



**CAMOSUN COLLEGE**  
*Health and Human Services*  
*Nursing*

***Nursing 180***  
***Fall***

***Nursing Practice I***  
***Introduction to Professional Nursing Practice***

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**COURSE OUTLINE**

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The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS180>

This course enables participants to integrate their learning with their beginning understanding of nursing practice and health promotion. Participants engage with individuals and families in the community and meet nurses from a variety of practice areas to explore the breadth of nursing practice.

*Note: This course is only open to students in the Nursing program.*

*Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.*

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**1. Instructor Information**

**2. Intended Learning Outcomes**

Upon successful completion of this course a student will be able to:

- a) demonstrate understanding of the role of the professional nurse.
- b) engage with families in the community.
- c) integrate individual and family perceptions and personal meanings of health with health promotion theory.
- d) integrate learning from other first semester courses into family visits.
- e) demonstrate critical thinking and reflection in nursing practice.

**3. Required Materials**

American Psychological Association. (2013). *Publication manual of the American psychological association* (6th ed.). Washington, DC: Author.

Arnold, E., & Boggs, K.. (2016). *Interpersonal relationships. Professional communication skills for nurses* (7th ed.). St. Louis, MO: Elsevier Saunders.

Jarvis, C. (2014). *Physical examination and health assessment* (2nd Cdn. ed.). Toronto, ON: Elsevier Canada.

Kozier, B., Erb, G., Berman, A., Snyder, S., Buck, M., Yiu, L., & Stamler, L. (2014). *Fundamentals of Canadian nursing. Concepts, process and practice* (3rd Cdn. ed.). Toronto, ON: Pearson.

Oberle, K., & Bouchal, S. (2009). *Ethics in Canadian nursing practice. Navigating the journey*. Toronto, ON: Pearson.

Perry, A.G., Potter, P.A. & Ostendorf, W.R. (2014). *Clinical nursing skills and techniques* (8th ed). St. Louis, MO: Elsevier.

#### 4. Course Content and Schedule:

The schedule as shown in N180 Course Package is tentative and may change as the course progresses.

Week	Nursing Practice Activities	Assignment Due Dates	Praxis Seminar Hours
1.	<p><b>Orientation to N 180 course</b>  <b>Getting to know each other:</b></p> <ul style="list-style-type: none"> <li>• Group Building &amp; norms</li> </ul> <p><b>Review:</b></p> <ul style="list-style-type: none"> <li>• Assignments</li> <li>• Course requirements &amp; expectations</li> <li>• Learning settings</li> <li>• Meaning &amp; importance of confidentiality</li> <li>• Completion of forms</li> </ul>		
2.	<p><b><u>Mandatory Session:</u></b>            Introduction to "Do Bugs Need Drugs (DBND)?"</p> <p><b>Monday Sept 15, 2015 :</b>            1130 – 1220: 1 group - X 04 Y217            1230 – 1320: 3 groups: X01,02, 03  <b>Room: Young 216</b>  <b>** Attendance is Required**</b></p> <p><b><u>In addition all sections:</u></b>            Need to attend regularly scheduled time for N 180</p> <p><b>Review:</b></p> <ul style="list-style-type: none"> <li>- Practice Appraisal Form Professional Practice Portfolio</li> <li>- Groups for DBND</li> <li>- Planning for nurse interviews</li> <li>- Professional versus social relationships</li> </ul>		
3.	<p><b>Getting Ready for Nursing Practice Experiences:</b></p> <p>a) Students to develop questions for interviews &amp; Needs Assessment Survey            b) Planning for DBND</p>	<p>✓ <b>Critical Reflection #1 due here – "Impressions on First Weeks in Nursing School"</b></p>	
4.	<p><b>Nursing Practice Experience:</b>            a) DBND teaching <b>OR</b></p>	<p>✓ <b>Nurse Interview # 1 needs to be</b></p>	<p>1 hour praxis seminar to reflect on and</p>

Week	Nursing Practice Activities	Assignment Due Dates	Praxis Seminar Hours
	b) Nurse Interviews c) <b>Return to college by 1430</b>	<b>completed by end of this week.</b>	evaluate DBND and nurse interviews
5.	<b>Nursing Practice Experience:</b> a) DBND teaching <b>OR</b> b) Nurse Interviews c) <b>Return to college by 1430</b>		1 hour praxis seminar to reflect on and evaluate DBND and nurse interviews
6.	<b>Nursing Practice Experience:</b> a) DBND teaching <b>OR</b> b) Nurse Interviews c) <b>Return to college by 1430.</b>	✓ <b>DBND Critical Reflection # 2 due: one week after teaching session.</b>  ✓ <b>Nurse Interview # 2 needs to be completed by end of this week.</b>	1 hour praxis seminar to reflect on and evaluate DBND and nurse interviews
7.	<b>At college:</b>  <b>First 1.5 hours:</b> Windshield Survey <b>OR</b> Community Needs Assessment  <b>Second 0.5 hours:</b> Discuss plans for Independent Living experience	✓ <b>Wind shield survey tool &amp; Community Needs Assessment done in groups of three or four.</b>	1 hour praxis seminar to reflect on: - nurse interviews - windshield survey <b>OR</b> - Community Needs Assessment
8.	<b>At college:</b>  <b>First 1.5 hours:</b> Windshield Survey <b>OR</b> Community Needs Assessment  <b>Second 1 hour:</b> <ul style="list-style-type: none"> <li>Discuss communicating with the older adult</li> <li>Discuss communicating with persons with dementia</li> </ul>	✓ <b>Critical Reflection #3 - Nurse Interview Due</b>	0.5 hour praxis seminar to reflect on windshield survey <b>OR</b> - Community Needs Assessment
9.	<b>Nursing Practice Experience:</b> Independent Living Facility  <ul style="list-style-type: none"> <li>Facility Orientation</li> <li>Introductions to staff</li> <li>Tour facility</li> <li>Seek and Find Activity</li> <li>Introduction to residents</li> </ul>	✓ <b>Hand in completed Wind shield survey tool to instructor.</b>	0.5 hour praxis seminar to reflect on and plan for activities in independent living
10.	<b>Nursing Practice Experience:</b> Independent Living Facility  <ul style="list-style-type: none"> <li>Relationship building through 1-1 visits with residents</li> </ul>	✓ <b>Hand in Community Needs Assessment to</b>	0.5 hour praxis seminar to reflect on and plan for activities in independent living

Week	Nursing Practice Activities	Assignment Due Dates	Praxis Seminar Hours
	<ul style="list-style-type: none"> <li>Organized activity</li> </ul>	instructor.	
11.	<b>Nursing Practice Experience:</b> Independent Living Facility <ul style="list-style-type: none"> <li>Relationship building through 1-1 visits with residents</li> <li>Organized activity</li> </ul>		0.5 hour praxis seminar to reflect on and plan for activities in independent living
12.	<b>Nursing Practice Experience:</b> Independent Living Facility <ul style="list-style-type: none"> <li>Relationship building (beginning termination) through 1-1 visits with residents</li> <li>Organized activity</li> </ul>	✓ <b>Critical Reflection #4 Due on Independent Living Experiences</b>	0.5 hour praxis seminar to reflect on and plan for activities in independent living
13.	<b>Nursing Practice Experience:</b> Independent living Experience <ul style="list-style-type: none"> <li>Termination of relationships with residents</li> <li>Activity to say thank you and goodbye</li> </ul>		0.5 hour praxis seminar to reflect on meaning of Independent Living experience and implication for future nursing practice
14.	<b>Wrap Up Week at the College</b> <ul style="list-style-type: none"> <li>Review process for PAF and Self Evaluation</li> <li>Sign up for PAF and Self Evaluation meetings</li> </ul>	✓ <b>N 180 Final PAF and Self Evaluation due to instructor</b>	
15.	<b>Final Evaluations</b> <b>1-1 meetings with instructor</b>	✓ <b>N 180 Final PAF and Self Evaluation Meetings</b>  ✓ <b>Professional Development Portfolios due at time of 1-1 Final Evaluation meeting</b>	

**Mandatory Training: “Do Bugs Need Drugs?”**

## 5. Basis of Student Assessment (Weighting)

- (a) 4 critical reflections (Submit weeks: 3; 6; 8 &12)
- (b) Teaching “Do Bugs Need Drugs” to Grade 2 students
- (c) 2 Nurse Interviews & 1 interprofessional interview
- (d) Windshield Survey/Community Needs Assessment (Submit week 9)
- (e) Independent Living practice placement
- (f) Professional Portfolio

## 6. Grading System

*(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)*

*(Mark with “X” in box below to show appropriate approved grading system – see last page of this template.)*

- Standard Grading System (GPA)
- Competency Based Grading System

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student’s responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://www.camosun.bc.ca/policies/policies.html>

## A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.