

IMHA 510 Foundations of Practice
Fall 2020

COURSE OUTLINE

The course description is available on the web:
<http://camosun.ca/learn/calendar/current/web/imha.html#imha510>

Camosun College will continue to follow the guidance of the Provincial Health Officer, the B.C. Government and WorkSafeBC, and as such may revise the delivery of courses. Courses with an approved face-to-face component may need to move to online or remote delivery if necessary.

The COVID-19 pandemic has presented many challenges, and Camosun College is committed to helping you safely complete your education. Following guidelines from the Provincial Health Officer, WorkSafeBC and the BC Government to ensure the health and wellbeing of students and employees, Camosun College is providing you with every possible protection to keep you safe including COVID Training for students and employees, health checks, infection control protocols including sanitization of spaces, PPE and ensuring physical distancing. Please refer to: <http://camosun.ca/covid19/faq/covid-faqs-students.html>

However, if you're at all uncomfortable being on campus, please share your concerns with your Instructor and if needed, alternatives will be discussed.

Ω Please note: This outline will not be kept indefinitely. It is recommended students keep this outline for their records, especially to assist in transfer credit to post-secondary institutions.

1. Instructor Information

- (a) **Instructor** Eric Williams, PsyD
- (b) **Office hours** By Appointment (via email)
- (c) **Location** Online/ Virtual
- (d) **Phone** [Click or tap here to enter text.](#) **Alternative:** [Click or tap here to enter text.](#)
- (e) **E-mail** williamse@camosun.bc.ca
- (f) **Website** [Click or tap here to enter text.](#)

2. Course Description & Intended Learning Outcomes

This course provides students with foundational knowledge to support individuals and families experiencing mental health and substance use challenges. Students critically evaluate current frameworks of practice and service delivery with a focus on Interprofessional practice. Students are introduced to Issues of multiculturalism, diversity, and equity and explore strength-based, collaborative, recovery-oriented approaches in mental health & addiction services.

Upon successful completion of this course, the student will be able to:

- a) evaluate theories and frameworks used to conceptualize and respond to mental illness and substance use.
- b) articulate and conceptualize a mental health diagnosis from multiple theoretical perspectives.
- c) demonstrate knowledge of indicators, etiology, and Impact of common mental health and addiction challenges, and the inter-relationships between mental illness and substance use.
- d) describe and critically assess current approaches to the design and delivery of services and supports.
- e) apply a multicultural perspective to practice through critical self-reflection, knowledge, and skill development.

3. Required Materials

BC Ministry of Health (2005). Guide to the mental health act
<http://www.health.gov.bc.ca/library/publications/year/2005/MentalHealthGuide.pdf>

Davis, S. (2013). Community Mental Health in Canada: Revised and Expanded Edition: Policy, Theory and Practice. Toronto: University of Toronto Press.

Paris, J. (2013). The Intelligent Clinician's Guide to DSM-5. Oxford: Oxford University Press.
 Pederson, D.D. (2011). Psych notes: Clinical pocket guide (3r.ed.). Philadelphia, PA.: F.A. Davis Co.

RECOMMENDED TEXT:

American Psychological Association (2009). Publication Manual of the American Psychological Association (APA), Sixth Edition. Washington, DC.

4. Course Content and Schedule

Weeks	Module	Assignments
Module One: Sept. 8-20	Perspectives on Mental health	Activity 1,2, & 3
Module Two: Sept. 21-27	Medical Model and DSM-5	Assignment 1
Module Three: Sept. 28-Oct. 4	Mental Health Disorders	Activity 1
Module Four: Oct. 5-11	Substance Use/ Addiction	Assignment 2
Module Five: Oct. 12-18	Substance Use/ Addiction	Activity 1
Module Six: Oct. 19-25	Cultural and Social Perspectives	Activity 1
Module Seven: Oct. 26-Nov. 1	Indigenous Perspectives	Activity 1 & 2
Module Eight: Nov. 2-8	Indigenous Perspectives	Assignment 3
Module Nine: Nov. 9-15	Trauma	Assign. 4 sign-up
Module Ten: Nov.16-22	Recovery Vision	Assign 4, Act.1
Module Eleven: Nov.23-29	Care Contexts	Activity 1 & 2
Module Twelve: Nov. 30-Dec 6	Practice Contexts	Activity 1, Final Paper

Synchronous Class Dates (class activities/ meetings on Zoom)

Date	Time
Wed., Sept. 9 th *	10-3:00pm
Thurs., Sept 10 th *	10-3:00pm
Fri., Sept. 11 th *	1-4.00pm
Fri., Oct. 9 th	1-3:00pm
Fri., Nov. 13 th	1-3:00pm
Fri., Dec. 11 th	2:30-4:00pm

*Orientation

Assignment Due Dates

Project	Date
Assignment 1 (DSM 5 Disorder Report)	Sept. 27 th
Assignment 2 (Substance Use Program Review)	Oct. 11 th
Assignment 3 (Case Study Report)	Nov. 8 th
Assignment 4 (Trauma Topic Group Project)	Nov. 22 nd
Assignment 5 – Final Paper (Personal Orientation to Mental Health)	Dec. 6 th

5. Basis of Student Assessment (Weighting)

Assignments	Due Date	Grade Weight	Total
Assignments	Sunday at 11pm of the given week, unless otherwise stated	4 Assignments worth 15% each	60%
Discussion and Activity Posts	Friday of the given week, unless otherwise stated	10% quantity 10% quality (random sample)	20%
Final Paper	Dec 4	20%	20%

Assignments 60%

Students will be given 4 short assignments (1-2 pages) which relate to the material covered in the previous week. These can include, but are not limited to, case studies, group projects, article critiques, research papers, or community research activities. The Assignments are due to the dropbox in D2L by 11pm on Sundays. A second upload to a D2L discussion forum may also be required.

Discussion Posts 20%

Students will be asked to engage in online discussions and activities related to course material. Discussion posts will usually require (1) a critical engagement with a course reading and (2) a response to another student's discussion post. Instructions and guiding questions will be provided in the discussion section of the D2L Classroom Discussion Post Grading 10% of the grade will be based on overall participation including frequency, quality of comments, ability to make connections between course content and the work of peers. 10% of the grade will be a qualitative evaluation of one randomly sampled discussion post or response. The discussion post or response will be evaluated on critical thinking skills, following instructions, quality of research, and presentation.

Final Paper 20%

The final paper for the course will synthesize course content and provide students with an opportunity to assess their current knowledge and survey areas for further growth. In this 4-5-page paper, students will articulate a personal philosophy of mental health and illness and apply their understanding of mental health and illness to a particular population or context of care. A full description for the Final Paper including a grading rubric, due date and other resources can be found in the Course Information section.

LATE POLICY

In exceptional circumstances, students may arrange with the instructor for an extension of an assignment before the due date. A doctor's note is required for no penalties. In fairness to all students, late assignments that are not extenuating circumstances supported by external documentation will be deducted 5% per day.

Assignment must be in by 11:59 pm on the due date. Discussion and Activity postings are to be submitted in the designated area by 11:59 pm on the due date.

PARTICIPATION

Class and online activities are planned as a continuum for building the skills and knowledge required to meet the program competencies. Participation includes:

- Pre-class and pre-online preparation, including reading assignment materials
- Arriving at class and/or posting discussion items on time and consistent online participation
- Constructive and appropriate comments in class and on D2L
- Active participation in group work, classroom, and online activities
- Active and respectful listening in all learning environments
- Considerate behaviour towards others

MANDATORY PARTICIPATION

Participation in all activities and in the asynchronous D2L online discussions is mandatory. Attendance at Face-to-face days is mandatory. Completion of all graded assignments is mandatory.

PROGRAM COMPLETION REQUIREMENTS

Students must complete each theory course with a minimum "B" grade, and receive passing evaluations in the practice course to successfully complete the program. If you successfully complete the program you will receive a Post-Degree Diploma in Interprofessional Mental Health and Addictions.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

[Click or tap here to enter text.](#)

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services/>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F	Minimum level has not been achieved.	0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete:</i> A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress:</i> A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.
CW	<i>Compulsory Withdrawal:</i> A temporary grade assigned by a Dean when an instructor, after documenting the prescriptive strategies applied and consulting with peers, deems that a student is unsafe to self or others and must be removed from the lab, practicum, worksite, or field placement.