



**CAMOSUN COLLEGE**  
*Health and Human Services*  
*Nursing*

**Nursing 160: Relational Practice I**  
**Fall 2016**

**COURSE OUTLINE**

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The calendar description is available on the web @

<http://camosun.ca/learn/programs/nursing/>

Participants discover nursing as interaction between people, and explore factors that influence their capacity for caring relationships with individuals, families, groups, populations, and communities. They question personal perspectives, attitudes, beliefs and values, and acknowledge differences. Emphasis is placed on a phenomenological attitude towards their own and other people's lives.

*Note: This course is only open to students in the Nursing program.*

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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**1. Instructor Information**

<b>(a) Instructor</b>	Mrs. Paula Littlejohn, RN, BSN, MA
<b>(b) Office hours</b>	Thursdays 0900 to 1130 or email me for a mutually convenient time
<b>(c) Location</b>	Fisher 314E
<b>(d) Phone</b>	250-370-3244 <b>Alternative:</b> _____
<b>(e) E-mail</b>	littlejohnp@camosun.bc.ca
<b>(f) Website</b>	_____

**2. Intended Learning Outcomes**

- Demonstrate self-awareness, critical reflection, and critical thinking
- Describe the concepts of caring and caring relationships
- Describe theoretical perspectives and concepts related to therapeutic communication
- Develop skills for therapeutic communication with clients and families across the lifespan
- Explore the role of interpersonal communication in the maintenance of client dignity
- Develop increased confidence in their capacity to build caring, therapeutic relationships and to communicate with clients of all ages
- Explore how multiple personal and contextual factors shape self-concept and understanding of others
- Develop increased confidence in their capacity to support and communicate with clients across the lifespan and their families experiencing loss and grief
- Describe the role of effective communication in creating a safe environment and influencing quality of care in contemporary health care settings

### 3. Required Materials

Arnold, E.C, & Boggs, K.U. (2016). *Interpersonal relationships. Professional communication skills for nurses* (7<sup>th</sup> ed.). St. Louis, MO: Elsevier Inc.

Oberle, K. & Bouchal, S. (2009). *Ethics in Canadian nursing practice: Navigating the journey*. Toronto, ON: Pearson Canada Inc.

Kozier, B., & Erb, G., Bergman, A., Snyder, S., Buck, M., Yui, L. (2014). *Fundamentals of Canadian nursing. Concepts, process, and practice*. (3<sup>rd</sup> ed.). Toronto, ON: Pearson Canada Inc.

### 4. Course Content and Schedule:

(This schedule is tentative and is subject to change as necessary during the semester. Flexibility has been built in to accommodate missed classes due to holidays.)

<b>Week/Date</b>	<b>Module</b>
<b>Week 1 Sept 6-9 Labor Day Sept. 5</b>	<b>Introduction Community building Overview of N160</b>
<b>Week 2 Sept 12 -16</b>	<b>Overview of Assignments Module 1: Self-Awareness Part 1: Self-Concept</b>
<b>Week 3 Sept 19-23</b>	<b>Module 1: Self-Awareness Part 2: The Influence of Self Esteem and Self-Efficacy on Relational Capacity</b>
<b>Week 4 Sept 26-30</b>	<b>Module 1: Self-Awareness Part 3: Perceiving Self and Others</b>
<b>Week 5 Oct 3-7</b>	<b>Module 1: Self-Awareness Part 4: Caring for Self and Others in Personal and Professional Relationships</b>
<b>Week 6 Oct 10-14 Thanksgiving Oct. 10</b>	<b>Module 1: Self-Awareness Part 5: Critical Reflection, Feedback, and the Reflective Process</b>
<b>Week 7 Oct 17-21</b>	<b>Module 2 Therapeutic Communication Part 1: Introduction to Therapeutic Communication</b>
<b>Week 8 Oct 24-28</b>	<b>Module 2 Therapeutic Communication Part 2: Listening</b>
<b>Week 9 Oct 31-Nov 4</b>	<b>Module 2 Therapeutic Communication Part 3: Barriers, Variations, and Conflict In-class quiz – worth 20%</b>
<b>Week 10 Nov 7 -11 Remembrance Day Nov. 11</b>	<b>Module 2 Therapeutic Communication Part 4: Understanding Different Cultural and Spiritual Beliefs and Values Critical Reflection Paper Due – worth 25%</b>
<b>Week 11 Nov 14-18</b>	<b>Module 3: Therapeutic Relationships Part 1: Intro</b>

Week/Date	Module
Week 12 Nov 21-25	Module 3: Therapeutic Relationships Part 2: Building Therapeutic Relationships with the Older Adult
Week 13 Nov 28-Dec 2	Module 3: Therapeutic Relationships Part 3: Loss, Grief, and Bereavement
Week 14 Dec 5-9	Conclusion to N 160: Bringing it All Together

## 5. Basis of Student Assessment (Weighting)

1. Weekly participation activities - 15%
2. Critical Reflection paper - 25%
3. In-class Quiz - 20%
4. Final Exam (in exam week – date TBA) - 40%

## 6. Grading System

*(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)*

*(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)*

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the Student Services tab on the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf>

**A. GRADING SYSTEMS :** The following two grading systems are used at Camosun College

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>

**1. Standard Grading System (GPA)**

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

**2. Competency Based Grading System (Non GPA)**

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

**B. Temporary Grades**

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.