

- b) describe the concept of creativity and its impact on health, learning and professional life.
- c) recognize barriers to creativity and develop a plan of change
- d) apply knowledge of a variety of modalities that support the capacity for personal and professional creativity.
- e) integrate knowledge of the concepts of creativity and contemporary modalities into a personal action plan that fosters a culture of creativity.

3. Required Materials

Health 113 Readings:

- All readings will be posted on D2L for each week. These readings are accessible to read by the online reader on D2L.
- Please check D2L prior to each class as some links and readings may be in addition to the ones listed in the course syllabus.

Supplies needed for each class:

- Creativity Journal/Notebook –at least two different types of pens- black ink, pencils
- Optional: small watercolours case, charcoal, art pens, pencil crayons, markers....

4. Course Content and Schedule

Week	TOPIC	PREPARATION- Readings, media, etc
1	Introductions and building community Who are you and how do you define creativity? What do health and wellness mean in the context of creativity?	Co-creating the learning environment Activities Choose research topic CP-2marks
2	The Art of Wellness- Health, Wellness and Creativity Context and Connection Cultural Awareness	1. The Creative Arts Therapies Making Health Care Whole article (Goodwill S.W., 2010) 2. Connecting More with the Arts (Kovalesky, A, 2017) 3. Promoting Well being through Creativity (Cameron et al. n.d.) FD/A 2marks Awareness project decide
3	Challenges in Creativity Creativity in Education/Learning Outdoor Therapeutics-Inspired by nature	1. Innovate to inspire your Creativity (Chapman 2., 2013) 2. Dementia and Landscapes- Cultural Attitudes towards Nature (Domeceli, 2016) 3. Nature based solutions for improving Mental Health and wellbeing (Vujcic et all, 2017) A/FD 2marks
4	Role of Empathy in practice What are Expressive Arts?	Section 1 (McLean, S. 2014) 1. Intro to Expressive arts (Malchiodi, C. 2005) FD/A- 2 marks Groups for final project
5	Visual Expression- Visual Arts and Health	Guest Speaker

		<ul style="list-style-type: none"> Art interpretation as a clinical intervention toward healing Connection Between art and Healing (Rancour, P. 2011) <p>Research Paper Due Sept 2 or Oct 4 CP/A 3marks</p>
6	Visual Expression – Crafting Health	<p>Guests from Weavers and Spinners Guild</p> <ol style="list-style-type: none"> Fibre Crafts Make a Comeback (Niemer, E. 2014) Quilts and Health (McDowell M. et al2017) <p>FD/A 2marks</p>
7	Creative blocks and Strategies to 'unblock' Creating 'flow' in professional and person context of creative support/learning	<ol style="list-style-type: none"> The Flow of Creativity (Csikszentmihalyi, M. 1997) I begin each day (Tharp, T. 2003) <p>FD/A 2marks</p>
8	Musical Expression	<p>Guest Speaker</p> <ol style="list-style-type: none"> See Website links on D2L Music as Medicine (Bayliss, R. 2016) <p>CP/A 3marks</p>
9	Indoor Healing Spaces	<p>See links on D2L</p> <p>A 2-marks</p> <p>Creativity Awareness Project Due and Present due Oct 30</p>
10	Written Expression and Health	<ol style="list-style-type: none"> Poetry's Special Healing and Inspirational Role (Chabi G.G. 2011) The Role and Personal Magic of Stories <p>FD/A 2marks</p>
11	Drama Performance and Play	<ol style="list-style-type: none"> Drama Dance and Play (Grundy,L 2016) Clowning in Health Care (Dionigli, A, Canestrari C. 2016) <p>CP/A 3marks</p>
12	Dance/Movement- Health in Motion	<p>Guest</p> <ol style="list-style-type: none"> Kinesthetic ability and the Development of empathy in Dance Movement Therapy (Federman D.J. 2011) <p>Proposals Due Nov. 20 or Nov 22 CP/A 3marks</p>
13	Open Topic May include: Trauma informed practice Other creative tools Cultural awareness Other ideas?	<p>TBD</p> <p>A -2marks</p>
14	Proposal Presentation Group Final Closing- Group Creation	Proposal Presentations- Dec 4

5. Basis of Student Assessment (Weighting)

Contemplative practice/Facilitated Discussions/Activities	30%
Research Paper – individual	20%
Creativity Awareness Project- individual or group	15%
Proposal and Presentation -group	35%
TOTAL	100%

Written Assignments

Assignments are due before 2400 hours (midnight) on the assigned day unless otherwise specified. Assignments about patients, residents or clients must be completed using the individual's initials only. Unless otherwise directed by individual course outlines, assignments must be: word processed, double spaced, font meeting APA 7th edition guidelines, with a title page and a reference list. Students requiring an extension for the due date of an assignment must negotiate with the instructor, at least 48 hours before the due date. Assignments submitted late without an approved extension will result in a 5% deduction in mark for each day late.

6. Grading System

- Standard Grading System (GPA)
- Competency Based Grading System

7. Recommended Materials to Assist Students to Succeed Throughout the Course

Review the School of Health and Human Services [Student Handbook](#).

8. College Supports, Services and Policies

Immediate, Urgent, or Emergency Support



If you or someone you know requires immediate, urgent, or emergency support (e.g., illness, injury, thoughts of suicide, sexual assault, etc.), **SEEK HELP**. Resource contacts:

<http://camosun.ca/about/mental-health/emergency.html> or
<http://camosun.ca/services/sexual-violence/get-support.html#urgent>

College Services

Camosun offers a variety of health and academic support services, including counselling, dental, centre for accessibility, help centre, learning skills, sexual violence support & education, library, and writing centre. For more information on each of these services, visit Student Services at <http://camosun.ca/services/>

College Policies

Policies are available on the College website at <http://camosun.ca/about/policies/>

Camosun strives to provide clear, transparent, and easily accessible policies that exemplify the college's commitment to life-changing learning. It is the student's responsibility to become familiar with the content of College policies.

Education and academic policies include, but are not limited to, [Academic Progress](#), [Admission](#), [Course Withdrawals](#), [Student Appeals](#), Medical/Compassionate Withdrawal, Sexual Violence and Misconduct, Student Ancillary Fees, and Student Penalties and Fines.

Student Conduct Policy

There is a [Student Conduct Policy](#). It is the student's responsibility to become familiar with the content of this policy. The policy is available in each School Administration Office, Registration, and on the College website.

A. GRADING SYSTEMS

<http://camosun.ca/about/policies/education-academic/e-1-programming-and-instruction/e-1.5.pdf#page=2>

The following two grading systems are used at Camosun College:

1. Standard Grading System (GPA)

Percentage	Grade	Description	Grade Point Equivalency
90-100	A+		9
85-89	A		8
80-84	A-		7
77-79	B+		6
73-76	B		5
70-72	B-		4
65-69	C+		3
60-64	C		2
50-59	D		1
0-49	F		0

2. Competency Based Grading System (Non GPA)

This grading system is based on satisfactory acquisition of defined skills or successful completion of the course learning outcomes.

Grade	Description
COM	The student has met the goals, criteria, or competencies established for this course practicum or field placement.
DST	The student has met and exceeded, above and beyond expectation, the goals, criteria, or competencies established for this course, practicum or field placement.
NC	The student has not met the goals, criteria or competencies established for this course, practicum or field placement.

B. Temporary Grades

Temporary grades are assigned for specific circumstances and will convert to a final grade according to the grading scheme being used in the course. See Grading Policy at <http://www.camosun.bc.ca/policies/E-1.5.pdf#page=4> for information on conversion to final grades, and for additional information on student record and transcript notations.

Temporary Grade	Description
I	<i>Incomplete</i> : A temporary grade assigned when the requirements of a course have not yet been completed due to hardship or extenuating circumstances, such as illness or death in the family.
IP	<i>In progress</i> : A temporary grade assigned for courses that are designed to have an anticipated enrollment that extends beyond one term. No more than two IP grades will be assigned for the same course.