is graded as a pass/fail course (complete: COM/not complete: NC)

To successfully pass this course, the student must complete all of the following:

- 1 nurse interview
- 1 shadow experience with a second or third year Camosun Nursing Student
- 1 “Do Bugs Need Drugs” group presentation
- 4 clinical days in an Independent Living Facility
- Submit 2 Critical Reflections at a satisfactory level (as per the Nursing 160 Marking Rubric). One will be focused on the Student Nurse Shadow Experience and nurse interview. The second will be focused on preparing, planning, and presenting the “Do Bugs Need Drugs” Grade 2 presentation or the Independent Living experience.
- A self-evaluation using the Camosun College electronic Performance Appraisal Form (ePAF).

7. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

8. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

Please note: The use of personal technology (cell phones, email, texting) or social media by students during scheduled practicum hours can negatively impact the health and safety of both the practicum student and the individual, and is not permitted except during scheduled breaks or with the permission of the practicum supervisor.

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.
<http://www.camosun.bc.ca/policies/policies.html>