



CAMOSUN COLLEGE
Health and Human Services
Nursing

Nursing 132
Fall

Health & Healing I
Nursing and Health: Promoting Health and Wellbeing

COURSE OUTLINE

The calendar description is available on the web @

<http://camosun.ca/learn/calendar/current/web/nurs.html#NURS132>

This course is an introduction to the meaning of health including personal, family, community and societal health. Students examine significant theoretical and conceptual frameworks of health including health promotion, primary health care, prevention and determinants of health.

Note: This course is only open to students in the Nursing program.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

2. Intended Learning Outcomes

Upon successful completion of this course a student will be able to:

- a) describe the theory and history of health, health promotion and primary health care.
- b) explain selected theories and-concepts of health, health across the lifespan, and the influence of context (culture, resources) on health.
- c) describe the social determinants of health.
- d) describe:
 - the client as individual, family, community, population or society.
 - the client within the context of family, community, and society.
 - family health, community health, societal health and population health.
 - health in a global context.

3. Required Materials

Kozier, B., Erb, G., Berman, A., Snyder, S., Buck, M., Yiu, L., and L.L. Stamler (Eds.). (2014). *Fundamentals of Canadian Nursing* (3rd ed.). Toronto, ON: Pearson.

4. Course Content and Schedule

Week	Course Content
Week 1	Module 1: Promoting Health: Influences and Evolving Perspectives Student, faculty and course introductions Part One: What is Health?
Week 2	Part Two: Promoting Health and Well-being: A Nursing Value
Week 3	Part Three: Health Promotion and Disease Prevention Part Four: Primary Health Care
Week 4	Part Five: The Determinants of Health
Week 5	Module 2: The Science of Health Promotion Part One: Basic Introduction to Epidemiology
Week 6	Part Two: Health Indicators
Week 7	Review & "Catch Up"
Week 8	Module 3: Health Equity Part One: How Healthy Are We Globally?
Week 9	Part Two: How Healthy Are Canadians?
Week 10	Part Three: Are All Canadians Equally Healthy?
Week 11	Module 4: Applied Health Promotion Introduction Part One: Health Literacy
Week 12	Part Two: Community Health Nursing
Week 13	Part Three: Promoting Mental Health
Week 14	Part Four: Evaluating and Planning Action on Issues as a Point of Entry for Nurses in Health Promotion
Exam Week	Final Exam - Date TBA

5. Basis of Student Assessment (Weighting)

1. A Written Summary: In-Class
Personal View and Meaning of Health: (Module 1) 10%
In-Class: Week 2 _____
2. A Concept Paper -
Reflecting on Your Learning about Health (Modules 1 & 2): 30%
Due: Week 7 _____
3. Health Equity - Group Presentations
Current Global Health and Canadian Health of Vulnerable Population Issues
(Module 3) : 20%
In-Class Presentations: Weeks 10,11,&12 (13 if needed) _____
4. Final Exam
Comprehensive Exam (Modules 1, 2, 3 & 4) 40%
Exam Week: Date TBA _____

Guidelines Regarding Handing in Assignments Late

- ❖ Assignments **must be** handed in directly to instructor by the beginning of class on the assigned due date otherwise they will be considered late.
- ❖ **Do not** place assignments under instructor's office door or hand into the nursing department office (see above).
- ❖ For each day, including weekend days, an assignment is not handed in, 5% will be deducted from the total grade.
- ❖ If an assignment is going to be handed in to the instructor late, due to special and extenuating circumstances, the student must notify the instructor prior to the due date. A doctor's note is required (to be kept on student's file) if an assignment is late due to medical issues.

- *All out- of- class written assignments must be completed to achieve a passing grade.*
- *A doctor's note is required (to be kept on student's file) if students are absent from an in-class evaluation activity and wish to have a make-up assignment.*
- *All written assignments must be typewritten and adhere to APA 6th edition writing and referencing format. Remember to include an introduction and conclusion, title page, header, headings and page numbers.*
- *For scholarly work it is necessary to use correct grammar, punctuation and spelling.*

6. Grading System

(If any changes are made to this part, then the Approved Course description must also be changed and sent through the approval process.)

(Mark with "X" in box below to show appropriate approved grading system – see last page of this template.)

Standard Grading System (GPA)

Competency Based Grading System

7. Recommended Materials or Services to Assist Students to Succeed Throughout the Course

- *Selected readings, articles, and textbooks*
- *Relevant government policy related to health promotion, prevention and primary health care (e.g. Public Health Act, Ottawa Charter)*
- *Audiovisual materials*
- *Computer resources, on-line sites*
- *Personal experiences*

LEARNING SUPPORT AND SERVICES FOR STUDENTS

There are a variety of services available for students to assist them throughout their learning. This information is available in the College Calendar, Student Services or the College web site at <http://www.camosun.bc.ca>

STUDENT CONDUCT POLICY

There is a Student Conduct Policy. It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College web site in the Policy Section.
<http://www.camosun.bc.ca/policies/policies.html>

A. GRADING SYSTEMS <http://www.camosun.bc.ca/policies/policies.php>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course, practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.