



INTERPROFESSIONAL MENTAL HEALTH & ADDICTIONS (IMHA) POST-DEGREE DIPLOMA

IMHA 512 ASSESSMENT AND PLANNING

Instructor: Dr. Michelle Bass
Phone: 370-3204
Email: D2L webmail
Office Hours: By appointment

Required Materials

Capuzzi, D. & Stauffer, M. (2012) *Foundations of Addictions Counselling*. Pearson, Toronto.

Frankel, A. J. & Gelman, S. R. (2012). *Case management: An introduction to concepts and skills* (3rd ed.). Chicago: Lyceum Books, Inc.

Kress, V. & Paylo, M. (2013). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment*. Pearson Education, CA, Inc.

Recommended

Pederson, D.D. (2011). *Psych notes: Clinical pocket guide* (3rd ed.). Philadelphia, PA: F.A. Davis Co.

Course Description

This course presents an overview of the knowledge and skills needed to assess acute and persistent mental health and substance use challenges. Applying a bio-psychosocial lens and strength-based collaborative approach to assessment, students learn to conduct a social history, develop a written bio-psychosocial assessment, and create a plan that matches services to the goals and needs of the individual.

Upon successful completion of this course, the student will be able to:

1. Conduct a psychosocial history and produce comprehensive bio psychosocial assessments and personalized plans.
2. Apply a range of assessment tools to screen for mental illness and substance use and to evaluate

the psychosocial functioning of the individual and his/her family.

3. Assess and manage risk according to individual need and organizational protocols and expectations.
4. Apply an evidence-based conceptual framework to facilitate planning.
5. Apply a multicultural framework to assessment and planning.

Student Evaluation

1. Critical Reflections: 15% (critical reflection activities in week 4, 5, and 8) - You will be tested on your ability to critically reflect on your experience and situate this within the literature.
2. Concurrent disorders assessment and treatment plan- 20%. You will be tested on your ability to manage risk and apply concurrent disorders framework to assessment and treatment planning. Due Sunday midnight January 22nd.
3. Online Quiz- 25%. You will be tested on your ability to apply your clinical knowledge and clinical thinking (open book exam). Three hour online quiz taken between Feb 10 midnight to Feb 12th midnight
4. Case Management Skills-15%. The activity will test your ability to apply a multicultural and recovery framework to case management. Due Sunday midnight March 12th.
5. Group Project- 25%- You will be evaluated on your ability to write up a bio-psychosocial history, apply appropriate assessment tools, provide a case conceptualization and develop a treatment plan based on recovery principles. Due on March 18th

Full details of the assignments will be available online.

Program Requirements

Students must obtain at least a B- in this course to proceed to practicum.

Mandatory Participation

This course is delivered via a dynamic D2L format. Participation in all activities and the asynchronous online discussions is mandatory. Completion of all graded assignments is mandatory.

Late Policy

In exceptional circumstances, students may arrange with the instructor for an extension of an assignment before the due date. A professional's note may be required.

Student Assessment

Students are responsible for maintaining a hard copy or electronic copy of all submitted work. All assessment items must be successfully completed to pass this course.

Grading Criteria

A + (90 -100%); A (85- 89%); A- (80- 84); B +(77- 79%); B (73-76%); B- (70-72)

C+ (65 - 69%); C (60-64)

Learning & Support Services for Students

There are a variety of services available for students to assist them throughout their learning. This information is available in the college calendar, student services or the college web site at <http://www.camosun.bc.ca>

Student Conduct Policy

It is the student's responsibility to become familiar with the content of this policy. The policy is available in each school administration office, registration, and on the college website in the policy section. <http://www.camosun.bc.ca/policies/policies.html>

@