



**CAMOSUN COLLEGE**  
**Health and Human Services**  
**Nursing**

**Nursing 133**  
**Winter**

**Health & Healing II**  
**Promoting Health and Wellbeing Across the Lifespan**

**COURSE OUTLINE**

---

The calendar description is available on the web @ \_\_\_\_\_

This course focuses on individual, family and community health assessment. Students explore and critique theoretical and conceptual frameworks in relation to health assessment including early childhood development, family development, healthy aging and community development. Assessment within the context of decision making is explored.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

---

**1. Instructor Information**

**2. Intended Learning Outcomes**

*(If any changes are made to this part, then the Approved Course Description must also be changed and sent through the approval process.)*

Upon successful completion of this course the student will be able to:

- a) define and describe health indicators across the lifespan.
- b) identify clients' personal meanings of health through individual, family and community health assessments.
- c) demonstrate understanding of contextual influences on health assessment, including integration of personal experiences of health.
- d) describe critical thinking and decision making in the health assessment process.

**3. Required Materials**

Arnold, E.C., Boggs, K.U. (2011) *Interpersonal relationships: Professional communication skills for nurses. (6th Edition)*. Elsevier Inc.

Kozier, B., Erb, G., Berman, A., Snyder, S.J., Buck, M., Yiu, L., & Stamler, L.L. (2014). *Fundamentals of Canadian nursing: Concepts, process and practice. (3<sup>rd</sup> Canadian Edition)*. Pearson, Toronto.

Pillitteri, A. (2014) *Maternal and Child Health Nursing: Care of the childbearing and child-rearing family. (7<sup>th</sup> Edition)*. Wolters, Kluwer / Lippincott, Williams & Wilkins.

#### 4. Course Content and Schedule

WEEK	MODULE
Weeks 1-6	<p><b>1 - Theories of Growth and Development</b>            Part 1: Introduction to Growth &amp; Development            Part 2: Maslow's Theory</p> <p><b>2 - Teaching and Learning Across the Lifespan</b>            Part 1: Teaching &amp; Learning Theory            Part 2: Nurse as Educator - Application of Theory to Practice</p> <p><b>3 - Families</b>            Part 1: The Family            Part 2: The New, Emerging and Childbearing Family</p>
Week 7 or 8	Midterm Quiz
Week 7/8-14	<p><b>4 - Pregnancy, Labor and the Birthing Process</b></p> <p><b>5 - Child Health</b>            Part 1: The Neonate            Part 2: The Infant            Part 3: The Toddler            Part 4: The Preschool Child            Part 5: The School-Age Child            Part 6: Adolescence</p> <p><b>6 - Adulthood: Young, Middle-Aged and Older Adult</b></p> <p><b>7 - Loss, Grief, and Bereavement</b></p> <p><b>8 - End of Life Care, Death and Dying</b></p>
Final examination to be scheduled during exam week	

#### 5. Basis of Student Assessment (Weighting)

*(Should be directly linked to learning outcomes.)*

There will be quizzes and/or assignments, one midterm exam and a final exam. Please be aware that the midterm exam may be scheduled outside of your regular class time, as this will allow all sections to write simultaneously. The final exam will be in exam week.

The weighting for evaluation will be determined by nurse educators.

All written assignments must be typewritten and adhere to APA 6<sup>th</sup> edition writing and referencing format. Please refer to your Course Manual, Camosun College grading policy, and the Department of Nursing Handbook. Note that the grading policy incorporates APA format, spelling, grammar and quality of critical thinking in the assigned grades. Late assignments will be deducted 5% per day, weekend and holiday days included. Assignment details will be provided in the first two weeks of the course.

## 6. Grading System

*(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)*

*(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)*

Standard Grading System (GPA)

Competency Based Grading System

## 7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

### LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

### STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.  
<http://www.camosun.bc.ca/policies/policies.html>

## A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

### 1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

### 2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

## B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.