



CAMOSUN COLLEGE
Health and Human Services
Nursing

Nursing 160
Fall

Professional Practice I
The Profession of Nursing

COURSE OUTLINE

Learners are introduced to nursing as a caring, relational practice. Learners will develop self-awareness, critical reflection and therapeutic communication skills. Self-awareness of values, beliefs, and attitudes is facilitated in order to support the provision of compassionate, culturally sensitive provision of health care. Effective communication for patient-centered care is learned. Learners will explore how the patient's lived experience is uniquely connected to their experience of health and healing. Learners will then focus on therapeutic communication skills designed to promote healing, which will be integrated into their first year nursing practice placements. Participants will learn how to initiate, maintain, and terminate nurse-client therapeutic relationships.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

2. Intended Learning Outcomes

Upon successful completion of this course a student will be able to:

- Demonstrate self-awareness, critical reflection, and critical thinking
- Describe the concepts of caring and caring relationships
- Describe theoretical perspectives and concepts related to therapeutic communication
- Develop skills for therapeutic communication with clients and families across the lifespan
- Explore the role of interpersonal communication in the maintenance of client dignity
- Develop increased confidence in their capacity to build caring, therapeutic relationships and to communicate with clients of all ages
- Explore how multiple personal and contextual factors shape self-concept and understanding of others
- Develop increased confidence in their capacity to support and communicate with clients across the lifespan and their families experiencing loss and grief

3. Required Materials

Arnold, E., & Boggs, K., (2016). *Interpersonal relationships. Professional communication skills for nurses* (7th ed.). St. Louis, MO: Elsevier Inc.

Oberle, K. & Bouchal, S. (2009). *Ethics in Canadian nursing practice: Navigating the journey*. Toronto: Pearson Canada.

Kozier, B., & Erb, G., Bergman, A., Snyder, S., Buck, M., Yui, L. (2014). *Fundamentals of Canadian nursing. Concepts, process, and practice*. (3rd ed.). Toronto, Ontario: Pearson Canada Inc.

4. Course Content and Schedule

N160 Tentative Course Schedule		Fall 2015
Week / Date	Module	Topic
1	Introduction to N160	Introductions and Community Building
2	Self-awareness	Critical Reflection, Feedback, and the Reflective Process
3	Self-awareness	Self-concept
4	Self-awareness	Self-esteem, self-efficacy and relational capacity
5	Self-awareness	Perceiving self and others
6	Therapeutic Communication	Introduction to therapeutic communication
7	Therapeutic Communication	Listening
8	Therapeutic Communication	Barriers, Variations, and Conflict
9	Therapeutic Communication	Cultural sensitivity
10	Therapeutic Relationships	Therapeutic Relationships
11	Therapeutic Relationships	Building therapeutic relationships with the older adult
12	Therapeutic Relationships	Caring in the therapeutic relationship
13	Therapeutic Relationships	Loss, Grief, and Bereavement
14	Therapeutic Relationships	Bringing it all together

5. Basis of Student Assessment (Weighting)

N160 FALL 2015 ASSIGNMENTS GUIDELINES FOR SUBMISSION OF ASSIGNMENTS

- All written assignments must be typewritten and adhere to APA 6th edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and

the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar and quality of critical thinking in the assigned grades.

- Late assignments will be deducted 5% per day, weekend and holiday days included. If a student wishes to request an extension of an assignment due date for special and extenuating circumstances, the student must request the extension 48 hours prior to the due date. A doctor's note is required (to be kept on the student's file) if an assignment is late due to medical issues.
- Assignments are to be handed in to the instructor at the beginning of class (0830) on the assigned due date otherwise they will be considered late.
- **Do not** place any assignments under the instructor's office door or take them to the nursing office.

IN-CLASS LEARNING ACTIVITIES 10%

Due: To be completed throughout entire course.

You will have the opportunity to take part in weekly learning activities that facilitate your learning through application of knowledge. The activities may include role play, brief presentations, discussion groups, quizzes, and other activities designed to facilitate learning in relation to course concepts. You will be evaluated by your ability to actively listen and contribute to class activities and discussions (large or small groups, depending on your own learning style).

You must attend class and engage in the activity to earn marks. If you arrive to class late or leave early (by 30 minutes or greater, or at discretion of instructor), you will not earn a full participation mark.

MIDTERM QUIZ 25% (in class)

Due: Week 7,

END OF TERM QUIZ 35% (in class)

Due: Week 14

The end of term quiz will cover all modules, with greater emphasis on Modules 2 and 3.

WRITTEN CRITICAL REFLECTION ASSIGNMENTS (2) - 30% (15% per reflection)

#1 due week 4

#2 due week 8

Each written critical reflection will be 2-3 pages maximum, typed and double spaced (APA). Critical reflection focus identified by student and related to N160 material, as identified by individual instructors. See "Critical Reflection Marking Rubric" for grading criteria.

6. Grading System

(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)

(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)

Standard Grading System (GPA)

Competency Based Grading System

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.

<http://www.camosun.bc.ca/policies/policies.html>