



**CAMOSUN COLLEGE**  
*School of Health and Human Services*  
*Department of Nursing*

**Nursing 133**  
**Winter 2018**

***Promoting Health Across the Lifespan***

**COURSE OUTLINE**

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The calendar description is available on the web @  
<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS133>

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

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**1. Instructor Information**

- (a) Instructor \_\_\_\_\_
- (b) Office hours \_\_\_\_\_
- (c) Location \_\_\_\_\_
- (d) Phone \_\_\_\_\_ Alternative: \_\_\_\_\_
- (e) E-mail \_\_\_\_\_
- (f) Website \_\_\_\_\_

**2. Intended Learning Outcomes**

Upon successful completion of this course the student will be able to:

- a) describe health and wellbeing across the lifespan.
- b) relate developmental theory to health and wellbeing across the lifespan.
- c) identify developmental milestones from birth to death, to inform nursing assessment and interventions.
- d) examine the relationships between family and health and wellbeing.
- e) describe normal pregnancy, childbirth, and family transitions.
- f) describe best practice in infant feeding.
- g) integrate learning theory with knowledge of each developmental stage.
- h) demonstrate culturally sensitive strategies for health promotion.
- i) demonstrate a family assessment, to identify strengths, capacities, and diversity of families.
- j) illustrate the importance of strength-based approaches to Indigenous family assessment.
- k) support, communicate with, and educate clients of all ages and their families through losses or death.
- l) integrate the Quality & Safety Education for Nurses (QSEN) competencies into developing understandings of healthcare and nursing practice.

### 3. Required Materials

Arnold, E. C., & Boggs, K. U. (2016). *Interpersonal relationships: Professional communication skills for nurses* (7<sup>th</sup> ed.). St. Louis, MO: Elsevier.

Kozier, B., Erb, G., Berman, A., Snyder, S.J., Frandsen, G., Buck, M., Ferguson, L., Yiu, L., & Stamler, L. L. (2018). *Fundamentals of Canadian nursing: Concepts, process, and practice* (4<sup>th</sup> Cdn. ed.). Don Mills, ON: Pearson Canada.

**You will also be required to use materials from the library and other sources. This information will be provided to you by your instructor.**

### 4. Course Content and Schedule

<b>Weeks</b>	<b>OVERVIEWS</b>
Week 1	
Week 2	
Week 3	
<b>Week 4</b>	
Week 5	
Week 6	<b>Reading Break</b>
Week 7	
Week 8	
Week 9	
Week 10	
Week 11	
Week 12	
Week 13	
Week 14	

## 5. Basis of Student Assessment (Weighting)

There will be ... The final exam will be in the exam week (Schedule TBA).

The weighting for the evaluation is as follows:

Midterm Exam	35%
Written Assignment	25%
Final Exam (comprehensive)	40%

All written assignments must be typewritten and adhere to APA 6<sup>th</sup> edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar and quality of critical thinking in the assigned grades. Late assignments will be deducted 5% per day, weekend and holiday days included. Assignment details will be provided in the first two weeks of the course.

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## 6. Grading System

*(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)*

*(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)*

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

To support your success in this course, we recommend...

## 8. College Supports, Services and Policies



### Immediate, Urgent, or Emergency Support

If you or someone you know requires immediate, urgent, or emergency support (e.g. illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts @

<http://camosun.ca/about/mental-health/emergency.html> or <http://camosun.ca/services/sexual-violence/get-support.html#urgent>

### College Services

Camosun offers a variety of health and academic support services, including counselling, dental, disability resource centre, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit the **STUDENT SERVICES** link on the College website at <http://camosun.ca>

### College Policies

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies. Policies are available on the College website at <http://camosun.ca/about/policies/>. Education and academic policies include, but are not limited to,

Academic Progress, Admission, Course Withdrawals, Standards for Awarding Credentials, Involuntary Health and Safety Leave of Absence, Prior Learning Assessment, Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, Student Appeals, Student Conduct, and Student Penalties and Fines.

## A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.

IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.