

CLASS SYLLABUS



COURSE TITLE: IMHA 510 – Foundations of Practice
CLASS SECTION: BX01
TERM: F2021
COURSE CREDITS: 5
DELIVERY METHOD(S): Blended

Camosun College campuses are located on the traditional territories of the Ləkʷəŋən and W̱SÁNEĆ peoples. We acknowledge their welcome and graciousness to the students who seek knowledge here.
Learn more about Camosun's [Territorial Acknowledgement](#).

<https://camosun.ca/about/covid-19-updates>

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable explanation in advance, you will be removed from the course and the space offered to the next waitlisted student.

INSTRUCTOR DETAILS

NAME: Eric Williams, PsyD
EMAIL: WilliamsE@Camosun.ca
OFFICE: CHW 312 or Online/ Virtual
HOURS: By Appointment (via email)

As your course instructor, I endeavour to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with me. Camosun College is committed to identifying and removing institutional and social barriers that prevent access and impede success.

CALENDAR DESCRIPTION

This course provides students with foundational knowledge to support individuals and families experiencing mental health and substance use challenges. Students critically evaluate current frameworks of practice and service delivery with a focus on interprofessional practice. Students are introduced to issues of multiculturalism, diversity, and equity and explore strength-based, collaborative, recovery-oriented approaches in mental health & addictions services.

PREREQUISITE(S): N/A
CO-REQUISITE(S): N/A
PRE/CO-REQUISITE(S): N/A

COURSE DELIVERY

ACTIVITY	HOURS / WEEK	# OF WEEKS	ACTIVITY HOURS
Lecture			22
Seminar			
Lab / Collaborative Learning			
Supervised Field Practice			
Workplace Integrated Learning			
Other: Online Instruction			98
		TOTAL HOURS	164

COURSE LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

- a) evaluate theories and frameworks use to conceptualize and respond to mental illness and substance use.
- b) evaluate and conceptualize a mental health diagnosis from multiple theoretical perspectives.
- c) demonstrate knowledge of indicators, etiology, and impact of common mental health and addiction challenges, and the inter-relationships between mental illness and substance use.
- d) describe and critically assess current approaches to the design and delivery of services and supports.
- e) apply a multicultural perspective to practice through critical self-reflection, knowledge, and skill development.

REQUIRED MATERIALS & RECOMMENDED PREPARATION / INFORMATION

BC Ministry of Health (2005). Guide to the mental health act
<http://www.health.gov.bc.ca/library/publications/year/2005/MentalHealthGuide.pdf>

Davis, S. (2013). Community Mental Health in Canada: Revised and Expanded Edition: Policy, Theory and Practice. Toronto: University of Toronto Press.

Paris, J. (2013). The Intelligent Clinician's Guide to DSM-5. Oxford: Oxford University Press. Pederson, D.D. (2011). Psych notes: Clinical pocket guide (3r.ed.). Philadelphia, PA.: F.A. Davis Co.

Recommended Text:

American Psychological Association (2020). Publication Manual of the American Psychological Association (APA), Seventh Edition. Washington, DC.

COURSE SCHEDULE, TOPICS, AND ASSOCIATED PREPARATION / ACTIVITY / EVALUATION

The following schedule and course components are subject to change with reasonable advance notice, as deemed appropriate by the instructor.

MODULE	DATE	TOPIC	ASSIGNMENTS
1	Sep 7-19*	Perspectives on Mental health	Activity 1, 2, & 3
2	Sep 17-26	Medical Model and DSM-5	Assignment 1 (<i>Sept. 26th</i>)
3	Sep 24 - Oct. 3	Mental Health Disorders	Activity 1
4	Oct 1-10*	Substance Use/ Addiction	Assignment 2 (<i>Oct. 10th</i>)
5	Oct 8-17	Substance Use/ Addiction	Activity 1
6	Oct 15-24	Cultural and Social Perspectives	Activity 1
7	Oct 22-31	Indigenous Perspectives	Activity 1 & 2
8	Oct 29 - Nov 7	Indigenous Perspectives	Assignment 3 (<i>Nov. 7th</i>)
9	Nov 5-14*	Trauma	Assignment 4 sign-up

MODULE	DATE	TOPIC	ASSIGNMENTS
10	Nov 12-21	Recovery Vision	Assignment 4 (Nov. 21 st), Activity 1
11	Nov 19-28	Care Contexts	Activity 1& 2
12	Nov 26 - Dec 5*	Practice Contexts	Final Paper (Dec. 5 th), Activity 1

*weeks which have a synchronous class date (see table below)

Students registered with the Centre for Accessible Learning (CAL) who complete quizzes, tests, and exams with academic accommodations have booking procedures and deadlines with CAL where advanced noticed is required. Deadlines scan be reviewed on the [CAL exams page](http://camosun.ca/services/accessible-learning/exams.html). <http://camosun.ca/services/accessible-learning/exams.html>

SYNCHRONOUS CLASS DATES

DATE	TIME	LOCATION
Thursday Sep 9 th	9-12noon	CHW 233
Friday Sep 10 th	1-3:50pm	CHW 347
Friday Oct 8 th	1-3:50pm	CHW 347
Friday Nov 12 th	1-3:50pm	CHW 347
Friday Dec 10 th	2:30-3:50pm	CHW 234

STUDENT EVALUATION

DESCRIPTION	WEIGHTING
Assignment 1 - DSM 5 Disorder Report (Sept. 26 th)	15%
Assignment 2 - Substance Use Program Review (Oct. 10 th)	15%
Assignment 3 - Case Study Report (Nov. 7 th)	15%
Assignment 4 - Trauma Topic Group Project (Nov. 21 st)	15%
Assignment 5 - Personal Orientation to Mental Health (Dec. 5 th)	20%
Discussion and Activity Posts (Friday of given week, unless otherwise stated)	20%
TOTAL	100%

If you have a concern about a grade you have received for an evaluation, please come and see me as soon as possible. Refer to the [Grade Review and Appeals](http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf) policy for more information. <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf>

Assignments

60%

Students will be given 4 short assignments (1-2 pages) which relate to the material covered in the previous week. These can include, but are not limited to, case studies, group projects, article critiques, research papers, or community research activities. The Assignments are due to the dropbox in D2L by 11pm on Sundays. A second upload to a D2L discussion forum may also be required.

Final Paper (Assignment 5)

20%

The final paper for the course will synthesize course content and provide students with an opportunity to assess their current knowledge and survey areas for further growth. In this 4-5-page paper, students will articulate a personal philosophy of mental health and illness and apply their understanding of mental health and illness to a particular population or context of care. A full description for the Final Paper including a grading rubric, due date and other resources can be found in the Course Information section.

Discussion Posts

20%

Students will be asked to engage in online discussions and activities related to course material. Discussion posts will usually require (1) a critical engagement with a course reading and (2) a response to another student's discussion post. Instructions and guiding questions will be provided in the discussion section of the D2L Classroom Discussion Post Grading 10% of the grade will be based on overall participation including frequency, quality of comments, ability to make connections between course content and the work of peers. 10% of the grade will be a qualitative evaluation of one randomly sampled discussion post or response. The discussion post or response will be evaluated on critical thinking skills, following instructions, quality of research, and presentation.

COURSE GUIDELINES & EXPECTATIONS

LATE POLICY

In exceptional circumstances, students may arrange with the instructor for an extension of an assignment before the due date. A doctor's note is required for no penalties. In fairness to all students, late assignments that are not extenuating circumstances supported by external documentation will be deducted 5% per day.

Assignments, Discussions, and Activity postings must be completed in full and submitted by 11:00 pm on their specified due date.

PARTICIPATION

Class and online activities are planned as a continuum for building the skills and knowledge required to meet the program competencies. Participation includes:

- Pre-class and pre-online preparation, including reading assignment materials
- Arriving at class and/or posting discussion items on time and consistent online participation
- Constructive and appropriate comments in class and on D2L
- Active participation in group work, classroom, and online activities
- Active and respectful listening in all learning environments
- Considerate behaviour towards others

MANDATORY PARTICIPATION

Participation in all activities and in the asynchronous D2L online discussions is mandatory. Attendance at Face-to-face days is mandatory. Completion of all graded assignments is mandatory.

PROGRAM COMPLETION REQUIREMENTS

Students must complete each theory course with a minimum "B" grade, and receive passing evaluations in the practice course to successfully complete the program. If you successfully complete the program you will receive a Post-Degree Diploma in Interprofessional Mental Health and Addictions.

SCHOOL OR DEPARTMENTAL INFORMATION

School of Health and Human Services (HHS)
Department: Community, Family & Child Studies (CFCS)
Program: Interprofessional Mental Health & Addictions (IMHA)

STUDENT RESPONSIBILITY

Enrolment at Camosun assumes that the student will become a responsible member of the College community. As such, each student will display a positive work ethic, assist in the preservation of College property, and assume responsibility for their education by researching academic requirements and policies; demonstrating courtesy and respect toward others; and respecting expectations concerning attendance, assignments, deadlines, and appointments.

SUPPORTS AND SERVICES FOR STUDENTS

Camosun College offers a number of services to help you succeed in and out of the classroom. For a detailed overview of the supports and services visit <http://camosun.ca/students/>.

Support Service	Website
Academic Advising	http://camosun.ca/advising
Accessible Learning	http://camosun.ca/accessible-learning
Counselling	http://camosun.ca/counselling
Career Services	http://camosun.ca/coop
Financial Aid and Awards	http://camosun.ca/financialaid
Help Centres (Math/English/Science)	http://camosun.ca/help-centres
Indigenous Student Support	http://camosun.ca/indigenous
International Student Support	http://camosun.ca/international/
Learning Skills	http://camosun.ca/learningskills
Library	http://camosun.ca/services/library/

Support Service	Website
Office of Student Support	http://camosun.ca/oss
Ombudsperson	http://camosun.ca/ombuds
Registration	http://camosun.ca/registration
Technology Support	http://camosun.ca/its
Writing Centre	http://camosun.ca/writing-centre

If you have a mental health concern, please contact Counselling to arrange an appointment as soon as possible. Counselling sessions are available at both campuses during business hours. If you need urgent support after-hours, please contact the Vancouver Island Crisis Line at 1-888-494-3888 or call 911.

COLLEGE-WIDE POLICIES, PROCEDURES, REQUIREMENTS, AND STANDARDS

Academic Accommodations for Students with Disabilities

The College is committed to providing appropriate and reasonable academic accommodations to students with disabilities (i.e. physical, depression, learning, etc). If you have a disability, the [Centre for Accessible Learning](#) (CAL) can help you document your needs, and where disability-related barriers to access in your courses exist, create an accommodation plan. By making a plan through CAL, you can ensure you have the appropriate academic accommodations you need without disclosing your diagnosis or condition to course instructors. Please visit the CAL website for contacts and to learn how to get started:

<http://camosun.ca/services/accessible-learning/>

Academic Integrity

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.13.pdf> for policy regarding academic expectations and details for addressing and resolving matters of academic misconduct.

Academic Progress

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.1.pdf> for further details on how Camosun College monitors students' academic progress and what steps can be taken if a student is at risk of not meeting the College's academic progress standards.

Course Withdrawals Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.2.pdf> for further details about course withdrawals. For deadline for fees, course drop dates, and tuition refund, please visit <http://camosun.ca/learn/fees/#deadlines>.

Grading Policy

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf> for further details about grading.

Grade Review and Appeals

Please visit <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.14.pdf> for policy relating to requests for review and appeal of grades.

Mandatory Attendance for First Class Meeting of Each Course

Camosun College requires mandatory attendance for the first class meeting of each course. If you do not attend, and do not provide your instructor with a reasonable reason in advance, you will be removed from the course and the space offered to the next waitlisted student. For more information, please see the “Attendance” section under “Registration Policies and Procedures” (<http://camosun.ca/learn/calendar/current/procedures.html>) and the Grading Policy at <http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf>.

Medical / Compassionate Withdrawals

Students who are incapacitated and unable to complete or succeed in their studies by virtue of serious and demonstrated exceptional circumstances may be eligible for a medical/compassionate withdrawal. Please visit <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.8.pdf> to learn more about the process involved in a medical/compassionate withdrawal.

Sexual Violence and Misconduct

Camosun is committed to creating a campus culture of safety, respect, and consent. Camosun’s Office of Student Support is responsible for offering support to students impacted by sexual violence. Regardless of when or where the sexual violence or misconduct occurred, students can access support at Camosun. The Office of Student Support will make sure students have a safe and private place to talk and will help them understand what supports are available and their options for next steps. The Office of Student Support respects a student’s right to choose what is right for them. For more information see Camosun’s Sexualized Violence and Misconduct Policy: <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.9.pdf> and camosun.ca/sexual-violence. To contact the Office of Student Support: oss@camosun.ca or by phone: 250-370-3046 or 250-370-3841

Student Misconduct (Non-Academic)

Camosun College is committed to building the academic competency of all students, seeks to empower students to become agents of their own learning, and promotes academic belonging for everyone. Camosun also expects that all students to conduct themselves in a manner that contributes to a positive, supportive, and safe learning environment. Please review Camosun College’s Student Misconduct Policy at <http://camosun.ca/about/policies/education-academic/e-2-student-services-and-support/e-2.5.pdf> to understand the College’s expectations of academic integrity and student behavioural conduct.

Changes to this Syllabus: Every effort has been made to ensure that information in this syllabus is accurate at the time of publication. The College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.