

CLASS SYLLABUS



COURSE TITLE: IMHA 511 – Therapeutic Relationships
CLASS SECTION: BX01
TERM: F2021
COURSE CREDITS: 5
DELIVERY METHOD(S): Blended

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.
Learn more about Camosun's [Territorial Acknowledgement](#).

<https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Jody Watson
EMAIL: WatsonJ@camosun.ca
OFFICE: Please send me an email if you would like to schedule a time to meet.

Instructors endeavor to respond to correspondence within 24 hours; however, you should not expect a response during weekends, evenings, or holidays. Please plan accordingly when communicating with your instructor. As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This course introduces learners to effective counseling skills and strategies to facilitate recovery and change. It includes the study and application of advanced communication skills to establish effective therapeutic alliances. The influence of personal values, beliefs, and effectual use of self are examined.

PREREQUISITE(S): N/A
CO-REQUISITE(S): N/A
PRE/CO-REQUISITE(S): N/A

COURSE DELIVERY

ACTIVITY	HOURS / WEEK	# OF WEEKS	ACTIVITY HOURS
Lecture			8
Seminar			
Lab / Collaborative Learning			
Supervised Field Practice			
Workplace Integrated Learning			
Online			112
		TOTAL HOURS	120

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- a) Critically reflect upon and identify the way in which personal values, beliefs, and social location affect interpersonal relationships and influence self in practice.
- b) Demonstrate competence in the application of key micro-counseling skills.
- c) Use effective counseling skills and strategies to facilitate recovery and change in all phases of a therapeutic alliance.
- d) Demonstrate competence in the application and appropriate use of crisis intervention and solution-focused models.
- e) Apply a collaborative approach to engage in all aspects of practice.

COURSE SCHEDULE

This course is delivered in a blended format with D2L and in-class components, using interactive discussions and practice-oriented assignments to facilitate the learning of course concepts. In keeping with the principles of adult learning, a challenge-based learning approach offers students the opportunity to examine their own practice backgrounds, assess their existing skill set, and identify gaps in knowledge and/or practice expertise.

Face-to-Face Components:

Fri. Sept. 10th 9:00am - 11:50pm CHW 233

Fri. Oct. 8th 9:00am - 12:20pm CHW 347

Fri. Nov. 12th 9:00am - 12:50pm CHW 339

Fri. Dec. 10th 9:00am - 1:50pm CHW 234

Online Course Components: September 10th - December 10th, 2021

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

The Skilled Helper: A Problem–Management & Opportunity –Development Approach to Helping; Egan & Reese, 11th edition

STUDENT EVALUATION

Details of assignments will be provided in D2L

DESCRIPTION	WEIGHTING
Personal Reflections: Drop box (5x3%)	15%
Baseline Video (YouTube) and analysis	10%
Progressive Skill Analysis: Drop box (3)	25%
Final Video and Presentation and analysis	20%
Model of Helping Research Paper	20%
Face to Face in Class participation (4 classes)	10%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information.
<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

All written components must use APA format. Assignments specified for D2L submission must be in Word or Open Office format (OpenOffice users can “save as” Microsoft Word .doc/x before attaching). Assignments specified in hardcopy may be printed double-sided. Resources for writing are posted in D2L Content and are available at the Camosun Writing Centre and Library.

The AskAway online reference service is available through the Library site. Identify yourself as a “mental health & addiction diploma” student to access services daily except holidays. Students are responsible for maintaining a copy of all submitted work until final grades are posted in Camlink (D2L Locker is effective for work in progress and is accessible with any Internet connection). All assignments must be submitted, including completion and participation in all D2L postings, in-class activities, skill development, and presentations in order to complete this course.

COURSE GUIDELINES & EXPECTATIONS

Participation

Online (synchronous and asynchronous) learning activities are planned as a continuum for building the skills and knowledge required to meet the program competencies. Lack of online participation will be discussed with the student. Evaluation of participation includes:

- Pre-class and pre-online preparation, including reading assignment materials
- Arriving at class (synchronous) and/or posting assignments and reflections on time; consistent attendance and/or online participation
- Constructive and appropriate comments in class and online
- Active participation in group work, classroom, and online activities • Active and respectful listening in all learning environments
- Considerate behavior towards others Cellphones and electronic devices are not to be used during class time. We ask that cell-phones are put out-of-sight with alerts and ringers turned off during synchronous class times.

Students will be expected to complete learning activities to demonstrate outcomes for missed seminar content, due within one week. In-lieu activities are directly related to demonstration of knowledge and skill outcomes related to the missed seminar time. Assignments and seminar activities are complimentary and necessary for demonstration of course learning outcomes. In-lieu activities ensure the learner experiences the same content and outcomes as other students. Missed content activities must be submitted for a final grade to be posted on Camlink; a delay may impact a student’s ability to register in the practicum as this course is a pre-requisite for IMHA 515.

Late Policy

Submit all assignments as indicated on due date: Dropbox by 11pm.

In fairness to all students, late assignments will be deducted 5% per 24-hour period after the first five minutes of online due time. Students may arrange with the instructor for an extension of an assignment before the due date and a verifying documentation will be required. Those with a Letter of Accommodation from the Centre for Accessible Learning must have previously identified arrangements, as negotiated with the instructor at least 48 hours before due time. We recognize that there are multiple factors that could impact a students’ ability to complete assignments on time. It is assumed that students work hard to complete assignments, may sacrifice other enjoyable activities, and employ good time management skills to meet deadlines. Even with the best intentions and strategies, unexpected situations can arise. Instructors hold no judgment of students who make the decision to take a day or two more to complete an assignment. The late deduction is often well-worth gaining extra time to complete the assignment with better learning outcomes and a decrease in stress.

If you need extra time without documentation (e.g., Letter of Accommodation): the deduction is only on the mark obtained, not on the value of the assignment. For example, if you achieve a mark of 18/20 and you submitted up to 24 hours late (before due time the next day), the late deduction is .9 (18 x 5%). If two days late, the deduction is 1.8 (18 x 10%).

Please send a brief email to the instructor before the seminar for which the assignment is due, as it may impact an activity that builds on your work. There is no need to explain your reasons for needing extra time, the instructor knows there are many circumstances that effect a student's ability to complete. Given the focus and content of the IMHA 511 course, all assignments must meet a minimum "C" level, with a final grade of "B-" or higher required for successful completion of the course. Students may be required to re-submit their work to demonstrate mastery of the skills and knowledge aligned with the assignment or missed content to a minimum "C" level. We are supporting students to demonstrate competencies and successfully pass a course.

If the original submission does not achieve a mark of 60% or more, the student must re-submit to demonstrate passing knowledge/skill. The late deduction will apply to the original mark until successful demonstration of knowledge/skill at a level of "C" or higher. The intention is that a student must demonstrate passing level knowledge/skill but they are not advantaged over other students who submitted their work on time and exceeded 60%

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills

Support Service	Website
Library	http://camosun.ca/services/library/
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started: <http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.